

# Your guide to food, fashion, and more!

Ramadan is special for many reasons. It is of course about rejuvenating and boosting your spiritual side. Additionally, it is a month that presents us with opportunities to bond with

our family and friends, shop for new additions to the wardrobe, relish delightful food, etc. We made this edition of Star Lifestyle keeping all these in mind. This special

volume puts the spotlight on some of the facets of the month that keeps us busy, from fashion, food, to health. Flip through the pages to explore the most happening trends and effective

guides, be it our playbooks on what to wear and how to style your wardrobe, easy-to-make recipes for iftar, or the health benefits associated with fasting. We wish everyone a happy Ramadan!





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