

VOLUME 23, ISSUE 19, TUESDAY, OCTOBER 10, 2023
ASHWIN 25, 14:30 BS

Star

LIFE

Style

E-mail: lifestyleds@yahoo.com
64-65 Kazi Nazrul Islam Avenue, Dhaka-1215. A public

Puja vibes

BREAK THE NORM
DRESS TO IMPRESS THIS PUJA C

TIME TO SWITCH CAMPS
VEGETARIAN RECIPES P8

MORE IN NOT ENOUGH
DESSERT RECIPES STARRING RED VELVET P9

PHOTO: SAZZAD IBNE SAYED 1 MODEL: AMIT WARDROBE: BISHWO RANG MAKEUP: SUMON RAHAT STYLING: SONIA YEASMIN ISHA SET: ESKAY COR

পোলার
বোবাস্তা
সল্টেড
ক্যারামেল
রিয়ল চকোলেট
ম্যাটারাম

নতুন

RICHER & CREAMIER

polarbd.com

Prepping for Durga Puja

The beating of the *dhak*, the splendid *kash phool*, visiting different *mandaps* — it is almost that time of the year again! We still have patches of rain instead of clear

blue skies and fluffy white clouds, but that is no excuse for not getting on with the calendar. In just a few days, Durga Puja celebrations shall start, and so it is

high time you get on with the myriad preparations for the festivities.

And we got you covered, be it fashion or food. Flip through the pages to bring in

the vibe and to help with your Durga Puja planning, as we venture into style guides and recipes.

— **LS Desk**





করোনা এবং অন্যান্য
ভাইরাসের বিরুদ্ধে নিশ্চিত
করে 99.99% সুরক্ষা

Bactrol®

Left Right
Left Right







Dress casual for Fall:

A TAAGA MAN style guide

As the autumn breeze begins to kiss the crowded streets of Dhaka and cities alike, it is time to step up your style game. Forget the sweltering heat of summer; fall is when you can layer up without sweating through your ensemble. Gentlemen, if you have been yearning to don those flannel shirts and ribbed polos you have been eyeing all summer, here is your go-to guide for men's fall fashion.

Say goodbye to your lightweight summer tees; flannel shirts are taking centre stage this fall. These warm, soft fabrics are perfect for milder autumn temperatures. Go for plaid if you want to make a statement or stick with solid colours for a more subtle look. Pair it with denim and ankle boots and you are all set for that casual meetup at Dhanmondi Lake or an evening walk around Gulshan. The flannel shirt is as cosy as it is versatile. You may dress it up for working hours or down for a relaxed weekend.

Let's talk about the band collar, shall we? This unique neckline adds an instant modern twist to the traditional collared shirt. It is the perfect pick for those who want to make a subtle yet striking style statement. Opting for cotton will make



sure you are not entirely at odds with the occasional bouts of humidity. Pair these shirts with chinos for an effortlessly smart look that will get heads turning whether you are at work or dining out at an upscale restaurant.

If you like the feel of a T-shirt but want something a little more "put together", the ribbed polo is your best friend. These add a touch to your attire, elevating it above mediocrity. Perfect for casual Fridays or a night out with friends, the ribbed polo offers comfort and flair. Pair it with tapered jeans and loafers for an outfit that boasts

both style and ease.

The cotton kurta — no man's wardrobe is complete without this timeless piece. Comfortable and stylish, cotton kurtas can give a traditional touch to your fall fashion. Choose earthy tones like olive, beige, or mustard to really embrace the autumn vibes. Ideal for family gatherings or traditional events, you can also give it a modern spin by teaming it up with slim-fit trousers and closed-toe sandals.

Some days are cooler than others. For those in-between temperatures, the half-sleeved shirt is your best friend. It

provides the right amount of coverage without making you feel suffocated. Opt for lightweight materials and pastel colours to make the transition from summer to fall as seamless as possible.

So, there you have it! The city may be busy, but that doesn't mean your style has to suffer. Don't just blend in this autumn; instead, stand out with your own easy-going style. It's not just about looking good; it's also about feeling good. Happy fall, y'all!

