

#PERSPECTIVE

What washing dishes teaches you

Ever thought there would be life lessons from washing dishes? From the grime and soap there could be little bubbles of wisdom that could shape your life. Well, that is what this article will hope to demonstrate. How a menial mindless task can be so intricate and what are the golden nuggets of sagacity that hide amongst the kitchen sink? If anything, this should help to motivate and prepare you to tackle that mountain of dishes like a pro with



pans. Life lesson to take from here is: When problems are mounting up and you are stressed out, deal with the small problems first then come to the bigger ones that will take longer to solve.

Taking matters into your own hands

Washing dishes teaches a great deal about responsibility and accountability. When you finish washing that pile of dishes and set everything down, you will get a sense of ownership and fulfilment. No one will clean up your dishes but you yourself and the same goes for life. Being responsible about your life decisions and accountable for them will build strong character and discipline that will help you in life immensely.

Time conquers the toughest problems

Sometimes when you are doing the dishes, there is always one utensil that is so difficult to clean that it takes a literal physical strain on you. No matter how much elbow grease you put behind cleaning, it just stays there. The best thing to do ironically is to leave it for some time under some warm water so it breaks down, therefore, making it easier to clean. The same principle works in life. Take a step back when faced with unsolvable tasks. Oftentimes, time will solve the problem for you.

By Abdul Warith Khan
Photo: Collected

Lemon Bright Liquid Dish Wash of Quazi Enterprises Ltd.

Patience is key

Washing dishes can be stupendously boring. It's really such a thing that you do not actively think while doing it, you just do. But over time, it instills in you the power to persevere. The lesson to take from here is that great things take time and effort to achieve in life. The simple chore of dishwashing reminds you to be steadfast on your journey in the face of countless obstacles pushing beyond your limit even when the road seems endless. The rewards are worth it, in the kitchen and beyond.

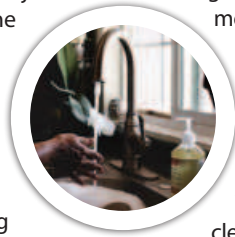
Attention to detail

Dishwashing demands paying attention to a lot of small details. You can just loosely

rinse everything and leave them be as it is. You need to focus on every glass, plate, and utensil that you are washing and be meticulous while cleaning them. This behaviour lets you appreciate the little things in life. The same attention to detail method can be applied at work or during a project or just for personal growth. As you wash away the grime, you notice the beauty that shines beneath the surface.

Divide and conquer

Whenever there are dishes to clean, it is a jumble of mixed-sized objects sitting in the sink. Both large and small, laying there mocking you. The pressure can build up quite fast. Take a deep breath and separate the dishes according to ease of cleanliness. Start with spoons and forks then clean your way into large pots and





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