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Musings *for* MODERN young men

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PHOTO: SHAHREAR KABIR HEEMEL
MODEL: AZIM UDDULA
WARDROBE: TWELVE



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Durum:



Turkish Street Food in Dhaka

Street food had always been popular all over the world. Maybe it's because they are always ready to eat and within reach, or maybe it's the flavourful punches on the tastebuds. Whatever the reason, trying out new street food is always fun and if you are looking for a new taste, Durum could be the next stop for you.

What is Durum

Durum is a street food joint that serves Turkish street food. The name of this establishment, Durum, is inspired by dürüm which is a Turkish wrap that is filled with döner kebab. Döner is basically a Turkish kebab made on a vertical rotisserie, much like shawarma. Durum brings that Turkish taste to you and offers it in a local theme.

The menu and taste

As a street food joint, Durum serves a limited number of options, mostly Döner. There are seven different kinds of döner wraps for you to choose from. From the traditional Classic Döner to the more popular Peri Peri Döner which plays with sour and savoury tastes in your mouth. Or the Naga Döner for people who prefer a spicy punch and a number of other choices. If you want something other than a wrap, you could choose their signature 'Döner Meat Box' or the 'Döner Salad.'

"Döner is a street food and we want to keep that street food tradition going. So instead of going for heavy dishes, our only focus is döner based street food with a local theme," said Muhammad Abrar, CEO and Founder of Durum.

The ingredients

Currently, Durum only serves chicken döner but there is a plan to serve marine fish döner in the next few months. "Traditionally Döner is made from lamb meat but our local consumers aren't overly excited about lambs so we are going with chicken for now but more options will be added soon," said Muhammad Abrar, adding that beef döner is also a possibility for the menu.

Durum makes the bread needed for the wraps in-house. Both pita and tortilla bread are used for the wraps and as a result, the wraps are deliciously easy to eat. The portion of the kebab and greens in the wraps are proportionate along with salads which makes it a healthier choice for a street food.

Where can you find Durum?

Presently there are three branches of Durum in Dhaka. The first one is in Banani, Skylark Mark, which started in 2020. Two new branches were opened in March 2022. One is in Khilgaon and the other is in Dhanmondi, Satmasjid Road. Durum hopes to open six more branches across Dhaka in the next year.

Remember that Durum is a street food corner so there is no chair-table set up. Instead, they urge you to opt for takeaways. Durum offers a very interesting and eye-catching takeaway package with black and yellow combination that is uniquely different from others.

One can order from Durum through Foodpanda, Hungrynaki, Pathao Food and even directly from their Facebook page. For more information, or to order, visit their Facebook page at: <https://www.facebook.com/DurumBangladesh>

By Ashif Ahmed Rudro
Photo: Durum

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ঐতিহ্যের আর এক তাম্র আধুনিকতা
ঠিক যেমন রূপচর্চায় আভিজাত্য মানেই

অ্যান্ডালিনা

সোপ

রূপচর্চায় আভিজাত্য...

Old-school men's style tips that are back in fashion

There has been a preconceived notion, as old as time itself, that you can only look a certain way at a certain place. That led to people, even to this day, search for an opportunity to 'look good.' And in many instances, the 'opportunity' has almost always been a party or someone's wedding.

You can break the norm by simply dressing up to look good and in the process, feel happy. You can incorporate a good dressing sense into your daily life and various occasions with the help of your updated wardrobe. Why? Because you will look situationally good and it will boost your self-esteem.

Still, knowing what is appropriate can leave few clueless. For this, we will go old-school; styles that have made a full revolution and are now back in the limelight. Having said that, some of you might find it difficult to know what was old-school.

With that in mind, here are some refreshers to get you back up to speed.

Commuter Casuals

You do not need to go back to the drawing board for this one. All you need are basic solid T-shirts, jeans, flannel shirts and a pair of converse or sneakers. Trust us! These are all you need to look good!

You can class it up by wearing good old khaki-coloured pants and a solid white T-shirt and white sneakers. A bit old-school, but you can ride this outfit with a cool breeze attitude.

Tips: Try to take inspiration from your favourite '90s and early 2000s sitcoms. Always a great place to start!

Night Out Garbs

This is where you get to dress up, but only a little. It is often the perfect time to wear one of your nice loafers with a nicer summer jacket. Nothing too loud or shiny. The idea is being subtle, not to audition for a Bollywood wedding song.