By K Tanzeel Zaman
Photo: TAAGA MAN

Secrets to radiant skin: 5 must-follow steps

We understand that life can be hectic and that sometimes, care for your skin gets overlooked. To look fabulous, you do not need a 10-step skincare routine straight from Seoul. Let's break it down into 5 simple steps for glowing skin.



Choosing the best facewash

Raise your hand if you have ever grabbed the nearest facewash without thinking! It is time to put a stop to that. Your facewash should be suitable for your skin type. Do you have acne? Search for salicylic acid. If your skin is dry, look for creamy facewashes or those containing goat milk essence. Do not take chances. Instead, seek advice from a dermatologist.

Hydration with water-based moisturiser

After you have given your face a clearer

canvas, apply a water-based moisturiser to your skin.

It is like a quick gulp of water! It absorbs quickly, leaving your skin plump and not patchy.

Say goodbye to breakouts and that sticky sensation, particularly in humid weather.

Relax with ice magic

When you get home from a long day at work or a tiring grocery run, what should you do? Take out an ice roller or some frozen ice cubes! Roll them over your skin to relieve stress and reduce

sunburn. Your pores will shrink, your blood flow will improve, and your face will feel refreshed. Add a splash of aloe vera or lemon juice for skin benefits.

Sunscreen: Your skin's lifeline

Do not skip the effectiveness of sunscreen. By skipping it, you expose your skin to the sun's damaging rays, which will cause dullness and damage. Apply sunscreen with a minimum SPF of 50++ throughout the day to warm up your skin.

Consistency is the key

Here is to flawless skin and reliability! Make these steps a regular part of your day and you will receive a healthy glow from your skin that will draw attention wherever you go.

By Tahmina Khatun Fahima

Photo: LS Archive/Sazzad Ibne Sayed



Sunscreen: A Skin Care Essential



We often underestimate the detrimental

effects of the ultraviolet rays of the sun. These rays, while invisible, are responsible for a variety of skin concerns. From dreaded sunburns to persistent sunspots, our skin faces the relentless assault of these rays. This is where sunscreen emerges as the paramount defender in protecting our skin against these harmful ultraviolet rays as well as preventing sunburns.

Our skin experiences direct exposure to these ultraviolet rays daily.

These rays are divided into two categories: UVA and UVB. UVA rays penetrate deep into the skin and reduce collagen production, causing the skin to sag, lines to appear, and wrinkles to form. UVB inflicts its own set of problems, primarily dark spots or pigmentation on the skin.

Both the Canadian Dermatology Association and the American Academy of Dermatology recommend the use of sunscreen to reduce the likelihood of skin cancer and to protect against sun exposure. Both UVA and UVB rays from the sun are extremely harmful to the skin. Therefore, while purchasing sunscreen, it's essential to consider how well it can protect the skin from both UVA and UVB rays. Seek out products with labels like PA+, PA++, PA+++ to determine the level of protection the sunscreen provides for the skin.

SPF stands for Sun Protection Factor. Without sunscreen, the skin can burn in just 20 minutes of sun exposure. Moreover, the level of UV exposure a person can endure varies individually. Lighter skin tones absorb a higher amount of UV light compared to darker skin tones, making them more prone to sunburns. This difference is attributed to melanin, a pigment found in the outer skin layer that acts as a shield against UV rays. Skin with a higher melanin concentration results in a darker

complexion, offering superior protection against sun exposure.

As a proactive measure, it's advisable to apply sunscreen at least 20 minutes before going out, regardless of the skin type, as approximately 80% of the sun's harmful rays can penetrate through clouds, even on cloudy or rainy days. If at home, using sunscreen with lower SPF is fine, but when going outside, choose a sunscreen with higher SPF. However, no sunscreen can provide absolute protection, so it's good practice to reapply sunscreen every 2 hours.

In a new era of sun care, the American brand Siodil is soon introducing SPF 30 cream, SPF 30 gel cream, D-Pigment SPF 100 sunscreen, and D-Pigment cream. These transformative products offer you liberation from hyperpigmentation and the damaging effects of the sun. These skin care essentials can be accessed at your nearest pharmacy and Herlan Store. In this journey towards embracing your skin's natural glow, let Siodil be the steadfast guardian of your skin.

