

## Why the youth must rethink how they use AI

FROM PAGE 24

Raonak Binte Khalil Arpa, a student of literature in the Department of English and Modern Languages, North South University, expresses her thoughts on AI in her field: “I don’t really think AI has much of a place in research work, or even teaching and learning in literature, because this is a subject that requires human touch. Hence, I can’t fully trust AI to help me in my work, and although I have used it for certain purposes, I have never seen it generate deep analyses.”

Arpa explains in what facets she finds AI useful and maybe beneficial, but also warns against the repercussions: “Sometimes, AI can help me come up with ideas, but it can’t give me full lists of things to do. That’s how I command it to get benefits. Suppose I won’t ask AI to write a whole poem for me, but if I get stuck on a stanza, I might ask for opinions on how to connect and rhyme one line with another. It will give me words or ideas, but not the poem. It’s basically like how I would ask a friend about this. However, I believe that if I don’t use AI to polish everything I write, it will be more beneficial for me in the long run.”

Souvik Ahmed, currently working as an AI intern at Datasoft Ltd., explains his outlook on how AI has affected the job market and how it’s best implemented for the general population: “When I think about computer-leaning



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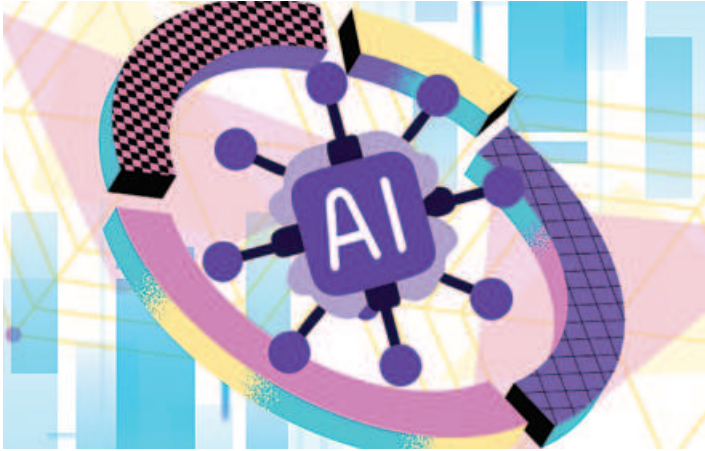


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professions, I think the panic that AI will replace humans is unjustified. It may replace repetitive debugging or rule-based work, but not actual programmers. I don’t like delegating everything to AI, as it can’t replace human thinking, although it can cause skills to atrophy, since many computer science graduates are using AI code these days. It’s trained on human data and lacks a true understanding of things, can confidently be very wrong, and can be misused for propaganda, deepfakes, and art generation. However, AI can be used to augment and hasten processes; think about an assistant

helping a programmer debug their code. That being said, ethical use of AI requires more transparency on what is AI-generated content and what is not, and the data required for AI should be obtained through permission.”

When asked about his perspective on AI, Ahmed elaborates, “I have mixed feelings about whether it should be accessible to the masses or not. It’s a grey area, as on one hand, I don’t like the idea of tech being gatekept by authorities and corporations. On the other hand, letting everyone use it without regulations will obviously result in misuse. There definitely needs to be regulations and safeguards on

what sort of AI is being open-sourced and how they should be used and customised based on the license they’re under.”

In the end, the common consensus surrounding the use of AI seems to be that instead of getting rid of it entirely, it’s up to individuals and corporations to not misuse the tool. In cases like AI art and literature, generative AI is often trained on copyrighted data and simply generates based on merging samples, which may be defined as stealing. Companies often feel inclined to cut costs by utilising AI and not hiring employees, and in our personal lives, we may feel inclined to let AI take care of

boring work.

However, considering the repercussions, we need to take it upon ourselves to ensure that we don’t develop a reliance. There’s no shortcut to the learning process, and there’s no alternative to practice if you want to keep on constantly honing your skills. AI can help enhance your learning and working experience, and you know best of all exactly in what areas it can be of the most help. That being said, if you feel like reaching for an AI chatbot at the slightest inconvenience, it might be time for you to step back and re-evaluate the role you’re letting artificial intelligence play in your life.

## বাংলাদেশে মেটলাইফ-এর পথচলা শুরু হয় ১৯৫২ সালে

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