

Keeping mosquitoes at bay: Remedies, precautions, and solutions

If you have lived in Bangladesh for long enough, you must be familiar with the chaos that mosquitoes bring this time of the year. From skin irritation to serious diseases like dengue, if not taken proper precautions, mosquitos can be quite a threat to your health. Let's explore some remedies and effective solutions to keep yourself safe.

NATURAL REMEDIES

Dhoop

This is probably the oldest trick in the book. It is basically a stick made of cow dung and other natural herbs. Through burning dhoop, you can drive away mosquitoes from your home, but make sure to keep the windows open to let the smoke out.

Lavender

This aromatic plant is not only pleasant to have around, but can also deter mosquitoes. Planting lavender in your garden or placing sachets of dried lavender indoors can help keep mosquitoes at bay.

Lemongrass oil or candles

Citronella oil, derived from lemongrass, is a natural mosquito repellent. You can also light lemongrass flavoured candles during outdoor gatherings to create a



mosquito-repelling ambiance.

Garlic

Consuming garlic regularly can make your body release a scent that mosquitoes find unappealing. While this might not provide instant relief, it's a natural and long-term way to reduce mosquito attacks.

PRECAUTIONARY MEASURES

Remove stagnant water

Mosquitoes lay their eggs in stagnant water. Empty containers that collect rainwater and ensure your gutters are clean and free of



debris. This simple step can drastically reduce mosquito breeding sites.

Repair cracks on doors and windows

Ensure that all doors and windows are in good condition. Repair any holes or cracks, and consider adding rubber stripping to doors to prevent mosquitoes from entering your home.

Avoid peak mosquito hours

Mosquitoes are most active during dawn and dusk. If possible, limit outdoor activities during these hours or wear protective clothing like long sleeves and full-length pants.

Use mosquito nets

For a peaceful night's sleep, especially in

areas with a high mosquito population, consider using mosquito nets over your bed.

EFFECTIVE SOLUTIONS

Aerosol

One of the best ways to combat mosquitoes is by using aerosol. These sprays can provide protection against mosquito without using harmful CFCs.

Mosquito repellent creams

Using mosquito repellent creams can really help fight mosquitoes not only inside the house but also while you are outside. There are plenty of brands available in the market, but if you prefer a natural option, then you can mix neem and coconut oil and apply it on your skin as protection against mosquitoes.

Electronic mosquito repellent devices

Ultrasonic mosquito repellent devices emit high-frequency sound waves that are unpleasant for mosquitoes, but safe for humans. These devices can be a valuable addition to your household to keep mosquitoes at bay.

By choosing natural remedies, taking precautionary measures, and using effective solutions, you can protect your household from mosquito attacks while keeping your health and the environment in mind.

By Maisha Tarannum Iqbal
Photo: Collected



WE BUILD QUALITY



SUPER AEROSOL

মশা মারতে

কামান না দাগিয়ে

ব্যবহার করুন

ঈগল এ্যারোসল



WITH EXTREME POWERBLASTERS

ডেংগু প্রতিরোধে সর্বোচ্চ কার্যকর



Nothing Comes Close

কম্পি. এন্টারপ্রাইজ লিমিটেড

Quazi EagleSuperAerosol | www.quazienterprises.com

February 2023