#FASHION & BEAUTY

Accessorise to mesmerise: A men's guide to Puja season glamour

The puja season is signified by bright colours and traditional patterns. Ethnic wear ticks all the boxes when it comes to that and it should be your go-to for this festive season. If you think ethnic wear is not for you, this article will most definitely inspire you to change teams.

Go for cotton

As we are still a few months away from winter, cotton will be your ideal material. They are soft, breezy, breathable, and most importantly fashionable. The weather is going to be breezy late October so you will not have to worry about those pesky sweat patches. Even if they do turn up, cotton

allows a lot of air to pass through so they will go away as fast as they come.

Fashion is nothing without comfort and cotton is the strongest possible base to build your outfit on in that regard.

Go loud or go home

While subtle colours may be better suited for other festive seasons, Puja season lets you go all out. So, do not hesitate to go for the bright yellows, red, golden or pink. Throw some patterns in there. Or better yet, go to your nearest fabric store and get something funky and add your own unique touch to it. No one will stop you!

Put your exploration hat on

By this, we mean that if you are looking to switch things up, this Puja season is the right time for you to do that. Pair your panjabi with a bright uttariya. Perhaps, you can dip your toes (quite literally) into some nagras or mules and lose the loafers and sandals.

Accessorise like there is no tomorrow

Carrying on the trend of letting yourself loose this season, we urge you to do the same while picking out your accessories. Pearl necklaces for men are all the rage this year and this is your cue to give it a go. Then there are beaded bracelets and rings which will go perfectly with the ethnic vibe you want to pull off. Basically, nothing will be



considered "too much" this season so there is no need to hesitate.

Add a bomb fragrance

Top your outfit off with a nice perfume. It is a good idea to move away from your standard musky scent in favour of something with a fruitier and more citrusy note. Something that will do justice to the whole theme you

are going with and help you truly stand out in the crowd.

By Irfan Aziz
Photo: Sazzad Ibne Sayed
Model: Amit
Styling: Sonia Yeasmin Isha
Wardrobe: Bishwo Rang by Biplob Saha
Makeup: Sumon Rahat

Afraid of being that generic guy? Style your vests right and stand out!

In the realm of fashion, vests never really got the recognition that it deserves. It has always been treated as an accessory. In reality, it is so much more than that and it is exactly why you should bring this versatile piece to the forefront of your wardrobe. Vests can effortlessly elevate your style game, whether you are going for a traditional ethnic look with kurtas or a more contemporary vibe with shirts and pants.

The classic kurta-vest combo

One of the timeless ways to incorporate vests into your wardrobe is by pairing them with kurtas. This classic combination has been a staple in traditional desi menswear for centuries, offering a sophisticated and refined look. Here's how you can nail the kurta-vest ensemble:

Go for a monochromatic look: Choose a solid-coloured kurta and waistcoat to create monochromatic magic. This gives the image of being tidy and refined. A navy blue kurta and matching waistcoat, for example, offer subtle charm.

Print play: Experiment with printed vests over plain kurtas. This adds a touch of playfulness to your look while keeping it



classy. Ensure the prints are subtle and not too overpowering.

Accessories matter: Do not forget to accessorise! A pocket square or a stylish brooch can enhance the overall appeal of

your kurta-vest ensemble.

Footwear finale: Complete the look with traditional jutis or mojaris. These ethnic shoes perfectly complement the kurta-vest combination.

Vest it up with shirts and pants

Let's transition from traditional to contemporary. Vests can be seamlessly incorporated into your modern wardrobe too. Here are a few tips to follow —

Formal flair: Elevate your attire by adding a vest to your shirt and trousers combination. A well-fitted vest can instantly make you look more put-together.

Layering game: Feel free to place vests under blazers or jackets. Your outfit gains depth and character from the layered design, making it appropriate for more formal settings.

