

Would you put your elderly parents in a retirement home?

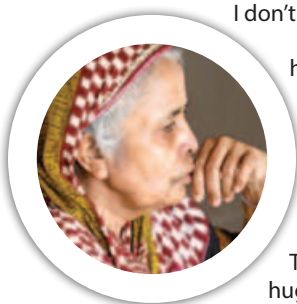
CONTINUED FROM PAGE 08

He adds, "During old age, people often feel very lonely, with their children and grandchildren not being able to give time. However, in an old age home, they benefit from having others of the same age bracket. Friendships form."

Some residents in old age homes have harrowing stories of how they were neglected or abandoned by their families — indeed a sad reality.

And yet, the paradox of whether to place the elderly in retirement homes remains strong.

To exemplify, Faisal Mahamood, a junior manager at a local conglomerate, says that he is willing to pay a good price and get his 70-year old father to a



I don't think so."

Komol, an officer at a bank, says that he has always lived in a joint family and is unwilling to take his elderly parents to an old age home. "My wife and I are working parents. We do not have any good day-care centre nearby and also do not want our son and daughter to be taken care of by domestic helpers.

Therefore, their grandparents are a huge help. Although above the age of 60, they are relatively healthy, and take care of their grandchildren in our absence. This is a huge contribution to the family. But I wonder that if we all settle abroad -- which we are planning to do -- what will be the fate of the elderly in our family?"

Dilruba Kabir of Shailan Probeen Nibash says that



retirement home, but the uneasiness that surrounds this topic makes it difficult to even bring up the subject. "My wife and I are often not home. I feel guilty that my father has to spend most of his time alone," he says. "Old age home seems to be a good option to me, and I would myself ask my children to move me into one when I retire. But, as for the previous generation — my father in my case — I can't possibly put him into such a place because it would deeply hurt his feelings."

On the other hand, Shaheda



Nayem, a homemaker, feels negatively about the notion of old age homes. With the help of a part-time nurse, the 42-year old takes care of her mother and her mother-in-law, both in their 70s. "We always look up to the 'west' and say how families in those countries don't mind putting the elderly to old age homes. However, are the elderly really happy there?



it is going to take a long time before the idea of old age homes becomes normalised in our society. "We must get rid of the negative notions that comes with old age homes and learn to accept the benefits they provide," she commented.

Khatib Abdul Zahid Mukul of Old Rehabilitation Center believes that a lot of old age homes will spring up in the future.

Indeed, factors like increased life expectancy and move towards nuclear family structure, point to that. In this day and age, the necessity of old age homes cannot be ignored. But the stigma, it seems, shall continue much into the future...

By **M H Haider**

Photo: Prabir Das

Location: Old Rehabilitation Center

#PRESS RELEASES

Unwind yourself at Chit Chat of Radisson Blu Dhaka Water Garden!



Adjacent to the beautiful swimming pool of Radisson Blu Dhaka Water Garden, Chit Chat is an amazing place to pop in with friends and families to enjoy. While roaming around the hotel's pool, guests can indulge themselves with a refreshing ice tea or different flavours of milkshake accompanied by delicious snacks like freshly baked breads and pastries, fresh salads, sandwiches and a wide selection of cakes to explore along with soft music.

To get in the mood for some freshness, a Greek Fresh Salad (Tk 890++) or a Flavoured Chicken Cashew Nut Salad (Tk 1250++) will give you a boost of energy with exuberance in any part of the day.

If you are looking for a light brunch, then you can try out the Grilled Vegetable and Cheese Sandwich (Tk 790++) or add some twists to your brunch menu with Lavish Fish and Chips (Tk 1450++) and Mushroom Cream Soup (Tk 750++).

Nothing can beat the feeling of having a delectable, satisfying lunch. The Chicken Paratha Roll (Tk 650++), served with French Fries, and one succulent Australian Beef Burger (Tk 1650++), containing melted cheddar cheesy goodness to go if you are having a friend with you.

If you cannot think of a meal without a dessert served at the end, then you might want to pamper yourself with a Chocolate Sludge (Tk 345++) or a Pistachio Opera Slice (Tk 345++) for the sake of your sweet tooth and a nice Instagram-worthy shot. Besides the scrumptious croissants and luscious flaky pastries, the cakes here also have the heart of most customers.

The seating arrangement inside and also by the swimming pool area ensures a relaxing set up suitable for any evening gathering with friends and family as well as for a sudden lunch meeting with a colleague.

The deli café opens its door for its customers at 10AM in the morning and remains open until 11PM.

All prices are subjected to 12.5 per cent service charge and 15 per cent VAT.