You can put together dark denim with a relaxed fit top in which you can move around more freely. You need to be comfortable in your ensemble to look sharp and effortless.

Tips: Avoid wearing tight-fit pants. Your lower body also needs to breathe! Slim fit is the way to go!

Business as Usual

Wearing the right fit blazer during your business hours will always be to your advantage. While tapping away on your keyboard in your cubicle, you should dress as someone might for a client-facing job. There are plenty of variations within this category. This generally means a suit or a blazer, and khaki or navy-blue bottoms.

You can experiment with a button-down shirt with a sports blazer and khakis. This will not only exude confidence in your workplace, but also a playful attitude.

Tips: Please do not wear sneakers. It does not make you look edgy. You are not a teenager anymore. Chelsea boots are the way to go!

Tuxedo Nights

This is where you bring you're A-game. You should go the extra mile than you usually do every day. We are talking about double monk dress shoes, automatic dress watches, bespoke full canvas suits and last but not least, a good cologne. These are investments you will need to make sooner or later. For suits, when in doubt, wear black.

Tips: Your tailor will play a huge role in this attire. Do not spare any small change and get the right fit and right measurements. You will not regret it.

By K Tanzeel Zaman

Photo: LS Archive/Sazzad Ibne Sayed/Zurhem



What are the next big grooming trends for men?

When the pandemic happened, a lot of things took a back seat, including grooming. This is why trend that time was all 'quarantine' beards and long hairstyles. Now that everything is returning to normal, everyone is thinking about the next big grooming trend. Believe it or not, you yourself can spend just 15-20 minutes with little effort to look sharp as a nail! And so, here are the big grooming trends for men in 2022—



Hairstyles

Thanks to the pandemic, salons started to go on indefinite hiatus leading to long hairstyles trending on social media for the first few months of the lockdown. From our most favourite celebrities to our least favourite cousins, we all had the chance to experiment a long hairdo. It made such a huge comeback that long hair is trending yet again this year. The Shaggy look, thick wavy layers, loose curls or long hairstyles are a much-loved grooming trend.

Pro tip: To make it look sleek and natural, use matt clay pomade to give your hair a natural no-shine look!

Scalp Health

If you want to have those luscious locks flowing on your head, then scalp health is paramount. If research is done properly on your scalp type and what regimen you should follow, it will only benefit you in the coming years. An individual with a healthy scalp is less likely to face hair loss and can also grow stronger and lustrous hair. (even if you weren't prone to loss).

Pro tip: This is for all scalp types: try to wash your head with starch water and tea water at least 3 times a week to see noticeable changes!



Skin Care

Men started to take care of their skin more seriously during the pandemic. Fast forward two years, special routines for men's skincare is still trending on various platforms. Just two minutes of daily skincare routine can prevent dark circles, wrinkles, spots and signs of fatigue and stress on the skin.

Pro tip: Try using clay masks or grated potatoes and cumpers on your face for 15 minutes for fresh, healthy and glowing skin!

Beards

The trend has made a noticeable shift from growing full beards to maintaining a stubble. This is probably because people are going back to their workplace. Plus, even if you are working from home, a stubble is just easier to maintain!

Pro tip: Invest in a good trimmer that is waterproof, with good battery life, from a renowned and reliable brand. It will come in handy on more than one occasion!

Manscaping

Yes, we ARE going to talk about it. For those who do not know, manscaping means maintaining or removing body hair from neck to toe. You can actually go about your day more comfortably with specialised diverse tools and products such as razors, soothing creams and deodorants. If maintained and groomed properly, you can reduce the risk of chafing. Not only does it promote good personal hygiene, it also makes your life easier.

Pro tip: Talcum powder is a godsend! If you use it right, you can't live without it!

By K Tanzeel Zaman

Photo: LS Archive/Sazzad Ibne Sayed

#FASHION & BEAUTY

Haircare Routine



It is called one's crowning glory, literally the top of our heads, and is often a source of personal pride or concern. Some let it grow into flowing locks, others into a fluffy Afro, and yet others like it neatly shorn into a sharp buzz cut.

Latest trends have seen the revival of classics like slicked side swept locks, the way early 19th century poets are often featured in, as well as modern hipsters with their thick back-brushed hair and neatly set beards, or the rugged woke-up-like-this version of charmingly messy...

