

#FASHION

How to style your work outfit

Do you ever stand in front of your wardrobe and scratch your head, unsure of what proper work attire to wear to the office? It might seem like most of your choices will lead you to disregard your comfort. But fear not! Nowadays, you can seem professional without sacrificing comfort in the workplace. The popularity of comfort fashion may be attributed to their ability to improve our mood, self-confidence, and overall state of mind. Therefore, we have gathered some exciting examples of attire to help you choose something that is both practical and stylish for the office.

Comfortable clothing depends on fabric, style, and fit. Cotton clothing is soft, natural, flexible, and breathable, making it more pleasant than polyester, which is a synthetic fibre. Linen's breathability also makes it a favourite summer fabric. Silk is another lightweight, breathable natural material that absorbs moisture.

The shalwar kameez outfit is versatile and popular among Bengali ladies because of how comfortable it is. You can refresh your appearance for the workplace without sacrificing your uniqueness, your taste in professional attire, or your desire to maintain cultural ties by just bearing in mind the latest fashion trends and official dress code. A tight-fitting ankle salwar, for instance, would look great with a collared ethnic kameez. It would be stylish and comfortable, and it would flatter almost any figure.

While a lightweight cotton kameez is perfect for the workplace, straight trousers or churidar may be worn instead of the shalwar. Put together a chic outfit for the workplace by wearing a straight-cut, pastel-coloured kurta with palazzo trousers and a dupatta, if desired. The soft hues will help you blend nicely with the professional setting. Avoid tight thin jeans, which may irritate your legs over time, and instead choose elasticated trousers or flexible leggings.

Work clothes with loose-fitting tops let you move and work efficiently and give you a sense of freedom. Pick long and flowy tops made from fabric that is both very smooth and silky and has an excellent drape, for maximum ease and relaxation. In hot weather, these garments reduce perspiration, protecting your clothing from embarrassing sweat stains. It is even better when you combine loose-fitting tops with elastic-waisted bottoms.

Having said all of that, we hope that this information assists you in creating a work wardrobe that appears professional but is also very comfortable with the goal that you feel wonderful during the day!

By Samayla Mahjabin Koishy

Photo Courtesy: Tahoor

Wardrobe: Tahoor by Hanium Maria Chowdhury

