#FASHION & BEAUTY

The sun, the moon and the stories we wear







To the undiscerning eye, life can seem to be mundane, repetitive, and even clichéd. But, look more closely, you can see a sort of magic and uncanny working behind the scenes. It is those fleeting sense of wonder that artists try to capture and distill it in their crafts so that it can be cherished.

In this pursuit, nature is never at the bottom; rather it stands proudly on the forefront.

ART IMITATES LIFE

Have you ever wondered what the relationship between the sun, the moon, and the stars is?

Well, if one pays close attention to biology and the environment, they might find out that sunlight makes the rejuvenation of cells possible along with the trivia about how it regulates sleep, body temperature, hormones, and mood. Even sunflowers are known to follow the sun across the heavens during the daytime. A process called *heliotropism* among botanists.

The moon's pull is much more subtle, yet immensely powerful; the wider world feels her resonance. Corals spawn in synchronicity with the lunar cycles, and newly hatched sea turtles and other marine life reorient themselves towards moonlit horizons. While research indicates that lunar cycles exert an influence on human sleep architecture, the link between the lunar month and human biological rhythms is far more intertwined than most assume.

The stars above are also utilised by living beings. Migratory birds, including the most common pigeon, learn the layout of the night sky as fledglings and navigate by it, and beetles are known to orient themselves by the Milky Way. Humans, as perpetual pattern-seekers, has long done the same through mythic imagination, attributing our stellar canvas to archetypes such as hunters, bears, swans and scales; the constellations.

DEEP SYMBOLS OF THE FIRMAMENT

It is widely known that the science of astronomy evolved from astrology, and for the wider part of centuries these two branches of knowledge were indivisible. Where astrology



diverges starkly is in its claims to have influence over life down below; a notion that invites deeper contemplation.

If seen through the lens of esotericism and occult philosophy; the sun, the moon and the stars are neither mere collections of gas, fusion, fission or ice nor cosmic ornaments. But a secret sign language of the Universe. The sun is *Sol*, considered the principle of spirit, will and the consciousness itself. It also represents identity: only in light one can truly know himself.

The moon is *Luna*, its counterpart: receptive, cyclical and reflective. It shines on borrowed light; a fact ancient civilisation understood millennia before modern science formally charted it; fittingly is a symbol of the soul and intuition. The stars, meanwhile, are considered to align with fate and cosmic order. For the Pythagoreans and Neoplatonists, they were the visible trace of a divine geometry, a sort of silent shining lyrics sheet in the dark sky. Its alignments create those fantastical constellations to which we assign archetypes to.

WHERE THE SYMBOL MEETS THE CLOTH

For those very reasons, I think, is why these motifs endure in art and design. They are the oldest visual markers we have known to humanity, and when woven into the fabrics; it instinctively instills some sort of power and resonance. Garments threaded with these cosmic symbols carry the whole cosmology close to the skin: spirit, soul and destiny, each echoing a harmony that feels timeless.

Such a piece does not shout its meaning. It sits quietly on the shoulders, turning with the wearer as earth turns with the tides, and suggests a bespoke wonder.

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