

## REMA-KALENGA WILDLIFE FOREST

## A sanctuary of souls

Haimanti Shukla is a journalist and writer, royhaimantishukla@ gmail.com

Want to share your travel experiences with us? Please send your stories to holiday@ thedailystar.net

Recently, I went on a trip to the Rema-Kalenga Wildlife Sanctuary: a hidden gem often overlooked even by seasoned travellers. This is the story of

my solo trip there.

HAIMANTI SHUKLA

You might have heard of this forest, but you might not have visited it. However, upon returning from my recent trip, I found solace in the fact that this might be a good thing. If more people were aware, the forest's beauty and biodiversity could have been at risk.

I haven't seen any plastic debris during my stay in the country's secondlargest wildlife sanctuary, thanks to a limited number of tourists.

My visit was during last monsoon, on the second day of the Bengali month Ashar. stayed at the forest

resthouse

there. It was

thunderclouds discharged lightning with resounding roars. It struck me how those confined to city life miss out on feeling the pulse of nature.

The thunder was so intense that it felt as if the house itself was vibrating. Then the rain descended as if the sky had opened its floodgate. The downpour cast doubt on my forest trek plans for the next day. Yet, having escaped the chaos of Dhaka -- the traffic, noise, and pollution - earlier that morning, I felt at ease.

I found tranquillity in the rain's rhythmic embrace. Nature, in all its raw glory, granted me respite.

The rain tempted me to step out into the yard and dance, but frequent lightning strikes forced me to stay put. So, I sat silently on the veranda and watched the most amazing downpour in my life.

It ceased to rain after a while. I took a walk on the nearby wet but not slippery, sandy path, which was blocked at places by uprooted large trees by the recent storm.

Alone in the rain-soaked forest at silent twilight, I transcended to

Then a night came into my life like

Opting to forego the artificial light

of the solar lamp, I experienced the

darkest night of my life, letting the

soundscape of the forest lull me into a

grasshoppers' cadence, the whispering

of wind blowing through the forest, the

rustling sound of tree branches, and

the mysterious songs of unknown birds

made the darkness, which could have

been frightening, quite comforting

the trembling heart of a lone woman.

had the earliest dinner I ever had in my

life. I went to bed with the cacophony

The following morning, my forest

of nature in the background.

Nature has its own way of pacifying

While resting on the verandah as I

The enchanting symphony of

no other.

serene calm.

and reassuring.

odyssey began with an unusual wakeup call—a peculiar sound echoing near my bed. It was scary, to say the least. The initial panic gave way to relief as the guard nonchalantly identified it as the calls of geckos, known locally as 'Takkhak.'

After breakfast, brimming with anticipation, I prepared for a trek into the heart of the forest. My guide came in time. He informed me that the longest trek in the forest is said to be a three-and-a-half-hour walk.

resthouse, it already promised to be an epic journey amidst the untamed beauty of this hidden sanctuary.

Descending from the hilly top was a winding path, where I encountered indigenous boys and girls on their way to school. They were walking barefoot, holding books close to their chests, and engaging in casual chitchat. Their faces reflected the simplicity of their lifestyle and surroundings.

A bit further on the bumpy, sloppy hillside, vines, bushes, and unfamiliar trees lined both sides.

The journey led me to a lake. The water body, being constantly fed by monsoon water, offered not only visual delight but also had a soothing effect on me. The aroma of ripened Chapkathal there tempted my taste buds.

I really wanted to taste those delicacies, but I couldn't as it was hard



was leeches. I had already been bitten twice, and I was not willing to take any more chances. And I did not want to go back either. The guide provided the solution to my dilemma. He offered to carry me on his shoulder to the other side of the stream. I dared to agree. Later, I realized I could have missed the densest part of the forest had I not taken that decision.

The other side was a treasure trove! A rustling sound made by humans startled me. I have heard about forest bandits in storybooks. The guide laughed when I told him about my fears. He said the locals had come to gather wild 'latkons', a type of berry. Two of them approached us and gave us a bunch of latkons to eat. Those were welcome gifts, considering how hungry we were.

But then it started to rain again. And it quickly turned into a downpour. Completely soaked we came across a relatively large canal. And this time, the guide couldn't help me as it was deep. The only way to cross it was on a fallen tree trunk across the stream.

We must walk through that slippery tree trunk without any support!

It was like crossing a single bar in the circus. I still can't believe I did that. But I can clearly remember the joy I felt after crossing it. That time, that situation, and that moment. You have to do it yourself to feel it.

One of the highlights of the trip was meeting the indigenous inhabitants of the forest, the 'Adivasis'. I was fortunate to have some time with an Oraon family living there for generations.

As the sky darkened, we faced another canal. This one was the largest, and fortunately, there was a bamboo bridge to cross it.

The place was so inviting for a nap that I forgot the dangers. The sun setting, and another downpour was



After listening to nature resting on a easy chair in the verandah for a while and earliest dinner in my life, I went listening to the sounds around.

Just as the caretaker of the resthouse served the pre-ordered lunch, the having the forest ranger paid a visit to assure me of my safety during my overnight stay. However, he informed me that the to bed early region had been without power for the last two days, and there was no clear indication of its restoration. The solar cacophony of lights, he cautioned, might not last

> considering an earlier bedtime. I couldn't figure out how to take those suggestions, but I had the feeling that the trip was going to be memorable.

through the evening. Although candles

would be available, he recommended

small and beautiful, with a three-

room tin-shaded one-storey cottage,

The rustle of trees and the singing

surrounded by century-old trees.

I was the sole guest there.

of birds filled the air.

After the ranger left, lunch -- a homemade affair of dal, rice, deshi chicken curry, and mixed vegetables arrived just as nature prepared its own unique greeting.

The sky swiftly darkened, and

another realm.

It was almost dark when I returned to the resthouse just before sunset. Before the cloak of night descended on the forest, the silence was deafening.

As the trek began from the

trees. But in the trees, I saw monkeys having their feast. I said in my mind: Eat in peace; you are among the other owners of the forests; we are the intruders; we should not be here.

Turning towards another path, we encountered fallen trees blocking the way. In the dense forest, the rustling of leaves and singing of birds, including Tia, Bou Katha Kao, Maina, and Sepahi Bulbul, created a mesmerising symphony. I paused, capturing the magical moments through pictures and recordings, feeling a profound connection to the surroundings.

Then we came across a canal with knee-high water. But the problem

imminent. If I rate the calmest and most soothing time of my life, I can undoubtedly name those 30 minutes around that bamboo bridge. I felt cleansed after the experience.

As the rain intensified with strong winds and thunderstorms, the guide warned of the dangers in the forest during a storm. The reminder was timely, as I almost lost count of time.

Drenched but enriched, we returned to the resthouse, marking the end of my transformative journey through the Kalenga forest.

Even back in the city, much of me remained in those serene woods, and I returned a changed person.