Whether you are going for a traditional or contemporary look, you may create a variety of distinctive outfits that fit different events if you master the technique of combining and contrasting vests with kurtas, shirts, and so much more. Remember that fashion is all about personal expression, so do not be afraid to play around with vests to develop your own signature look.

By Maisha Tarannum Iqbal
Photo: LS Archive/ Sazzad Ibne Sayed

FUSING TRADITION WITH CONTEMPORARY LOOKS:

Outfit ideas to explore



When we think of fashion, we always tend to discuss upbeat styling, mistaking it for trendy and hip. Not everything needs to be borrowed from the internet or loud to make us feel fashionable. We can be trendy in our everyday wear and even in the most traditional outfits. Here are a few suggestions:

CONVENTIONAL COLOURS (BLACK AND WHITE)

Loud colours and patterns have always been 'IN'. However, it is completely okay to stick to what works best for you and opt for more conventional colours like black, white, shades of brown or even grey. Basic colours like black and white are timeless and there is a lot of untapped potential that we can apprehend. To be more precise, one can almost never go wrong with the elementary colours.

TRYING OUT DHOTIS AND KURTA

Nothing is more elegant and timeless than dhotis and kurtas. For those of you who are not comfortable wearing conventional dhotis, there are dhoti-style pants available in the market and we highly recommend trying those out, as they will elevate your outfit to the next level.

We suggest sticking to white bottoms to make your top stand out even more. Complete your outfit with a nice pair of loafers or mules.

FATUA

Another timeless piece of clothing, which you can always fall back to. It allows you to explore different patterns without actually having to move out of your comfort zone too much.

There is a plethora of places to choose your fatua from. However, one suggestion we have is to stick to cotton no matter where you end up buying your attire from.

We recommend pairing your fatua with cotton trousers. Not only do they go perfectly with your top but also leave the door open for a multitude of modern footwear choices. Be it a pair of chunky loafers, plain white sneakers, or leather sandals — the options are endless. You can even accessorise your outfit with a tote bag, beaded bracelets, and a nice contrasting locket.

BAND COLLAR SHIRT

If you want something a bit different, band collar shirts are the way to go. We understand that many of us have a lot of places to be this festive season and we may seek a bit more

functionality and versatility that will make us look good and feel comfortable. Nothing beats a band collar shirt in that regard.

The best part of these shirts is that they will allow you to explore whatever pants and shoe options you choose. Dress it up with formal pants and a pair of loafers; alternatively, go casual with jeans and sneakers, or find a middle ground with chinos.

By Irfan Aziz
Photographer: Anik Chanda, GM Sujan
Model: Sanju John
Concept & Fashion Direction by Biplob Saha





Delicious vegetarian recipes to subdue your inner carnivore

Durga puja is the time when vegetarian dishes get special attention throughout Bengal, although their consumption is not limited to the festive season only. Vegetables are immensely nutritious and should be kept in our regular meal plan. The following tasty and innovative recipes will satiate your desire for variety in your meal plan.

AMARANTHUS WITH SESAME PASTE (TIL NOTEY)

Ingredients

1 bunch Amaranthus
4 tbsp chopped garlic
1 tsp whole cumin
4 tbsp sesame seed
4 tbsp peanut
2 tbsp gram flour
2 pcs dry red chilli
3 tbsp chopped onion
1 cup chopped tomato
½ tsp turmeric powder



1 tsp red chilli powder
4 tbsp mustard oil
Salt to taste

Method

Wash and chop Amaranthus. Heat oil in a pan. Add Amaranthus leaves and salt. Stir and cook for some time. Remove from heat and keep aside. Make a paste with sesame

seed, nut, and gram flour with little water in a mixer. Heat oil in a pan. Add dry red chilli and onion for tempering. Stir, add garlic, tomato, turmeric, chilli powder one by one. Mix nicely, add sesame-nut paste, stir thoroughly, add Amaranthus leaves and mix. Remove from heat and serve.

