

‘Classical Night’ — merging meditation and music at Satori Meditations

Music and meditation are two aspects which when put together create an enriching effect that elevates our consciousness.

Keeping this in mind, Satori Meditations, who offer yoga services, various transformative courses and meditative therapies, hosted ‘Classical Night,’ a musical event showcasing noted and aspiring classical artists.

“At Satori, we want everyone to practise meditation through living life to the fullest. So, to celebrate life, we need inner transformation, we celebrate changes in nature, gifts of life, gifts of the earth and music is an extension of that,” said Sameera Afrin, head of communications at Satori Meditations.

Satori Meditations, the venue for the event, is all about giving you the space to meditate in close proximity to nature as the building has ample open spaces inside it, particularly a garden right beside where all the performances took place, giving audiences the chance to roam around in greenery while enjoying the show. The premise also hosts a vegan café named Zorba Kafe, Treenayana — a conscious lifestyle brand, and Satori Academy of Arts.

“Anyone can come and join our events without needing to meditate alongside it, but we want to give a space to everyone, to get acquainted with meditating, to meet meditators and non-meditators, to celebrate life through music like this event,” remarked Sameera Afrin.

Starting after 7PM and going on till late at night, the event featured talented musicians like Manzur Al Matin who played esraj, Murtaza Kabir Murad with his enchanting flute, and Sanjibon Sanyal, a spellbinding classical vocalist, among others. Aspiring vocal trainers of Satori Troupe and vocalist Aditi Roy showcased how hopeful artists can enthrall an audience who appreciate good music.

“At Satori, we want people to be conscious, by giving them space to experience meditation through what they love, so that whatever they are doing, they are doing it creatively and consciously,” said Sameera Afrin when asked about Satori’s motto.

‘Classical Night’ was held on 11 March, 2022 on the premises of Satori Meditations.

Essentials —

Satori Meditations is located at House #100, Road 25, Block A, Banani, Dhaka.

Follow them on social media — <https://www.facebook.com/SatoriMeditations>

By Feda Al Hossain
Photo: Satori Meditations



#EVENTS

‘Brazil — Beauty in Diversity’, a travel photography exhibition showcasing the multicultural diversity of Brazil by Sabrina Islam held at Edge Gallery

Brazil signifies how a country full of cultural and ethnic diversity should be in the bucket list of anyone who has wanderlust, a strong innate desire to travel. Sabrina Islam visited beautiful places across Brazil from Iguacu Falls, which is one of the world’s largest waterfalls, to the famed Rio carnival festival, capturing its vibrant flamboyant and joyous energy in this exhibition.

“I got my first camera, a disposable one, when I was 14. I have been travelling alone since the age of 18. As I travelled and took photography more seriously, I wanted to share my wanderlust with my friends, share the way I was seeing the world, through my lens,” said Sabrina Islam.

A total of 72 photographs were in for display at the exhibition. Sabrina Islam travelled to Brazil in 2019 and visited various parts of the country, in turn capturing moments like marvellous street celebrations in Sao Paulo, the Amazon rainforest, dubbed as ‘lungs of the earth,’ the serene beauty of a small Portuguese town called Paraty and favelas of Rio de Janeiro and so on. She captured all the moments with a clarity that highlighted different aspects of Brazilian culture.

“My first solo exhibition was in 2018, sharing the experience of witnessing the northern lights in Alaska, the fall colours in the Adirondack Mountains among other things. This exhibition focuses solely on Brazil and its astonishing beauty and



diversity,” remarked Sabrina Islam.

The exhibition was inaugurated by the ambassador of Brazil in Bangladesh, His Excellency Joao Tabajara Jr. The opening ceremony took place at a serene outdoor setting of Edge Gallery, where guests could experience a natural ambience before venturing into the gallery to witness the exhibition.

“Photography is my passion; I like to take pictures when I travel. I am planning to travel to Africa and Patagonia, so maybe I will get some pictures there! And I very much hope all women, young and old, pursue their dreams be it with photography or anything that expresses their individuality,” replied Sabrina Islam when asked about her hopes and future plans.

The exhibition was held at Edge gallery, NE (N) 12, North Avenue, Gulshan 2 from 10 am to 8 pm, on 14 March.

By Feda Al Hossain
Photo: Sabrina Islam