The lockdown saw many men experimenting with their hair, taking advantage of the minimal contact with other people, and we saw many people sporting unruly locks right after normalisation processes started. Now that a lot of normalcy is back into our lives, it is time we get groomed and find the right hairstyles for a fresh new look for a fresh new restart of our old lives, of course minus a few things.

Photo: Sazzad Ibne Sayed
Model: Rabbi
Hair: Sumon Rahat
Styling: Sonia Yeasmin Isha



One undeniable fact about fashion trends is that they keep coming back at differing intervals. This is especially true when it comes to hairdos. If you notice it carefully, neo-hipsters follow the same hair regimen or styles inspired by idols. The haircuts mentioned below have resurfaced in the past. Famous models, footballers, movie and rock stars brought them back from the passing decades with their own spin on it. Not only did they start a wave of frenzy among their fans but it also immortalised their signature look throughout the world.

Trendy haircuts YOU MUST TRY IN 2022!



THE RUDOLPH OR THE VALENTINO

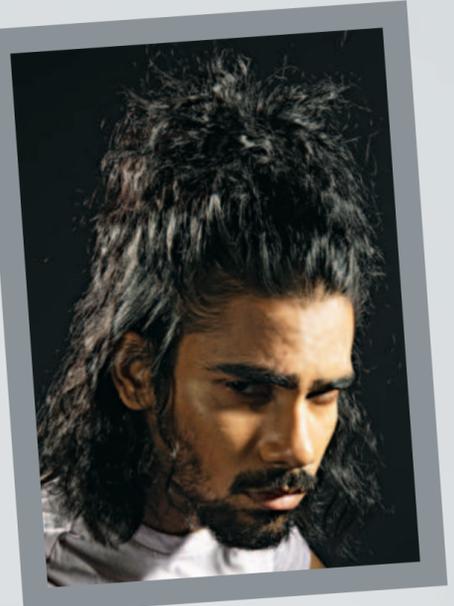
This chic haircut originated in the 1920s. It was made very popular by the Italian-American actor and fashion icon Rudolph Valentino, hence the haircut name. He wore his hair back, tightly combed with ultra-glossy pomade with a perfect side parting.

A modern take on this hairstyle is a fade on the sides and the back with a middle parting that will make you look polished. It might be the right cut for you if you have strong features. This hairstyle can go perfectly with a dinner suit, making it the look of a gentleman!

THE RUGGED SWEPT BACK

This hairstyle is empowering a new kind of attitude into men's hair while still acquiring traction on social platforms. It is best suited for men who want a low-maintenance hairdo with a good hairline and thick medium-length hair.

This hairdo highlights waves of curled hair swept back off the face and neck. It gives you a classic rugged and relaxed demeanour. If you have a bit of naturally wavy hair, then this haircut will look great on you! However, if you don't have wavy hair, using a sea salt spray or texturiser will help you create this look.



BUZZ CUT

To many peoples' surprise, Buzzcut made a comeback this year, with many small changes. You can rock a shorter top with fades on the sides and the back. The buzz fade can be made spicier with geometric lines on the sides.

This is a minimal effort haircut for peeps who have thinning hair or are going bald. It can be a great choice without any fuss of comb-overs. A little bit of stubble bear can be a nice complement to your buzzcut, creating balance on your head and your face!