RIDGE GOURD SALAD

Ingredients

700g ridge gourd
5 cloves garlic
1 tsp jaggery
4 fresh red chillies
2 tbsp fish sauce (or 2 pcs dry prawn)
3 tbsp lime juice
50g beans
25g peanut
Salt to taste

Method

Cut ridge gourd and beans diagonally. Blanch lightly. Pound garlic, jaggery, red chilli together. Add fish sauce and lime juice with it. Mix the pounded spices and ridge gourd together. Sprinkle peanuts and beans. Serve.

MORINGA STEW

Ingredients

4 pcs drumstick
½ papaya
3 tbsp garlic-ginger paste
2 bay leaves
3 green chillies
2 cups vegetable stock
½ tsp sugar
2 tbsp white vinegar
2 tsp fish sauce
2 tbsp chopped coriander leaves

2 tbsp white oil
1 gondhoraj lime
Salt to taste

Method

Wash and cut drumsticks in medium pieces. Cube raw papaya and wash. Heat oil in a pan. Add bay leaf, ginger garlic paste, green chilli, and stir for a while. Add cubed papaya, drum stick, stir and add stock. Cover and cook. When vegetables become tender, add fish sauce and vinegar. Sprinkle coriander leaves and lime juice. Serve healthy and tasty moringa stew.

POINTED GOURD WITH SESAME PASTE

Ingredients

500g pointed gourd
5 tbsp white sesame paste
5 green chillies
Salt to taste
½ tsp sugar
Mustard oil, as required

Method

Wash and cut pointed gourd from the middle. Heat oil in a pan. Fry pointed gourd and keep aside. Put green chilli in oil, stir and add sesame paste. Stir for a while, add gourd, salt, sugar and mix thoroughly. Add little water and cook for some time. When vegetable become tender, sesame paste becomes reddish, sprinkle mustard oil and remove from heat. Serve with hot rice.

Subscribe to Sharmila Basu Thakur's YouTube channel 'Food Farishta.'

By Sharmila Basu Thakur
Photo: Food Farishta



THE MILLENNIAL COOK
FARIHA AMBER



Tired of buying dessert? 3 delicious red velvet recipes to make at home

Red velvet has to be one of the best inventions in the culinary landscape! The combination of sweet and tart, with its crumbly texture and melt-in-your-mouth sensation, creates the perfect marriage with your tastebuds. We mostly see this delicious dessert in the form of a cake, but why does such an amazing flavour have to be limited to cakes alone?

With an irresistible flavour as such, the sky is the limit! Here are a few red velvet recipes beyond our very well-known traditional cakes.

RED VELVET CHEESECAKE BROWNIE

Ingredients

For the brownie batter –

- ½ cup butter
- ¼ cup sugar
- 2 eggs
- 1 tsp vanilla extract
- ¾ tsp white vinegar
- 100g milk chocolate
- 1 tbsp cocoa powder
- ½ cup flour
- 1 tsp red food colour gel

For the cheesecake swirl —

- 200g cream cheese
- 2 tbsp sugar
- 1 egg yolk
- 1 tsp vanilla extract

Method

Start by making the brownie batter: Melt the butter and chocolate in a double boiler and stir occasionally. Once completely melted, add in sugar and stir until fully dissolved. Remove from heat and cool down slightly by stirring before adding in a couple of eggs. Mix the eggs entirely and then add

vanilla extract and coco powder.

Once you have a homogenous mixture, add in red food colour and white vinegar. Lastly, add flour by the spoonful and stir to combine. Once the batter is ready, pour it into a greased baking dish leaving out a couple of tablespoons.

To make the cream cheese mixture, whisk sugar with room temperature cream cheese, egg yolk, and vanilla extract until it is a smooth mixture. Pour little dollops of the cream cheese mixture on the batter and slightly spread the mixture.

Swirl the mixture with a stick and bake it in a preheated oven at 180°C for 25 minutes. Let it cool slightly before cutting into pieces.

RED VELVET LAVA CAKE

Ingredients

- 3 eggs
- 2 tbsp

sugar

- 150g white chocolate
- 1/3 cup flour
- 100g butter
- 2 tbsp cocoa powder
- 1 tbsp red food colour

Method

Start by greasing three ramekins with sugar, and coat them with sugar. Add butter and 100g white chocolate into a bowl and melt over a double boiler. Crack in three eggs, adding sugar and vanilla extract to it. Whisk until the eggs are fluffy and add in the white chocolate mixture. Pour in red food colour to this mixture to get a striking red colour.

