

The spirit of Ramadan, and preparing for a blessed Eid

It is already half-way through Ramadan and our bodies have adjusted to the rigours of fasting and overall abstinence that is the very essence of the holy month. Our souls have attuned to the spirit of Ramadan that encourages us to be social, and devout in our religious

acts. Thus, we find people sharing a modest meal with complete strangers at the mosque on a mundane weekday, or an elaborate menu at grand family banquet on weekends. People diligently gather to perform taraweeh, in an effort to make their lives more aligned with

the spiritual.

Sharing gifts ahead of Eid is also one of the most cherished traditions. Engaging in the last minute shopping frenzy for getting gifts for our loved ones is also a special feeling of Ramadan.

This week, Star Lifestyle presents

myriad topics that touches our lives in this holy month. We hope our effort to make your lives a little easier for the rest of the month and ahead of Eid, is successful.

LS Desk



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