

# TOGGLE

WEEKEND LIVING IN THE DIGITAL AGE

A publication of *The Daily Star*



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# Bangladesh Computer Council to provide internet access in 617 remote unions



Bangladesh Computer Council (BCC) of the ICT Division has founded a project called "Connected Bangladesh" to provide internet access to remote areas of the country. The project started in October 2018 and will run till December 2023 with an estimated cost of BDT 50443.31 lacs. Through this project, BCC will ensure internet facilities in 617 remote unions of Bangladesh. Under the project, a high network will be established in the telecommunication-deprived areas.

One of the objectives of this project is to provide network connectivity to

all schools, colleges, madrasas, growth centres, telecom operators etc. in remote areas. Apart from promoting e-commerce, e-services, telemedicine through high-speed internet usage, one of the goals of the project is to increase employment in the IT sector and create new entrepreneurs. T

The Connected Bangladesh project is being implemented with the funding of the 'Social Obligation Fund (SOF)' managed by the Bangladesh Telecommunication Regulatory Commission (BTRC) under the Posts and Telecommunications Division to

expand telecommunication facilities. Under this project, 8106 km of optical fibre cable is being installed at the union level, backbone router and DC power system are being installed in the union and pop room renovation work are underway.

Bangladesh Cable Shilpa Ltd, Khulna a state-owned company, has procured 8106 km of optical fibre cable and 5,000 km of duct pipes. As of January 2022, according to the internal data of the project, the work of Pop Room Renovation is about 51.28% and the work of laying Optical Fiber Cable is about 40.22%.

## Bangladeshis behind global far-right online movements: Here's what we know

ZARIF FAIAZ

Over the past few weeks, growing protests against Covid-19 restrictions have been crippling Canada-US borders and downtown Ottawa. As the protest keeps gaining momentum online through groups and pages that circulate propaganda, an investigation by US news site Grid has unearthed riveting evidence that links a Bangladeshi digital marketing firm behind these online promotions.

Grid found out that JS Digital Guide, a digital marketing firm based in Bangladesh, was running two of the largest Facebook groups in Ottawa that circulated propaganda, conspiracy theories and kept promoting the protests online to reach more people.

The groups, named 'Freedom Convoy 2022' and 'Convoy to Ottawa 2022' had a combined membership of nearly 1,70,000 members, mostly Canadians, before Meta decided to shut them down following the Grid inquiry.

The groups regularly promoted calls for donations to the protest campaigns and directed its members to the protests related events in Canada, reports Grid.

In the course of the investigation, Grid was able to locate one Jakir Saikot, the founder of JS Digital Guide. Saikot told Grid in an online interview, that he started the groups because he "believed in freedom." He also said that he did not receive any kind of payment for promoting the protests or running the groups.

But Saikot apparently told a different account of events to Nazmul Ahasan, a reporter at the Investigative Reporting

Program at the University of California-Berkeley, whom Grid contacted to corroborate the events.

To Ahasan, Saikot reportedly admitted that he generally charges an amount equivalent to \$23 per day for his services.

When contacted separately by this correspondent, Saikot initially refused to comment anything



regarding his involvement in the matter. However, he later admitted that he was contacted by a journalist named Steve Reilly from Grid, but claimed it was a 'misunderstanding'.

"I do not have any agency. I run a small mobile phone store in Dhaka and I have no involvement in whatever's going on in Canada," he said.

"Please do not believe what's being circulated about me. It is fake and fabricated. I do not know how they got my number but someone is clearly trying to smear my name."

"Grid is a small news site with barely 1000 likes on Facebook. There's no need to take it seriously," said Saikot.

When asked about his conversations with Nazmul Ahasan, Saikot insisted that he did not speak with Ahasan and went on to allege that Ahasan may have had other agendas. "He is likely running a paid smear campaign against me, though I do not know why."

This, however, is not the only incident of Bangladeshis being involved with far-right protest groups. Earlier this month, another investigation by Crikey, an Australia-based news site, revealed that a Bangladeshi Facebook profile under the name of Shamim Khan was behind a similar group called Convoy to Canberra.

Shamim Khan's account claimed that he was from Rajshahi, Bangladesh and his account mostly contained posts shared in Bengali. But the account was seen repeatedly posting content related to the protest into the Convoy to Canberra group, reported Crickey.

Shamim Khan could not be contacted to corroborate the claims.

The ongoing movements were started first in Canada by truckers who opposed Covid-19 protection mandates but were soon joined by other 'Anti-vaxxers' and 'QAnon groups' and sparked similar far-right movements around the globe.