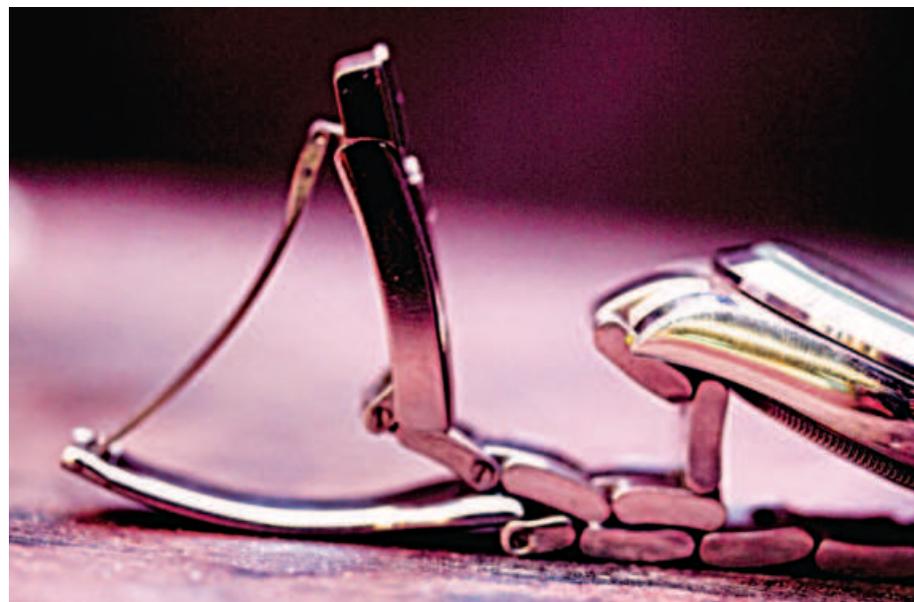
SIDE-SWEPT

K-pop and K-dramas have been a rave worldwide, making Korean stars international phenomena. Naturally, their outlook will be followed religiously by their fans. K-stars particularly have an affinity towards this hairstyle due to its easy maintenance. If you are a man who goes back and forth between short and medium lengths of hair, then this will be a hot new haircut for you! Truth be told, this is a two-block haircut 2.0 with longer hair on top and short hair on the sides and back.

UNDERCUT WITH A TWIST

If you are a fan of an undercut, then this hairdo is for you! Professionals dubbed it as a fusion of a timeless cut with a modern approach. You can wear this hairstyle with shaved sides and medium to short-length hair in the centre. If you want to take it up a notch, you can keep the top chic by leaving it natural with platinum blond highlighted edges!

By K Tanzeel Zaman
Photo: Sazzad Ibne Sayed
Model: Rabbi, Amit, Nihab
Hair: Sumon Rahat
Styling: Sonia Yeasmin Isha



#GUIDES

Tips and tricks to buying the best watches

Watches tell time. A simple function, but over time, watches have been transformed into important accessories that are comprised of tiny, intricate parts and can do a lot more than just “tell the time.” These extra features of a watch are known as watch complications.

There is a tremendous number of watch complications available on the market. And despite their complexity, not all watch complications are equally practical. Some complications are must-haves and some are just ornamental (like the tourbillon).

Complications are not just neat features on expensive watches. They are symbols of the highest quality engineering and skilful craftsmanship. The beauty and complexity

of each of these complications is what makes them such prized possessions. So, it doesn't matter if you are a regular Joe on the street or a Formula One driver looking to beat a world record, there is a watch complication out there for you.

FOR THE GLOBETROTTER

The **GMT or Greenwich Mean Time complication** tells you the exact time at the Royal Observatory in Greenwich, London.

portion of the moon is currently illuminated as observed from Earth.

However, if you want know more than just the moon phase, then the **Planetarium** was tailor made for you. Its sole function is to show you the exact position of every planet in our solar system. And it does this all in real time.

FOR THE SPEED DEMON

A complication that can be found on



Below you can discover exactly which complications were tailor-made for you.

FOR THE EVERYMAN

Alarms are a must-have for anyone trying to make it in the 21st century. Most people are used to setting alarms on their phones, but an alarm on your wristwatch is the more elegant option. It's also not as loud and abrasive so it does work better as a gentle reminder to finish a task.

Another must-have watch complication is the **Date Display**. It's easily the most popular watch complication. Even the less complicated non-mechanical watches come with a date display.

So, it is certainly a handy feature for people who want to figure out the time at different places around the world.

But let's say you want something even more convenient. Well, look no further than the **World Timer**. It's a small dial that actually displays the time zones of 24 major cities around the world. The person just has to adjust the bezel to their preferred city and hour hands will automatically move to correct positions. Being able to accurately and conveniently tell time in 24 different time zones is definitely an attractive feature for any frequent traveller.

FOR THE STAR GAZER

If you are fascinated with stars and planets, the next complications were made just for you. A **Moon Phase** complication is a highly sought-after feature in the watch collector community. Its purpose is to show which

both luxury and lower-end watches is the **Chronometer**. The chronometer is essentially a stopwatch and is a requirement for any motorsport or diving watch. It is one of the most beloved complications, being in iconic models like the Omega Seamaster, the TAG Heur Carrera and the Breitling Navitimer.

