

#FASHION & BEAUTY

Her footwear for winter

The weather is changing. The dipping temperature demands a change in what we wear, be it clothes or shoes. If you have been wearing sandals and open-toed shoes during the warmer months, now is the time to wear footwear that cover your feet a little more.

Ballet flats

Ballet flats are versatile and can be worn all year round. As it does not get very cold in Bangladesh, ballet flats can be worn in winter, too. These shoes pair up nicely with salwar kameez as well as gowns, denim pants, and skirts. For the winter months, opt for colours like red, brown, blue, and timeless black.

Mules

Mules go with almost anything, both eastern and western. Mules are great shoes for mild winter. You can wear mules to shopping malls, restaurants, as well as work. Because mules are backless shoes, they are also easy to put on and take off. They are also timeless; therefore, it is a good idea to invest in a pair of high-quality leather or suede mules, preferably black, that you can wear year after year.

Slip-on sneakers

The best thing about slip-on sneakers is that they do not look as athletic as traditional sneakers. The slip-on style makes them more versatile, which means that they go with pants, skirts, leggings, and even casual gowns.

Shoes like slip-on sneakers that cover your feet fully are ideal for winter because they not only keep you warm but also prevent dry skin and cracked heels.

One more thing, wear socks with your slip-on sneakers to prevent blisters and smelly feet, especially if you will be wearing them for a long time. Choose no-show socks, as they are literally invisible from the outside.

Open-toe boots

Open-toe boots are another great choice for places like Bangladesh that have mild winters. Open-toe boots are versatile and can be paired up with trousers, leggings, skirts, gowns, and even salwar suits if you choose the right style.

Open-toe boots have medium to high heels; therefore, they are not a favourite among women who enjoy wearing flat shoes!

Loafers

The timeless-effortless loafers can be your go-to shoes this winter. These slip-on, round-toe shoes go with a wide range of clothes. They can be worn both casually and formally. Go for a pair of leather or suede loafers for versatility. Opt for colours like black, brown, or any neutral colour to get more wear out of them.

A good pair of leather loafers will last a very long time; I have a pair that I have been wearing for the past seven years and they still look like new.

Leather vs. Synthetic

When buying footwear, choose leather whenever possible. You have to initially break in leather shoes, but once they are broken in, they adjust or mould to the shape of your feet and become extremely comfortable to wear.

Leather shoes are also more breathable, and more durable than footwear made out of synthetic materials. Leather shoes also age gracefully. In addition, unlike synthetic shoes which have to be thrown away when they show signs of wear and tear, leather footwear can be repaired and

restored.

Although a pair of good leather shoes may cost much more initially, remember that high-quality leather shoes are an investment. So, this winter, if you are looking to buy a pair of shoes, consider leather footwear, which you can wear not just this season but year after year.

Enjoy the winter weather, but do not forget to keep your feet protected! Choose footwear keeping in mind the day's temperature, if you want to keep warm, avoid dry skin, and fend off cracked heels.

By Wara Karim

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