The Canadian Government has recently invoked the Emergencies Act for the first time to counter the growing protests, which allows the Government to use military force against the protesters, if and when absolutely necessary.

## EDITOR'S NOTE

### Learning takes the stage!

This week, we turn our attention to an age-old problem that prevails in our society. We question the archaic methods that institutions implement to teach their pupils, resulting in a lack of competent graduates hounding after jobs. We try to tackle the situation by preparing a rundown of the skills that you can learn to stay ahead of the curve.

Our brain is the most powerful organ in our body. But for it to remain potent, we must utilise it properly. The more you train your brain, the better equipped it will be to focus on things that truly matter to you. Hence, we decided to put the spotlight on some of the most intriguing brain-training apps out there for our readers to look through on Next Step.

For Tech Tips, we listed down some essential productivity apps for you to check out. You can also find a comprehensive beginner's guide to understanding the specifics of different components that go into building your dream computer. Apart from this, we have a collection of timeless watches for motorheads (and everyone else) to choose from on Shift.

We hope you enjoy this week's edition of your favourite weekend publication. Have a wonderful weekend!

P.S. Turn to the last page for a major announcement!

Tanzid Samad Choudhury  
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# TOGGLE

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# Brain training apps as your go-to pastime activity: Here are our top picks

SUMAIYA TASNIM ADIBA

Even a few years ago, brain training apps were not as popular as they are now. With time, we became more conscious of our priorities. It was an awakening in the futuristic era we were stepping into. Brain training, mental exercise, cognitive aptitude - no one is unmindful of these terms anymore. Now in a world where productivity and mental agility are perceived with such grave importance, brain training apps have achieved universal appeal. Apps are also smarter than ever, making users feel smarter where conventional mobile games may fail.

Definitely more beneficial than devoting one's free time to play Candy Crush Saga, here are our top picks of brain training apps for you to choose from:

## ELEVATE

Android/iOS

Commended by CNET and Washington Post as "the visionary" in the battle of brain training apps, Elevate is at the top of this list. Though the app is in solid rivalry with other major players of the arena, the engaging in-app features and clean, polished UI give it an upper hand in preserving the dominance.

The app offers a daily series of five minigames, each focused on one of the four types of exercises - writing, speaking, reading and math. Frequent reminders motivate the user not to miss their daily brain sprint. With dozens of different games for each category, the app affirms enhancing cognitive functions, improving memory and sharpening focus. At the first encounter, a short test appears to measure your initial brain 'ability' based on the preferences you want to focus on.

Engaging, fun and enjoyable - this is

how the majority of users have illustrated their experience with Elevate. You will not grow bored of it, as the app firmly claims. With a personalised daily workout routine, performance tracking and rewards, Elevate may really make your brain feel elevated.

## PEAK

Android/iOS

A major competitor of Elevate, Peak is another reputed member of the list. Designed in collaboration with academics from Cambridge and NYU, this app promises to train your brain with fun and effective challenges.

Peak offers interactive and fun mental exercises based on the user's chosen criteria for training the brain. With personalized daily workouts, a 'virtual coach', a 'brain map' to track daily progress effectively - this app provides useful daily brain training. As much like other brain training apps, Peak also lets the user choose games as per their personal goals.

More than 45 mini-games are available depending on what the user may be feeling at the moment. Say, you are looking to try something light and relaxing after a long office day. Just play a game from the 'Coffee Break' category and you may not feel so tired anymore! The minimalism and consistency of the interface are almost meditative at times.

## LUMOSITY

Android/iOS

If you are more on a serious note about how beneficial regular mental exercises can be for nurturing the brain's potential, Lumosity is perhaps a better fit for you. Features of the games in the app itself are not so different from other major players in the market. Even so, the striking use of symmetry and pop of colours on the app interface reflects a thorough focus on its

intent.

As Lumosity claims, the 'easy-to-learn' brain games are adapted from scientifically validated tasks capable of improving several factors of brain health. Able or not, the daily game streaks sure do feel like a better use of free time than doing a mundane activity.

The games are, however, interactive and fun. You will have to do a 'fit test' at the first Games will be recommended based on the skills you want your brain to be trained for. More than 40 game tasks are accessible at Lumosity. Detailed insights and regular analysis of the user's performance are also on the list.

## COGNITO

iOS

Compared to other brain training apps, Cognito is more on the gaming side. Interesting storylines as 'a secret agent on critical missions' makes the core purposes of improving memory, attention, focus and improving analytical skills a fun pastime.

The app can also be integrated with Apple's Health app to send vital insights into the user's brain coordination.

