

FROM ‘NO DORAI’ TO ‘TAQDEER’ Turin’s journey as a costume designer

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SHARMIN JOYA

People who work behind the camera often remain unnoticed, yet their efforts are often what makes a project look as perfect as it is visible on the screen. Costume design is essential in bringing a character to life, and yet, the craft is sometimes overlooked by viewers and even critics.

Edila Farid Turin is the young artiste behind your favourite films, including the likes of “Matir Projar Deshe”, “No Dorai”, “Nona Joler Kabbo”, and “Rickshaw Girl”. She was crowned the best costume designer at the Blender’s Choice-The Daily Star OTT & Digital Content Award for her stellar work in Syed Ahmed Shawki’s “Taqdeer”.

“I am grateful for this acknowledgement – it motivates the technicians to keep working harder,” says Turin. “After the National Film Award, this is the first event which acknowledged the technicians who work behind the camera. It is a great achievement for us.”

Since childhood, Turin dreamed of becoming a fashion designer. However, she took a little detour and became a costume designer instead – and the route served her well. “I began working as an assistant director in 2009 with Piplu R Khan’s Applebox,” shares the artiste.

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Turin shares that when she began working, the industry was not as liberal as it is today. It was merely a small space with the same roster of directors. “The scenario in the last few years, and prospects for technicians have significantly improved,” she adds. “Interestingly, the team of ‘Matir Projar Deshe’ scouted me based on the references of other people. I was not sure if I could do it, as I was too young at that time.”

According to her, costume design is a crucial element for a project. “If a character is in the right costume, it makes the audience feel the character. Likewise, the audience will find it difficult to believe in a character that does not



PHOTO: STAR

look the part,” says the artiste, who completed her honours in Media and Journalism from University of Liberal Arts Bangladesh (ULAB). Turin shared that while working in “Taqdeer” they tried multiple outfits for Chanchal Chowdhury to make him look like the character of a freezer van driver. “It was challenging, yet we did it with the utmost perfection,” shared the artiste.

Turin is the founder of Team Oscar Blue, named after her pet cats Oscar and Blue, who are no more with her. “I want to keep them alive in my life, this is why I have named the studio after them,” adds Turin.

The designer wants to focus more on character design in the future, and plans to expand her studio by establishing herself in the industry. As long as more people explore their passion, regardless of it being in front or behind the camera, the pursuit of excellence in costume design will be worth it for Edila Farid Turin.



Comedian Bippro’s ‘The Bhuriman Show’ at Naveed’s Comedy Club

Stand up comedian Bippro is all set to entertain audiences with his one-hour special feature show, “The Bhuriman Show” on September 23 at 8 pm. The event will take place at Naveed’s Comedy Club and will also feature Comedian Sami Doha as the host and opening act for the evening. The event will also mark Bippro’s 30th birthday.

Bippro has been practicing stand-up comedy since 2014, and has performed in a variety of venues over the years. The tickets for “The Bhuriman Show” are priced at BDT 200 and can be purchased from the event page.

‘They called me plastic Chopra’

Bollywood actress Priyanka Chopra has been making headlines for confessing about her nose surgery, that went wrong, in her memoir, “Unfinished”. The actress revealed how her confidence was shattered during the initial stage of her career due to the botched nose job.

In the autobiography, Priyanka revealed the horrifying story behind the surgery. “I was having trouble breathing. I ended up seeing a doctor, who discovered a polyp in my nasal cavity that needed to be surgically removed,” said the actress, adding, “When it was time to remove the bandages and my new nose was revealed, mom and I were horrified. My original nose was gone.”

Priyanka Chopra can be seen in the upcoming films “It’s All Coming Back to Me”, and the series “Citadel”.



ROUNDTABLE



The Daily Star

Mental Health: The Role of Media

LifeSpring and The Daily Star jointly organised a roundtable titled “Mental Health: The Role of Media” on September 12, 2022. Here we publish a summary of the discussion.

Yahia Md Amin, Lead Psychologist and Chairman, LifeSpring & Moderator of the Session

To improve our mental health ecosystem journalists and mental health professionals should work together. We need to make people aware of the importance of mental health. We have to take care of our mental health and help others with mental health problems.

Syed Ashfaque Haque, Executive Editor, The Daily Star

We don’t feel comfortable talking about mental health issues. Mental health is still taboo in our society. We need to change this mindset.

Journalists work under huge stress. The nature of their job poses a risk to their mental health. We talk about the role of the media in the promotion of mental health. But we must also ensure the mental well-being of journalists.



receiving mental health treatment. The current treatment gap for adult is 92.3% and for children is 94.5%. That means, in Bangladesh, 9 out of every 10 people with mental health issues do not receive treatment. Media can play a crucial role in addressing this by promoting mental health and preventing mental disorders. I would request them to take special care when reporting on suicide. It shouldn’t be portrayed as a heroic act.