Add flour and coco powder together and sift this in while mixing.

Pour this mixture into the greased ramekins and bake them in a preheated oven at 200°C for 15

minutes. Remove from heat, cut along the edges, and flip them over onto a plate. Dust with caster sugar and melt the remaining 50g of white chocolate to drizzle over.

RED VELVET COOKIES

Ingredients

- 1½ cups flour
- 1 tbsp cocoa powder
- ½ tsp baking soda
- 100g butter
- 1 tsp vanilla extract
- ¼ cup brown sugar
- ¼ cup white sugar
- 1 egg
- 80g white chocolate chips
- 1 tbsp red food colour

Method

Sift the flour, cocoa powder, and baking soda together. Sprinkle in chocolate chips (leaving a handful for garnish) and mix to combine. In a separate bowl, add butter, vanilla extract, and two types of sugar, and cream everything together. Crack in one egg along with red food colour and mix.

Add the flour mixture to the wet mixture little by little until a dough is formed. Cover the dough in cling film and refrigerate it for an hour. Once ready, form it into even-sized balls with your palms and bake them at a preheated oven at 180°C for 8-10 minutes.

Once baked, take it out of the oven and press over some chocolate chips while still warm, and let them cool before digging in!

By Fariha Amber
Food & Photo: Fariha Amber





Dhaka Regency celebrates BANGLADESHI CUISINE

Bangladesh, with its rich history and diverse geography, boasts a culinary tradition that is as rich as its culture. To celebrate our culinary heritage, Dhaka Regency Hotel and Resort has arranged a food festival titled “The Local Culinary Heritage of Bangladesh 2023” at its signature dining outlet, Grandiose Restaurant, scheduled from 5 October to 30 October, 2023.

Regarding the food festival, which was also held in 2022, Executive Director of Dhaka Regency, Shahid Hamid FIH underscored the festival’s focus on authenticity and diversity, saying, “Dhaka Regency always tries to promote Bangladeshi local and traditional cuisine. We are hosting this event to highlight the flavours and traditions that have been passed down to us through generations”.

This gastronomic extravaganza promises to showcase authentic local delicacies from various divisions of our country and what sets this festival apart is its daily-themed approach. According to the organisers, each day of this food festival is focused on a different theme that features the authentic delicacies of a particular division, offering visitors a chance to explore the diverse culinary heritage of the country.

The Food and Beverage Director of Dhaka Regency, ATM Ahmed Hossain, informs, “With this festival, we intend to bring delicacies from all across Bangladesh and delve deeper into the inner food culture of each division of our country”.

He continued, adding, “We will be preparing the items with only locally sourced ingredients to ensure our foreign and urban guests enjoy the most authentic gastronomic experience.”

From the spicy notes of chui jhal gosht and shatkora chicken to the comforting warmth of morog polao, biriyani, and koi paturi, every dish on the menu is



**Celebrating
The Local Culinary Heritage
of Bangladesh**



a testament to our country’s culinary diversity. Guests — locals and foreigners alike — will have the opportunity to savour dishes from various regions of Bangladesh, each with its own unique twist and story.

The dishes available at this vibrant food festival are a journey through Bangladesh’s diverse culinary landscape. Whether you are a fan of spicy delights from Sylhet or the appetising flavours of Khulna, there’s something for everyone.

The festival offers a delightful array

of dishes featuring fresh catches from Bangladesh’s rivers. From irresistible doi ilish (mustard ilish) and ayer fish with shatkora to choto machher chorchori — the event is certainly a treat for all fish lovers.

For those with a penchant for meat, mutton with shatkora, beef kala bhuna and desi-style duck bhuna will be served to tantalise the taste buds. Moreover, guests visiting the festival will have the opportunity to taste a variety of bhortas from the designated counter.

