CHECK IT OUT

The men in our lives



Two days from now, on 19 November, the world is going to observe International Men's Day 2026. Here at Star Lifestyle, we have started the programme early, with this special issue, where we discuss all things men!

Some may say that the men in our lives are often not celebrated and thanked enough as friends, fathers, brothers, husbands, and colleagues. While others may claim just the opposite, that men get all the attention and privilege.

The real answer may perhaps lie somewhere in between. Whatever your answer may be, 19 November is a day that gives us a chance to talk about issues surrounding men. From mental health to physical well-being, and from fashion to bonding, we explore a wide variety of subjects by discussing them from the male perspective.

Whether you are a man or not, we hope that our stories this Tuesday will be a conversation starter, across all genders, regarding various lifestyle aspects and societal issues that we should indeed speak more about!

— **LS Desk**