Memory games, logic puzzles, word games and more variations are on tap which, as the app affirms, are designed by real neuroscientists. Cognito assesses the user's personality traits based on their performance and personalised insights are provided for added value to these games.

From experiencing new challenges at each try of these games, you may feel more productive throughout the day and confident about whatever task is at hand. This is how most brain training apps are more special than usual gaming applications.

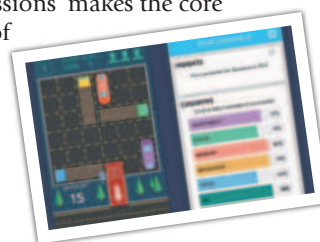
## MINDPAL

Android/iOS

MindPal is lightheaded and simple in structure as a brain training app. If you are looking for something enjoyable instead of playing the same crossword game over and over again, you may want to give it a try. Based on the user's preference on what aspect of the brain's capability to improve, MindPal creates a personalized plan, suggests to the user what game to play and provides an in-depth analysis of regular performance.

Along with a personal daily program that adjusts over time to reach optimal results, MindPal now lets its users create an account for tracking their daily experiences. The award-winning training app offers over 35 interactive activities to train 7 cognitive functions: memory, attention, language, math, etc. Once you start using the app, timely notifications will remind you of your daily challenge so you feel the urge to be productive even at recess and don't lose track midway.

Brain training games have been with us for a long time. From solving crossword puzzles in daily newspapers to random word games, brain training is always an enjoyable activity. Nowadays, the experience is digital and more versatile with intriguing variations. Because of the short time interval for solving each game, you will look forward to playing them each day!





# Our picks for locally available WATCHES FOR MOTORING ENTHUSIASTS

With life moving by in the blink of an eye, keeping track of time is essential. Sure, we can keep track of time with a smartphone, but why not do it with the flick of a wrist? Watches reflect the personality, lifestyle, class and fashion sense of a person as much as their vehicles do. Cars and watches are homogenous since both are traditionally mechanical and full of complex and precise engineering measures. Watches not only keep you on track of time but also lets you value the time you have.



**SEIKO ASTRON (SSH021J1)**  
The Japanese watchmaker Seiko has had a reputation for reliability and accuracy since 1881. Their watches are not only genius in design and contain historical philosophy but also are of high-end quality. Astron has a reputation as the world’s first GPS solar watch which is taken to the next level with 5X-series, it’s cutting edge features like high-speed time zone adjustment, time transfer and more in a definitively slim design makes it stand out.  
*Price:* Tk. 250,000-255,000/-  
*Movement:* GPS solar Dual-time  
*Water resistance:* 100M  
*Functions:* GPS solar, GPS-controlled time with time-zone adjustment, dual-time with AM/PM indicator, perpetual calendar correct up to the year 2100, signal reception result indicator, world-time function with 40 time zones, daylight saving time function, power-saving function



**TAG HEUER FORMULA 1 (CAZ101AC.BA0842)**  
When it comes to thinking about sporty luxury watches, the Swiss watchmaker Tag Heuer is the first one that comes to people’s minds. Tag Heuer watches have outstanding residual values because of their desirability and reliability. This specific watch resembles what a motoring enthusiast’s watch should be with its yellow borderline and carbon fibre-textured midnight dial. It will definitely stand out looking fashionably sharp.  
*Price:* Tk. 240,000-245,000/-  
*Movement:* Quartz-Chronograph  
*Water resistance:* 200M  
*Functions:* Hours, minutes, seconds, Chronograph: 1/10 second, 30 minutes counter, date



**ZEPPELIN LZ126 LOS ANGELES (86442)**  
German Zeppelin watches are known for their solid reliability and durability. Zeppelin may even entice the eye of the fanatic since the brand has quite a nostalgic approach and the emblem has a long history. This watch looks retro and amazing which can be associated with vintage classic car’s which is also, surprisingly budget-friendly for a watch of such high quality. It’s simple leather strap and lovely red on black colour make it look stylish and sporty befitting a car enthusiast’s wrist.  
*Price:* Tk. 35,000-40,000/-  
*Movement:* Swiss quartz  
*Water resistance:* 5ATM  
*Functions:* Hours, minutes, seconds, date, 2nd Time Zone.