The festival will have an array of delectable vegetarian options that celebrate the bountiful produce of Bangladesh — dal with drumstick shoots, bamboo shoot curry, laukhatta, shabji labra, and many more traditional dishes are being offered to satisfy the taste buds of gourmets.

No Bangladeshi meal is complete without a sweet ending, and this culinary extravaganza has it covered. Indulge in luscious, unique, and lesser-known desserts — especially pithas — which will transport you to a world of sugary bliss.

In addition to the culinary delights, the festival has a dedicated corner for a cultural extravaganza. Guests can enjoy live traditional music performances, adding an extra layer of authenticity to the overall experience.

With its authentic dishes, cultural performances, and warm hospitality, this food festival promises to be an unforgettable experience for food enthusiasts and culture seekers alike. So, whether you are a food connoisseur or simply looking for a delightful dining experience, this is an event you just cannot miss!

The buffet dinner is available from 6:30PM to 10:30PM at Dhaka Regency Hotel and Resort’s Grandiose Restaurant for Tk 4,999 per person. For this event, Dhaka Regency is offering selective card holders, fans of Dhaka Regency, and Dhaka Regency’s loyalty program Premier Club members a Buy One Get One Free offer.

To learn more about this food festival, contact 01713332661 or visit: <https://fb.me/e/3PQmAt0mF>

**By Ayman Anika
Photo: Courtesy**

#CHECK IT OUT

STAR LIFESTYLE is looking for new writers

If you love writing on lifestyle topics – travel, food, fashion, health, and more – consider joining us as a contributing writer! Students (undergrads) are especially encouraged to apply.

Contributors are expected to:

Research for articles: Covering events, taking interviews, etc.

Write articles in English, with a strong command over the language

Generate ideas for the supplement

Attend monthly contributors' meetings (remote work on all other days)

To apply:

Send your CV and two sample write-ups on topics of your choice, related to lifestyle. The articles must be unpublished and original, and approximately 500 words each.

Email us your submission to BOTH lifestyleds@yahoo.com and haider@thedailystar.net. Please mention "Application" in the subject line.

Deadline:

30 September, 2023



HOROSCOPE



ARIES
(MAR. 21-APR. 20)

Resist any idle chatter. Make drastic changes to your present relationship. Get sound advice from loved ones. Your lucky day this week will be Saturday.



TAURUS
(APR. 21-MAY 21)

Don't neglect family members. Disharmony in your relationship can cause ailments. Your efforts will be appreciated. Your lucky day this week will be Wednesday.



GEMINI
(MAY 22-JUN. 21)

Don't stop chasing your goals. Clear the air regarding any misunderstandings. Your charisma will attract attention. Your lucky day this week will be Thursday.



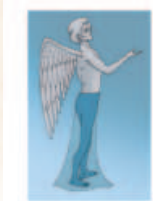
CANCER
(JUN. 22-JUL. 22)

Make changes at home. Secret information will be eye-opening. Get involved with activities that anyone can enjoy. Your lucky day this week will be Saturday.



LEO
(JUL. 23-AUG. 22)

Use your own ideas to further your interests. Complete any pending work. Don't make promises you can't keep. Your lucky day this week will be Thursday.



VIRGO
(AUG. 23-SEP. 23)

Someone left a real mess for you to sort. Promote your work. Take extra care of your financial situation. Your lucky day this week will be Wednesday.



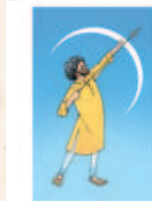
LIBRA
(SEP. 24-OCT. 23)

You will have trouble managing finances this week. Focus on work rather than troubles at home. Take a good look at yourself. Your lucky day this week will be Thursday.



SCORPIO
(OCT. 24-NOV. 21)

Get involved in competitive sports. Your partner may not have time for you. Don't react to one-sided stories. Your lucky day this week will be Sunday.



SAGITTARIUS
(NOV. 22-DEC. 21)

Travel will be memorable but also expensive. New interests are preoccupying your time. You won't impress anyone by being overly generous. Your lucky day this week will be Saturday.