A **Tachymeter** is another complication perfect for use in athletic events. Unlike the stopwatch which just counts elapsed time, the tachymeter can actually calculate elapsed over a fixed distance i.e., it can calculate speed. Granted this is only possible for a distance up to one full kilometre. But it is still a stylish addition to any racing watch.

By Fahim Ahmed Aurko

Photo: LS Archive/Sazzad Ibne Sayed



THE MILLENNIAL COOK
FARIHA AMBER



Lemon recipes to try at home for Ramadan

Juicy, zesty, and tart, lemons are not only delicious but also contain a multitude of health benefits. Lemons have an abundance of vitamin C that may support heart health, weight control, and digestive health. Consuming lemons during iftar also keeps us hydrated, and improves skin quality. Here are recipes that are replete with the freshness of lemons with a burst of zesty flavours in every bite!

LEMON BLUEBERRY CHEESECAKE

This dessert combines the creaminess of a cheesecake with the freshness of lemon along with juicy bursts of blueberry — the perfect triad of deliciousness!

Ingredients

For the biscuit base –

- 12-14 biscuits
- 50g molten butter

For the cheesecake –

- 400g cream cheese
- 150g blueberries
- ¼ cup sugar

- 3 tbsp flour
- 1 tsp vanilla essence
- 3 eggs
- 1/3 cup lemon juice

Method

Crush the biscuits into fine crumbs and add in molten butter to attain a sandy texture. Press the crust onto a lined baking dish forming a compact biscuit base.

Beat the cream cheese and sugar until smooth.

Add in eggs and vanilla essence and mix. Lastly, pour in lemon juice and coat the blueberries in flour. Once fully combined, fold in the blueberries and pour the mixture over the prepared biscuit base. Let this bake in a preheated oven at 140°C for 50 minutes until fully baked.

LEMON BARS

This crumbly, melt-in-your-mouth dessert



bar is highly addictive, made with a layer of fine biscuit crumb and smooth, silky lemon filling.

Ingredients

For the crust –

- 70g softened butter

- 1 cup flour
- ¼ cup caster sugar

For the filling –

- 4 eggs
- ½ cup sugar
- 3 tbsp flour
- 1 tbsp lemon zest
- ½ cup lemon juice

Method

To prepare the crust, mix the flour and sugar and then rub them into the cold butter using your fingertips. The finished product should look like a loose, flaky dough. Pat the mixture onto a lined baking dish to make a compact layer. Poke holes with a fork onto it and let it bake in a preheated oven at 170°C for 20 minutes.

Meanwhile, prepare the filling, starting by cracking the eggs. Then add in sugar, flour, lemon juice and zest, and mix them together to combine. Pour this

homogenous mixture onto the prepared crust and allow it to bake in the oven for another 20 minutes at the same setting.

Once fully cooked, let it cool at room temperature and then chill it completely in the refrigerator for a few hours before serving.

LEMONIES

These are lighter and fruity versions of fudgy and decadent brownies, made with lemons to give that dense yet fresh flavour.

Ingredients

- 3 eggs
- 2/3 cup sugar
- 1 tbsp lemon zest
- 60g butter
- 60g ghee
- 120g white chocolate
- 1 cup flour
- 1 tsp baking powder
- 4 tbsp lemon juice
- 1 tsp lemon essence

Method

Beat the eggs and sugar until thick for a couple of minutes. In a double boiler, melt the butter and ghee along with white chocolate and melt it completely. Slightly cool this and add it to the egg mixture and whisk vigorously to combine.

After that, sift in flour and baking powder and mix. Add lemon juice, lemon zest, and lemon essence and mix them all together to form a homogenous mixture. Pour the batter into a lined baking dish and let it bake in the oven at 160°C for 20 minutes. Let it cool at room temperature before slicing.

By Fariha Amber

Food and Photo: Fariha Amber

Trending accessories for men in 2022

Clothes are no longer the only important aspect of an outfit of the day for any fashion conscious individual, and men are not short of choices. Accessories can help men change up their look quite frequently, to match the day and mood, of course. A near-perfect outfit can reach perfection with the correct accessory, like a watch, sunglasses, leather strap bracelets, a chain etc.

Under the Bangladeshi sun, the most commonly used accessory, as well as the most practical perhaps, are sunglasses. The only reason you could refrain from wearing one is if it were the wrong shape for your face. Retro styles are now back in action, and anything your father wore in his prime is a great option for you to stay right on trend now too.

