

# CHHANAMUKHI

## The sweet taste of Brahmanbaria



When you think of Brahmanbaria, one name that immediately comes to mind is its iconic sweet, chhanamukhi. This small, cube-shaped sweetmeat, with light sugar coatings and soft chhana inside, have been winning hearts for nearly 200 years. Its long history and unique taste make it a treasure of the district.

### A taste; a legacy

The oldest shop in the area, Mahadev Mishtanno Bhandar, located at Mahadev Potti, has been making chhanamukhi for almost 180 years. The story begins with Mahadev Panre, the founder of this famous sweet. He moved from Kashi to Kolkata with his brother, Durga Prasad. There, he began working in his brother's sweet shop and quickly became popular.

After his brother's death, Mahadev moved to Brahmanbaria in search of work, where he found shelter at Shibram Modak's sweet shop. When Mahadev arrived, the fame of the shop grew.

Before his passing, Shibram passed the shop to Mahadev. As a Brahman who never married, Mahadev later gave the shop to a nearby temple before his death. Today, four generations later, the shop is managed by Narayan Modak, continuing the legacy.

### The secret is in the consistency

The shop's recipe for chhanamukhi has stayed the same throughout the years. It is made with the same care and attention as it was in the beginning. This consistency has helped Mahadev Mishtanno Bhandar retain its reputation as one of the best sweet shops in Brahmanbaria. The shop is surrounded by other confectioneries, many of which are run by the owner's relatives or close acquaintances.

While chhanamukhi is the star of the show, Mahadev Mishtanno Bhandar is also

known for other specialities including taaler bora, roshmalai, jafran bhog, rajbhog, and ledikeni — a sweet with its own rich history, though it is no longer available.

Sujit Madan, an employee working at the shop for 25 years, shares, "Chhanamukhi is the best seller here. Our taaler bora and

dip them in sugar syrup," Sarkar explains.

One kilogram of chhanamukhi costs Tk 700, which reflects the purity and effort involved. Sarkar adds, "It takes 20 kilograms of milk to produce just 3 kilograms of chhana, which is why the price is high, but what you get is pure as a result."

### A taste that defines a town

Mahadev Mishtanno Bhandar is a busy



roshmalai are also fan favourites."

### Made with milk and mastery

Gopal Sarkar, the skilled moira (the community known for making sweets) who has also been with the shop for 25 years, explains the process of making Chhanamukhi. He explained that the journey starts with fresh milk collected from village farmers.

"To make chhana, we boil pure milk, and about half an hour later, the curdled milk is separated, placed in a cloth, and tightly tied up to remove excess water. Once the chhana hardens, we cut it into pieces and

shop, operating from 7 AM to midnight. Despite many shops in the area, this shop continues to stand out as the birthplace of chhanamukhi. Simple yet rich in flavour, it continues to be a timeless favourite, enjoyed by generations. A visit to this iconic shop is a must for anyone wanting to explore the region.

An interesting fact about chhanamukhi is that it has received Geographical Indication (GI) status in 2024, which means it is officially recognised as a special item from the region of Brahmanbaria.

**By Jawwad Sami**  
**Photo: Jawwad Sami**

## DHAKA'S BIRDS ARE DISAPPEARING — should we be worried?

CONTINUED FROM PAGE 02

That is a chilling prediction, however, the story is not just about birds. It is also about us. This becomes a tale about what we stand to lose along the way, and how distant we have become from our own environment.

Hardly anybody knows that more than 200 bird species call Dhaka home. So, the question begs, should we not be a little more aware of our environment? After all, every animal plays an equally important role in balancing nature. Wildlife is not only about beauty, but also about mutual survival. Yet, we seem to forget that.

Firoz questioned, "The several species of birds in and around Dhaka are one of our most underrated natural resources. But,



how can we possibly protect that which we don't even know exists?"

The documentary is aimed at opening the hearts and minds of the general people, especially the children of tomorrow. This is because the future relies on what they choose to do with the knowledge of the documentary — will they protect the birds or forget them?

"In human films, there are roles, timetables, structure," Asker Ibne Firoz explains. "But here, nature writes the story. You might wait three to four days just for a single moment. You might sit in rain, heat, and complete silence, just for a glimpse that might change your perception of things."

A memorable scene was when the crew, drenched and huddled in raincoats, filmed

a mother bird feeding its chick, which was struggling due to the rain.

"The baby bird needed warmth from food to survive. We watched as the mother tried again and again, in the downpour. That's the kind of love and instinct you can't script," Firoz recalls.

Ultimately, there is no pinning down or moralising in this documentary. Rather, there is an invitation instilled with passion. An invitation to see, to feel, and, finally, to do. In an evolving world, this film offers an opportunity to step back for a rare moment.

The documentary is due to be released in February 2026.

**By Samayla Mahjabin Koishy**  
**Photo: Courtesy**