CAPRICORN
(DEC. 22-JAN. 20)

Be careful when using electrical equipment. Get in your boss's good books by meeting deadlines. Make changes to your personal documents. Your lucky day this week will be Saturday.



AQUARIUS
(JAN. 21-FEB. 19)

Unexpected events may upset your routine. Lighten up your serious attitude. Make time for loved ones. Your lucky day this week will be Sunday.



PISCES
(FEB. 20-MAR. 20)

Talk less, listen more and you will pick up valuable information. Don't overexert yourself. Don't let anyone take you for granted. Your lucky day this week will be Thursday.



Typhoon

Fabric Care

প্রথম ওয়াশেই কাপড়ের কঠিন থেকে
কঠিনতম দাগ দূর করে।

টাইফুন... লাগে কম, তাই সশ্রয় বেশী।



Fabric Care -এর
সুপার পাওয়ার

Office décor: How to design your workplace to reflect your company

If you are working away from home, you probably seek some comfort in the bustle of your professional life, especially in your office. Needless to say, great office furniture and decor, which are both stylish and practical, and reflect your company's brand beautifully, may make your life a little better. Like any well-executed plan, the idea behind this office décor theme is sound, which is why it has garnered success. So, if you are looking for ways to bring décor to your office that echoes your brand, check out the following ideas!

First and foremost, consider asking yourself some questions to begin the décor ideas in your mind. What does your company stand for as a brand? Which does your company prefer, a modern vibe or a traditional business image? Is there a more progressive mentality at your company? Office designs may be affected by the responses to these questions quite a lot.

So, let us go down the easiest idea. You can go ahead and use your company's official logo and tagline. Do not do it in excessive amounts. You should be putting the designs of logos in the correct places if you want to develop business pride. For this reason, reserve the welcome area as the only place where the more assertive brand message is shown. An accent wall with an abstract version of the logo may be a great choice inside your office room. Also, attention-grabbing floor mosaics depicting the company's logo could be a



great addition.

Now, for the paint, you might want to use colours from your brand's colour scheme. They do not have to be from the exact same palette. Rather, you can experiment with colours, which are close in shade to the main scheme. Have you ever noticed how airlines often include their brand's colours in the design of their seats and carpets on flights? Constantly there, but not in your face. That would be the gist of the idea.

However, be careful not to go

overboard with colour palettes, since your office room will get a lot of visitors and each may view colours differently. For example, someone with sensitive eyesight might not be a fan of loud colours!

And what about the furnishings? Well, you may choose to decorate your office with modern furnishings that feature your brand colours. They will help communicate the creative spirit of your company to others. Moreover, smooth, soft textures in offices will make you and the people around you feel good when they use them.

Finally, let us come to the aesthetics! You may show off your artistic skills by taking professional photos of your company's product, service, or even achievements. Iconic works of art from your field may make a strong, emotive statement. Photos are aesthetically pleasing and also raise morale and pride in those who represent the company's ideals. Clients like visiting offices that convey the company's values. The sum of these parts is a one-of-a-kind office environment tailor-made for your business.

But, decorating your office to match your brand's identity will take your time, energy, and most certainly, lots of money! While it might sound daunting, an easy solution to this dilemma can be EMI payments.

Equated Monthly Instalment (EMI) is the method of paying off a loan over a predetermined length of time by making periodic payments, which is available in most furniture and décor shops.

An EMI plan makes expensive furniture easier to afford and more approachable to buy. This loan can be paid back over a fluid amount of time, and you can buy furniture on EMI without employing a credit card. So, with that stress out of the way, you are now ready to go and conquer your amazing office designs!

By Samayla Mahjabin Koishy
Photo: Collected

শুরুত্বপূর্ণ সিদ্ধান্ত নেওয়ার ক্ষেত্রেও স্টাইল নিয়ে কোন আপস নয়

১২ মাস পর্যন্ত ইৎমআই সুবিধা

BRAC BANK, MTB, NRB Bank, JAMUNABANK, MEGHNA BANK, NCC Bank, Community Bank, Prime Bank Limited, ONE Bank, COMMERCIAL BANK, aibl, DHAKABANK, Standard Bank Limited

HATIL