

NOTICE BOARD

Sir John Wilson School hosts "ROAD TO WELLNESS 2024"

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"Road to Wellness 2024" organised by Sir John Wilson School (SJWS) took place on November 30, 2024, at the school's main campus in United City. The event sought to emphasise the significance of physical and mental health and raise awareness about these issues amongst its students, teachers, parents, and alumni through a holistic approach.

Sanumkia, a teacher of History and Geography in the middle section of SJWS, said, "October 10 is World Mental Health Day, and the event is an extension of that. We have had many events before this and Road to Wellness is sort of a conclusion to everything we have done before this."

The event included several activities and attractions such as food stalls, indoor games, a magic card-making station, and a photo exhibition of the students, parents, and staff amongst other things. SJWS also set up four panel discussions, each addressing a different aspect of mental and physical well-being. The panel discussions revolved around bullying at school, healthy and stress-free lifestyles, managing diverse expectations of society, digital wellness, and professional and personal life balance. Parents, students, teachers, and experts from their respective fields were in



PHOTO: ORCHID CHAKMA

attendance as panellists.

Alongside panel discussions, the event included sessions on comedy, yoga and meditation, Zumba, dance, storytelling, and art therapy. By actively engaging with such mediums, the sessions were designed to educate its attendees on how these creative outlets can be used as tools to improve one's well-being.

Sabrina Shaheed, Principal of SJWS, said, "We wanted to make sure that both parents and children feel supported. The photography exhibition that we have

put together – where students, parents, and employees submitted photos of what makes them happy – really does indicate that it's the simple things that make all of us happy. These are the things we should be focusing on rather than constantly asking kids to focus on good grades and individual achievements. While we are proud of our students who attain recognition, it isn't only about the awards. It is about how you feel in your mind and body which is what the Road to Wellness has been designed to emphasise."



NSU's Law department holds "Undergraduate Law Symposium Summer 2024"

On November 28, the Department of Law, North South University (NSU) organised the NSU "Undergraduate Law Symposium Summer 2024". The Department of Law at NSU has been hosting this symposium since 2021. It celebrates the academic contributions of young legal minds from various universities. This edition of the symposium saw the highest number of submissions. Almost 70 students from about 30 universities submitted their papers, of which, 13 were shortlisted for presentation.

Dr Liton Chandra Biswas, Assistant Professor, Department of Law, Independent University, Bangladesh, Nadia Rahaman, Senior Lecturer, Department of Law, East West University, and Md Johir Uddin Shohag, Director, Bangladesh Institute of Research and Education, attended the symposium as judges. Mobasshira Tabassum Rahi, an NSU student, became the symposium's champion. At the same time, Durdana Chowdhury of Dhaka University and Upama Sharma of Chittagong University won the prizes for 1st runner-up and 2nd runner-up respectively.

NSU Vice Chancellor, Professor Abdul Hannan, graced the prizegiving ceremony as the Chief Guest, along with Professor Rizwanul Islam, Dean, School of Humanities and Social Sciences, NSU, and Dr Ishtiaque Ahmed, Chair, Department of Law, NSU.

Professor Hannan noted the need for good lawyers in Bangladesh to bring about dynamic growth in the legal arena of the country. He emphasised how arranging such symposiums aids the process of creating well researched and competent future lawyers.

Southeast University hosts "3rd IEEE BECITHCON 2024"



Southeast University (SEU) successfully hosted the "3rd IEEE Conference on Biomedical Engineering, Computer and Information Technology for Health 2024 (BECITHCON 2024)" at SEU from November 28 to 29. This event was jointly organised by the IEEE Bangladesh Section (IEEE BDS) and the IEEE Engineering in Medicine and Biology Society (EMBS), Bangladesh Chapter.

The event was graced by Prof. Dr Yusuf Mahbubul Islam, Vice Chancellor of Southeast University, as the Chief Guest. Prof. Dr Celia Shahnaz (BUET) and Prof. Dr M Mofazzal Hossain, Pro Vice Chancellor of SEU, served as General Chairs. Prof. Dr Sheikh A. Fattah (BUET) led as Technical Program Chair, and Prof. Dr Mohammad Moshiul Hoque (CUET) as Organising Chair, ensuring the event's success.

The conference featured presentations of contributory research papers, engaging plenary and invited talks, and student-led competitions that showcased innovative ideas and solutions. Most plenary speakers joined virtually from the USA, Australia, Japan, and Malaysia, reflecting the global nature of the event.

BECITHCON 2024 was conducted in a hybrid format, combining both in-person and online participation to ensure accessibility and inclusivity.

HR Summit 2024 held at Uttara University

Uttara University hosted the HR Summit 2024, bringing together Chief Human Resource Officers from the top 20 companies in the country on November 30. Senior HR professionals from various industries, including banking, insurance, garments, pharmaceuticals, and corporate offices, joined the event alongside students, faculty members, and experts from the university.

The summit began with a keynote speech by Professor Dr Musharrof Hossain, Head of HRM at ICDDR'B. The central theme of this year's event was "Industry-Academia Collaboration and the Role of Universities in Creating Industry-Standard Graduates".

Following the keynote presentation, two roundtable discussions were held, where HR specialists participated in engaging dialogues and a Q&A session. The event aimed to explore how students can develop industry-relevant skills and identify the competencies necessary to excel in the job market.

The Vice-Chancellor of Uttara University, Professor Dr Eaysmin Ara Lekha, graced the occasion as a distinguished guest. She expressed her joy over Bangladesh's transition from Industry 3.0 to Industry 4.0 in both the industrial and educational sectors. She emphasised the importance of sustaining such initiatives at both individual and institutional levels and expressed hope for future collaborations. The summit was inaugurated by the university's Pro-Vice Chancellor, Professor Dr Gour Gobinda Goswami. The event was also attended by deans of various faculties, department chairs, esteemed faculty members, and students from multiple disciplines.