Look for sunglasses with a bit of flair and colour in them. Frames with intriguing shapes and patterns, along with fluorescent or pastel coloured lenses are especially popular this year. To capture the spirit of the '70s, look for a pair with a tortoise frame and colours like greens, golds, or browns. And please do not wear it indoors! Please?

Once that department is sorted, extend your interest around the neck area. With each passing year, men's chains are becoming more in demand. Despite its simplicity, a chain necklace comes in many shapes and sizes. If you are going for a subtle look, then a shorter and thinner one is for your style. But when it comes to flashy bling volume, the thicker and longer is the one for you!

As a personal favourite, I highly recommend the timeless stainless steel chains. Not only is it durable, but stainless steel also doesn't corrode or fade in colour over the years. If that is not enough, no maintenance is required, compared to its gold and silver counterparts. Whether you are just getting into chains or you have been wearing them for years, stainless steel, in my opinion, is the best possible option you can choose that lasts for years.

When it comes to "carrying" your look, fanny packs have evolved into an object of functionality and fashion. Fanny packs have been the answer for men, especially fathers in airports when it comes to functionality during travel. However, there have been more than one occasion where fanny packs have been victimised as the butt of many jokes. Then, millennials entered the scene, and changed the entire perception of fanny packs. From colours to sizes, fanny packs have become "THE" accessory to get throughout the season. You can make multiple uses out of it during travelling, commuting or just wear it

for the sake of wearing it!

Now we can move on to the most prominent and versatile region for accessorising—the wrist. The mantra, "less is more" is paramount when it comes to bracelets. Tiger eyes beads, tanned leather thin strap with gold or silver contrast or just plain old volcanic stone beads can step up your casual look. This inexpensive accessory is the perfect way to create your fashion statement.

Besides the bracelets, one of the most important accessories a man can



have is a good wristwatch. Throughout history, it has been the sole accessory men have worn with pride. Do not limit yourself from investing in a good and reliable timepiece that can become an extension of your persona. From a digital face to analogue, or even a hybrid can step up your game! For example, the budget-friendly Timex Weekender is a subtle watch that can exude character no matter the occasion.

Moreover, recent freedom to express personal statements means now you do not need to be afraid of experimenting with various looks and accessories.

By K Tanzeel Zaman
Photo: Shahrear Kabir Heemel
Model: Azim Uddula
Wardrobe: Twelve



#PRESS RELEASES

Zarif Rashid: From professional Muay Thai fighter in Thailand to a trainer in Bangladesh

Zarif Rashid, a Bangladeshi at a loss of fluency during the primary phases of the COVID-19 pandemic, decided to completely change his life for the better with Muay Thai, one of the most authentic forms of combat in the world. While Bangladesh had other forms of combat sporting clubs of MMA, boxing, and kickboxing, a full-fledged and reliable Muay Thai gym was nowhere to be found.

This was not something that could stop Zarif. He traveled all the way to Thailand, the home of Muay Thai, and rented a house on the hill tracks to learn this art. Thankfully, he got to meet Ekalak Jhomthong a.k.a Noom, a famous professional Muay Thai fighter by chance and trained with him for a period of time.

The intricate and strict training provided by Noom taught Zarif the basics of Muay Thai. He later saw this as a massive opportunity for combat sports in Bangladesh and brought Noom along with him to Bangladesh as the head trainer for his new Muay Thai club named XARX club.

Muay Thai is not just a sport, it is a discipline and it can even be a complete lifestyle. It can build one's character and help incorporate

discipline into one's life, helping to intensify the level of self-control one has on one's own self.

Another aspect of Muay Thai is its ability to teach a person all about self-defense. In contrast to other forms of combat sport, Muay Thai provides an all-around and realistic approach to fighting and this can help a person be more confident and feel safe.

Especially for women in Bangladesh, Muay Thai can be a great tool to have in your arsenal when walking around the streets. One of the core ambitions behind the establishment of XARX club is to help women feel more safe and confident during their day-to-day activities.