**ORIS ARTELIER COMPLICATION (01 781 7729 4051-07 5 21 66FC)**  
The Oris might be famous for its dive watches such as Aquis but there’s an underrated collection in their line up which is the Oris Artelier complication. It offers the same overall quality and price range made by the brand. The Artelier is more elegant and complex compared to their relative offering. The Swiss watchmaking giant’s Artelier complication is as aesthetic as it can get, coming with a blue leather strap and amazing reliability. Its elegance and luxury are perfect for motoring enthusiasts across the world.  
*Price:* Tk. 222,000-227,000/-  
*Movement:* Automatic Oris Calibre 781  
*Water resistance:* 50M  
*Functions:* Hours, minutes, seconds, subsidiary dial for the date, day of the week and 2nd-time zone (24 h), pushers for setting, moon phase window, fine timing device and stop-second.



**CASIO EDIFICE (EFV-570D-1AVUDF)**  
Casio as a brand offers some of the best value for money, its ridiculous affordability and durability often catch people off-guard. Some people write it off as cheap but watch enthusiasts appreciates the value. This watch is perfect for casual budget-minded people who wants the most bang for bucks. It’s an incredible gentlemen’s watch that is dynamic in design and is consistently durable. The Japanese watchmaker Casio is precise and efficient, this watch is no exception for the good quality and affordable pricing.  
*Price:* Tk. 11,000-15,000/-  
*Movement:* Quartz  
*Water resistance:* 100M  
*Functions:* Hours, minutes, seconds, elapsed time, split time, 1st-2nd place times  
Date display Regular timekeeping, 3 dials (24-hour, stopwatch minutes, stopwatch seconds).

# TOP SKILLS FOR JOBS THAT SCHOOLS DON’T TEACH YOU

AHMAD TOUSIF JAMI

A school education system should teach students professional skills to help them in their job life. Unfortunately, schools in Bangladesh still do not prepare the students with sufficient abilities to fit in a workplace. Instead, they are still teaching in an outdated curriculum contingent on memorisation and little creative practises specific to academic textbooks.

Since the lessons remain confined within classrooms, educational institutions have not been able to instil the necessary knowledge among students. Hence, they are unprepared for the competitive professional world. Vital skills such as creative writing, communication, teamwork and personal finance management remain unlearned. As such, students struggle to fit into workplaces of many industries, including but not limited to the corporate sector, development sector, academia. On the other hand, there is an upward trend of high school graduates and university freshers trying to join professional workplaces early to craft a better profile for themselves.

Since educational institutions are not preparing their students properly, it falls upon them to take the initiative. By acquiring the necessary skills, students can fit into a workplace and enhance their overall growth. While many skills are industry-specific and

are not transferable across workplaces, some top foundational skills apply in most career paths.

**CREATIVE WRITING**  
Although the updated national curriculum module includes a creative, subjective question-answer section in exams, most questions are recycled or are in the same pattern. In most cases, the classroom lectures and the exams do not offer thought-provoking creative practises and writings. It limits the quality of writing in students. Although not as crucial for clerical or STEM-related jobs, this is a vital skill for popular jobs such as copywriting, grant writing and any academic positions. Learning this skill is also a timely decision since soft skills such as creativity and writing generally decrease over time.

**DIGITAL APPLICATION MANAGEMENT**  
At an age where smartphones and other electronic devices have become integral to our lives, digital device usage in academics is a necessary component. During the pandemic, the shift towards online classes has hinted that it is likely that practises of digital application usage will increase in the future. It is critical to learn the use of essential software, such as Microsoft Office Google Suite (Docs, Sheets, Slides) for online work. Learning to handle a tech-integrated workplace

is necessary for online collaborative work, so this is a skill that many employers will expect. Furthermore, it is crucial to promptly use professional platforms, such as Zoom and Google Meet. Although many students are more acquainted with this in urban areas, many remain disenfranchised in the suburbs, rural areas and even cities. This skill is crucial across most workplaces such as the private job sector, multinational corporations, academic sectors and more.

**TEAMWORK**  
Working in teams can bring out the best in everyone. The structures of professional workplaces focus on teams working across departments. Unfortunately, our education system does not include adequate drills and practises for group work. Essential practises such as group assignments and discussions are usually absent. Instead, most tasks in schools are assigned on an individual basis. Many students do not learn teamwork skills such as effectively communicating within a team and actively listening to others in groups while collaborating with different-minded individuals. Teamwork is a skill that students need to acquire to be good team players in their workplaces and make the most of themselves and their teammates.

**TIME MANAGEMENT**  
A job life comes with many different

responsibilities, deadlines and commitments. Time management means planning things, setting your trackers for them and sticking to that. Unfortunately, our schools do not necessarily teach us how to manage our time effectively. Giving school exams on time and some occasional assignments on deadlines is not enough to practice time management. It is a soft skill that is necessary across most industries. There are various ways to manage your time - some do it manually, some through digital apps such as Todoist and TimeTree. The modality you choose to measure your productivity can vary as long as you effectively manage your time.

