



Changing attitudes and positive narratives

Societal perceptions of “older” motherhood are shifting. Women are increasingly empowered to make informed decisions about their reproductive health and there is growing recognition that age does not dictate a woman’s ability to be a loving and capable parent.

Mustahena Nawar, another entrepreneur, had her third child at 40. “My first two children are smart, but I think my third one is the smartest of them all. I believe that when the mother has achieved good things in life and harbours no inhibitions regarding getting pregnant, the child thrives.

It does not hurt that a mother is fully matured by then. I’m no doctor but I’m sure that maturity adds value to the child’s mental and physical health in the womb.”

While pregnancy after 35 may once have been viewed with trepidation and continues to be a road paved with unique challenges, it is also filled with hope. With access to modern healthcare, a supportive community, and a commitment to healthy living, the dream of motherhood can become a reality at any age.

By Munira Fidai
Photo: Adnan Rahman
Model: Sonia Yeasmin Isha, Adnan Rahman

◆ **HOROSCOPE** ◆



ARIES
(MAR. 21-APR. 20)

There could be opposition or temper tantrums on the home front. Travel will be most enticing. Consider helping with finances. Your lucky day this week will be Sunday.



TAURUS
(APR. 21-MAY 21)

Don't let your partner upset you this week. Update your personal investments. Make plans to do something special with loved ones. Your lucky day this week will be Tuesday.



GEMINI
(MAY 22-JUN. 21)

Avoid any erratic behaviour. Get involved in worthwhile endeavours and meet new friends. Beware of individuals who are not that reliable. Your lucky day this week will be Friday.



CANCER
(JUN. 22-JUL. 22)

Don't press your luck with your loved ones. Take part in stimulating debates. Take advantage of your attributes when approaching new partners. Your lucky day this week will be Tuesday.



LEO
(JUL. 23-AUG. 22)

Unexpected bills may set you back. Make money through conservative investments. Re-evaluate your position and make decisions about your future goals. Your lucky day this week will be Thursday.



VIRGO
(AUG. 23-SEP. 23)

Don't be enticed by untrustworthy individuals. Break your stagnant pattern. You'll be prone to tears if your partner is harsh. Your lucky day this week will be Friday.



LIBRA
(SEP. 24-OCT. 23)

Deception is evident. Socialising or travel will lead to partnerships. Visit a friend or relative who hasn't been feeling up to par. Your lucky day this week will be Tuesday.



SCORPIO
(OCT. 24-NOV. 21)

Delve deeper if you want to know the score. Make money through creative efforts. Enjoy some entertainment. Your lucky day this week will be Saturday.



SAGITTARIUS
(NOV. 22-DEC. 21)

Don't let your emotions interfere with your efficiency. Direct your energy into physical exertion. Residential moves will be favourable. Your lucky day this week will be Monday.



CAPRICORN
(DEC. 22-JAN. 20)

Take prompt action to reach your potential. Take care of financial dealings. Don't argue with family. Your lucky day this week will be Thursday.



AQUARIUS
(JAN. 21-FEB. 19)

Your compassionate nature will be noticed. Make plans for travel. Disputes may start due to a lack of honesty. Your lucky day this week will be Friday.



PISCES
(FEB. 20-MAR. 20)

Don't make promises you can't keep. Real estate and joint financial ventures will be profitable. Be careful signing important contracts. Your lucky day this week will be Monday.

স্বপ্নের ছোয়ায়, তোমার উপমায়,
বদলে দিলে যে আমায়...

অ্যান্ডামিনা
সোপ

রূপচর্চায় আন্ডিজাত্য...

KOHINOOR CHEMICAL

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