By Tahmeed Ferdous Khan
Photo: XARX Club

Essentials:
Sessions: 3 classes per week, 2 hours per session, 12 classes per month
Expenses: Hourly fee (Personal training) – BDT 2,500
Monthly fee – BDT 10,000
Quarterly fee – BDT 25,000 (BDT 50,000 for 6 classes per week)
Yearly fee – BDT 90,000
Location: Apt 4/D, House – 22 (Ivy's Legacy), Road 108, Gulshan 2, Dhaka 1213.

Ramadan 2022 at InterContinental Dhaka

Ramadan is approaching, it's time to start planning your Iftar and Suhoor for this year's auspicious celebration.

The iconic InterContinental Dhaka will mark the beginning of Ramadan with a Middle Eastern & Mediterranean style buffet for breaking the fast. A luxurious and lavish Iftar buffet curated by the in-house culinary team promises a diverse and flavorful menu at Elements and Aqua Deck. Visit during the month of Ramadan for extravagant Iftar cum Dinner offers.

Amongst the selection will be dishes such as Lamb tagine, Arabic mixed grill, Dajaj mashwi, Chicken joojeh kabab, Seafood skewer and Chicken tangri

kabab. Alongside these servings will be cold mezzeh favorites such as the hummus, Baba Ganoush, Moutabel as well as chickpea chaats and more. In addition to Arabic fest there is Koobideh kebab, Adana kebab too. There are also a wide variety of global specialties, such as grilled lobster and lamb souvlaki. The dessert station will feature items like Baklava, Basbousa, Mahalabia, Kunafa and Umm Ali, to just name a few. The traditional spread of iftar, dates &



juice corner will also be there.

Iftar cum Dinner will be available daily from sunset along with vast array of foods at Elements for Tk 6500net per person.

The Aqua Deck is offering Buffet Iftar & Dinner for Tk 5000. Both venues are offering BOGO on buffet with select bank cards.

InterContinental Dhaka will also host offering Suhoor delights from

01:00AM till Fajr every Thursday and Friday for Tk 4500 at Elements.

Amber Room is offering special Iftar cum

Dinner of 4 different types of high-end set menus. These offers are available upon pre-booking only. If you would like to dine-in at a calm environment with personalized service then Amber room is the perfect place for you.

During the month, Café Social is offering three different types of takeaway iftar boxes for a family of 2 to 6 people ranging from Tk 4,000net – 9,000net.

Throughout the month of Ramadan, BOGO will be applicable for selected bank cards for Elements, Aqua Deck & Café Social.

For reservations contact at +8802-55663030.

HOROSCOPE



ARIES
(MAR. 21-APR. 20)

Romantic ventures are promising this week. Trips will be favourable. Talk to someone experienced about your present situation. Your lucky day this week will be Wednesday.



TAURUS
(APR. 21-MAY 21)

Expand your knowledge through conversations. Don't spend too much on entertainment. Formulate your course of action. Your lucky day this week will be Thursday.



GEMINI
(MAY 22-JUN. 21)

Help others with their financial problems. Travel will help alleviate your stress. Be prepared for some trouble. Your lucky day this week will be Monday.



CANCER
(JUN. 22-JUL. 22)

Put in some overtime at work. Travel for business will have positive outcomes. Refuse to get involved in gossip. Your lucky day this week will be Sunday.



LEO
(JUL. 23-AUG. 22)

Investments are best left alone this week. Don't let co-workers get wind of your ideas. Creative pursuits should payoff. Your lucky day this week will be Saturday.



VIRGO
(AUG. 23-SEP. 23)

Spend time with your partner. Clear up any pending work. Don't spend more than necessary on travel. Your lucky day this week will be Saturday.



LIBRA
(SEP. 24-OCT. 23)

You will attract new love interests. Deal with sticky situations rationally. Have all the facts before you take action. Your lucky day this week will be Saturday.



SCORPIO
(OCT. 24-NOV. 21)

Don't divulge your secrets. Get involved in a moneymaking venture. Going to work trips will work to your advantage. Your lucky day this week will be Friday.



SAGITTARIUS
(NOV. 22-DEC. 21)

Don't upset your routine. Consider moving into a leadership position. You may reconnect with old friends. Your lucky day this week will be Friday.



CAPRICORN
(DEC. 22-JAN. 20)

Make plans to travel. Things at home may be frosty. Spending on yourself is okay. Your lucky day this week will be Wednesday.



AQUARIUS
(JAN. 21-FEB. 19)

Don't be persistent with your aid. Find an outlet for your curiosity. Don't make promises you can't keep. Your lucky day this week will be Sunday.



