



#FOOD &amp; RECIPES

# RUPSA FOOD AT DHAKA STADIUM

## Dine like a king for Tk 100 or less

When we think of the National Stadium Market at Gulistan, we usually imagine a row of shops selling sports equipment and electronics. It's a busy place where you can find great deals on gadgets and gear as well. Little do we know that the market not only satisfies your shopping needs but also your hunger.

As you walk through the market at noon, you will be introduced to the sounds of food sellers shouting their deals and the rhythmic tapping of large pot lids, drawing your attention to the corners of the market that many people miss. The market is filled with a variety of food stalls offering delicious and affordable meals that anyone of any age or profession can enjoy.

One food stall stands out in particular — Rupsa Food, located at 17/A, Swimming Pool Market, National Stadium Market. It's small and might look like any other stall, but it's a hidden gem for anyone looking for good food on a budget.

The menu is simple but delicious, with dishes like egg khichuri priced at Tk 60, chicken khichuri priced at Tk 100, chicken kachchi at Tk 100, and the fan favourite rice-alu bhorta-daal combo at a more affordable rate.

What makes this stall special is its price.



In recent times, when eating out can be expensive, this place offers meals that are both delicious and affordable. For the price of unhealthy, oil-soaked items, you can enjoy a filling, comforting dish instead. And the portions are fair, making sure you get great value for your money.

S M Shafi, aged 74, and a resident from Mohammadpur, shared his experience, "This is my second time having their egg khichuri, it's just as tasty and satisfying as I remember. Priced at just Tk 60, this meal is worth it. I'm totally satisfied and wish them the best of luck!"

Before leaving, he recommended, "Anyone visiting Stadium Market should try their egg khichuri. You won't regret it!"

But it's not only the lunch items that are

popular here. "We offer a luchi-daal combo at Tk 35, haleem at Tk 60, and soup at Tk 30 or Tk 50, depending on whether the chicken is added, as part of our afternoon deals. The soups are very popular," shares Mubin, an employee of the shop.

Beyond the food, it's the experience that makes this place special. The space may be small, but you can either start a conversation while eating or enjoy your meal in peace. There's no judgment — no matter who you are or what you do, you're



always welcome to enjoy a good meal.

Opened in 2003, the shop's caretaker, Monju, shares more about its story: "Everything you see here is homemade. We prepare the food at home in Khilgaon and bring it here fresh to serve on your plate. Whether you're a hungry service holder or a construction worker, every bite will remind you of home."

In a city where affordable yet good food is hard to find, this small stall proves that you don't need to spend a lot to enjoy a great meal. So, if you're ever in the National Stadium Market, take a seat, enjoy the food and let this hidden gem make your day better.

**By Jawwad Sami Neogi**  
**Photo: Jawwad Sami Neogi**