Dr. Md. Kamal Uddin, Professor & Chairman, Department of Psychology, University of Dhaka

Journalists should be trained on how to best report on mental health and suicide. They should be more careful about reporting on negative issues so that it doesn’t create mental stress for readers.

Prof. Dr. Jhunu Shamsun Nahar, MBBS, FCPS (Psychiatry), Ex-Chairman, Department of Psychiatry, Bangabandhu Sheikh Mujib Medical University

Stigma surrounding mental health is still widely prevalent in our society. Media can play a big role in destigmatising this issue. They should make people aware of the importance of mental well-being and promote mental health. They can also provide information about affordable mental health care and therapy options available in the country.

Naziba Basher, Sub-editor, The Daily Star

As journalists, it is our responsibility to

provide information without triggering our readers, some of whom might be patients of mental disorder. Therefore, each and every word used in a report related to trauma, suicide, and abuse, has to be curated very carefully.

At The Daily Star, for example, we use the phrase ‘die by suicide’ instead of ‘killed himself’ or ‘committed suicide’. If journalists have the awareness that mental illness is like any other medical illness, they will be able to report on this issue more responsibly.

Azim Hossain, General Manager, Channel I Digital

Traditional media houses are now facing steep competition from social media both in terms of capturing audience’s attention and advertising. A responsible media outlet has to maintain certain standards that might be of least concern to a YouTube channel or a Facebook user. The algorithm of social media platforms promotes sensational content that has negative impacts on our mental health. Therefore, there should be a code of ethics for all types of content creators. As individuals, we should discourage production and consumption of sensational content.

Abu Sayeed Khan, Advisory Editor, The Daily Samakal

Bangladeshi media have made good progress in reporting on sensitive issues. Most of the media houses, for example, avoid publishing images of

victims and dead bodies. However, there are also many gaps that should be addressed to make our media industry more accountable and responsible. Journalists should be provided training on how to responsibly report on mental health issues. There should be a monitoring mechanism to promote creation and distribution of good content across different media platforms.

Farzana Akter, Lecturer, Department of Clinical Psychology, Dhaka University

There is a clear media guideline for reporting on suicide safely. Journalists should follow that. They have to ensure that they provide information without triggering or creating stress on the audience. They can also seek opinions from mental health experts for reporting on critical cases.

The media has already played a significant role in promoting mental health in Bangladesh. We need more support from them to destigmatise the issue. They can also help us to take the issue to the grassroots level.

Shafiqul Alam, Bureau Chief, AFP

All the reputed international media have guidelines for ensuring the mental well-being of their employees. They have developed journalists’ guides to cover sensitive stories. They also assess the mental health of their employees on a regular basis. Unfortunately, these facilities are absent in local media houses. We should raise our voices to

bring about improvements.

Dr. Golam Mostofa Milon, Consultant Psychiatrist, LifeSpring

Journalists as first responders cover violent crimes and horrific accidents that pose risks to their mental health. Many of them suffer from depression and post-traumatic stress disorder (PTSD). If we want good journalism, we have to take care of the physical and mental well-being of journalists.

Dr. Abdun Noor Tushar, Physician and Media Personality

When we talk about mental disorders, we don’t address the underlying reasons. In our society, families have set roles for children. All of us aspire to get GPA 5. It creates huge mental stress for our children. This mindset must change.

We need to make people aware of digital well-being. Students should be taught how to use social media. We need to bridge the cultural gap between students and teachers. We need to listen to our young people.

Mst Hasina Khatun, Member, Bangladesh Clinical Psychology Society

In 2017, WHO issued a guideline for safe and responsible reporting on suicide. Journalists should follow that guideline. We should report on suicide in such a way that readers become aware of the causes of suicide and take preventive measures.

Professor Dr. AAMS Arefin Siddique, Former VC, University of Dhaka

Journalists as change agents have a big role in promoting mental health in Bangladesh. They should report responsibly on mental health issues and cover the full spectrum of mental health – from mental illness to mental well-being.

Journalists must uphold the ethics of journalism. New ideas may emerge in the media landscape but the ideals of ethical journalism – truth and objectivity – will remain the same.

The Government of Bangladesh should increase expenditure on mental health care.

RECOMMENDATIONS

- Media should take more initiatives to make people aware of the importance of mental health.
- Follow international guidelines for reporting on mental disorders.
- Formulate in-house guidelines for ensuring mental well-being of journalists.
- Organise workshops and training sessions to sensitise journalists about mental health.
- There should be a strong collaboration between journalists and mental health professionals.
- The Government of Bangladesh should increase expenditure on mental health care.

Dr. Sayedul Ashraf, Lead Psychiatrist and Managing Director, Life Spring & Keynote Presenter

According to the National Mental Health Survey of Bangladesh 2018-19, 21.5 percent of the population is suffering from mental disorders. In Bangladesh, 29 persons die every day from suicide. At Life Spring, we are seeing a rise in patients by 3-5 times following the outbreak of the pandemic. However, Bangladesh Mental Health Survey of 2018-2019 estimated that 92.3 percent of persons with diagnosable mental disorders were not