PISCES
(FEB. 20-MAR. 20)

Keep an open mind. Hobbies will be good for your emotional wellbeing. Your partner will be less than accommodating. Your lucky day this week will be Wednesday.

এখন
ফাস্ট ওয়াশ
ডিটারজেন্ট পাউডার
১ কেজির সাথে

১ টি

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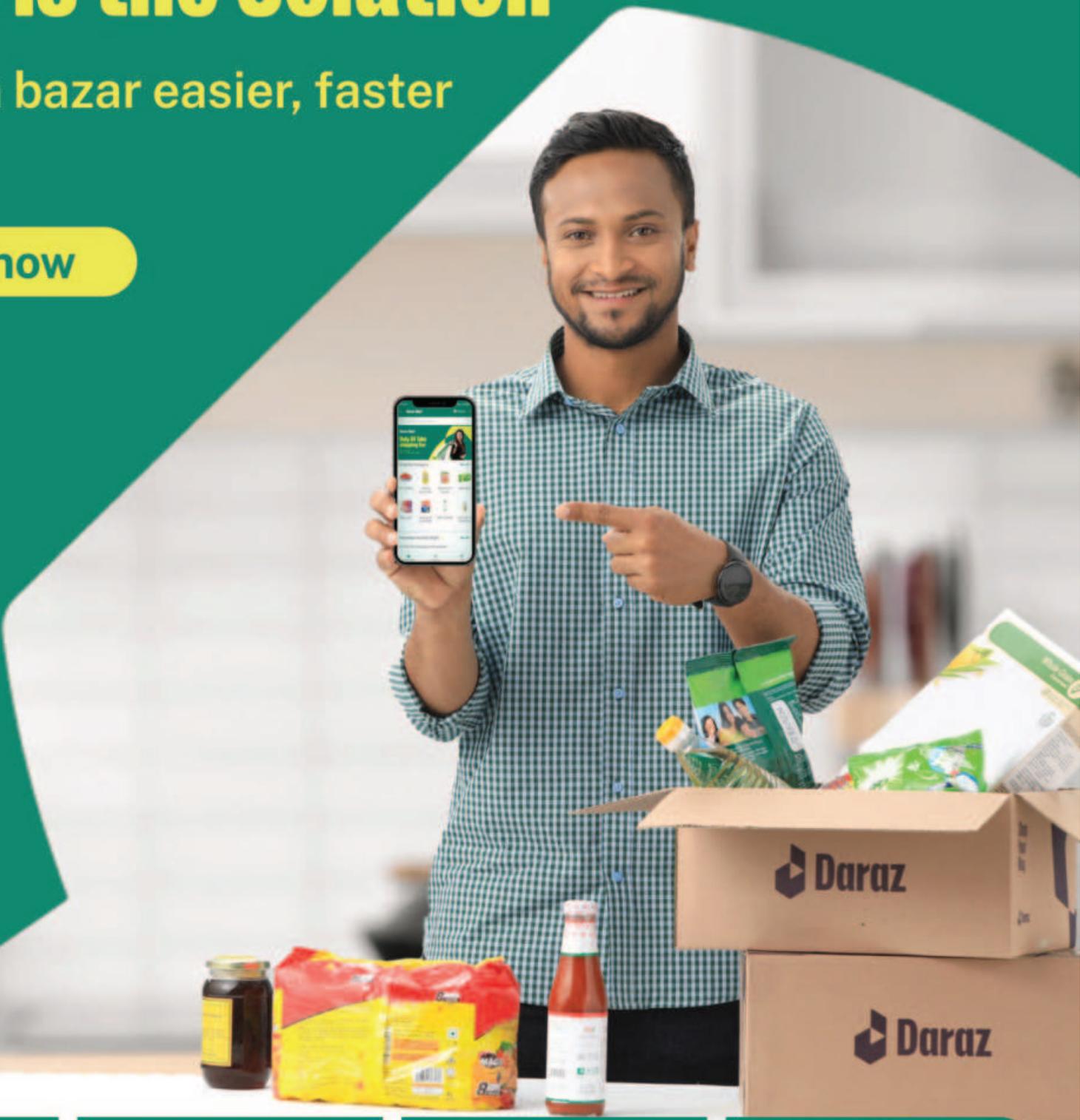
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