**BASIC FINANCE**  
Understanding basic finance is necessary, whether for daily housekeeping or any job. Schools have no academic lessons or practise regarding this. Whether it is managing daily finance, tracking spending, having savings, etc., fundamental finance skills are compulsory. Financial literacy is critical because it provides students with the knowledge and skills to manage their earnings efficiently. It is essential for students who want to become entrepreneurs, as they need to maximise their potential economic growth and substantiate their start-ups. This skill is a must for both personal and professional lives.





You could always just buy a computer and call it a day. But building a gaming PC takes a lot more than that. Several factors go into the making of a dedicated gaming rig, and ordinarily, a gaming PC has far more specs than an average computer. Thus, it is important to familiarise yourself with how some of the most basic features of a regular PC can differ in a gaming PC. Here is a quick guide on understanding device specifications, or specs, for gaming PCs.

#### CPU

As we all know, the CPU (Central Processing Unit) is the brain of the computer. It manages and processes all the tasks you wish to accomplish using a computer. For a dedicated gaming PC, look out for an 8 core, 16 threaded CPU with a base speed of 3.5 GHz.

For gaming, that amount won't suffice. If all the RAM is used up without any free memory, the CPU will start to lag. Keeping more than necessary is the way to go.

There are two types of RAM - SRAM (Static) and DRAM (Dynamic). The SRAM does not rewrite data while working, but the DRAM does. Commonly, you would find the DDR4 (Double Data Rate) RAM. The DDR RAM can transmit twice the data as regular RAM. In the case of a gaming PC, 32GB RAM is enough, as most AAA games don't use more than 16GB of RAM space.

#### STORAGE

Storage comes in two different forms - HDD (Hard Drives) and SSD (Solid State Drives). The HDD has an integrated disk where all the data is written. The

suited for gaming is approximately 9.62 inches by 12 inches. These are called the ATX (Advanced Technology eXtended). These motherboards have four slots for RAM, which are very helpful with RAM allocation. They can hold a maximum of 32GB of RAM. With each RAM stick being 8GB, the higher the amount on the stick, the more RAM it holds.

The smaller versions like Micro ATX motherboards have 3 RAM slots while the Mini has only 1. The ATX mini motherboards suffice for mid to low-end gaming. The commonly preferred ATX motherboard has approximately 3 Peripheral Component Interconnect Express, PCIe, x16 slots and a handful of PCI slots. Lastly, the current generation Serial Advanced Technology Attachments, or SATA 3.0, can transfer 6GB of data per second.

#### GRAPHICS CARD

This is the pivotal component of your dedicated gaming PC. Containing the GPU (Graphics Processing Unit), this part is completely dedicated to processing visual data. The graphics card has a built-in memory unit, which stores details of visual outputs like textures and colours. The functionality is similar to RAM, with higher the capacity, the more data that can be stored for processing. The memory on the graphics card is built-in and cannot be changed.

High-end, graphics-hungry games have tiny details. Without a proper graphics card, it is impossible to get proper video output. A proper graphics card for intense gaming needs 8GB memory with approximately 1900 MHz of speed. Only then should you be able to run AAA games with ease.

#### CLOCK SPEED AND OVERCLOCKING

Clock speed refers to the amount of data a CPU processes in a second to complete a Fetch-Execute Cycle. Fetch-Execute Cycle is the process in which the CPU takes a command, decodes it and executes it. A regular CPU can process at speeds of more than 1 GHz, or 1 billion cycles per second. So, the higher the GHz, the faster your machine is. A 3.5 GHz, 8 core processor has 16 threads and executes 3.5 billion cycles per second, which is the optimum speed for a gaming PC.

The same principle applies to RAM and GPU. Their speed is measured in MHz. The current 8 GB DDR4 can execute 3000 MHz of data, or 3 billion cycles, per second. GPU is also the same. For example, an 8 GB graphics card with 1905 MHz executes 19.05 billion cycles per second while keeping 2GB of free data in the memory. AAA games need approximately 6GB of video memory and 16 GB of RAM.

Straight after assembly, your computer will run at default speed. Overclocking allows you to force your computer to run at its full potential. This is achieved by using various software that re-writes the default settings. But, this always bears the risk of overheating the components. In this case, the safe approach would be to overclock, but not to the full extent. The GPU of 1900 MHz should be overclocked up to 2100 MHz, even if it can go 2200 MHz.

Lastly, when going for a gaming PC, you need to understand that these are power-hungry machines. Ordinarily, a computer can run with a 500W power supply. But a gaming PC has more components and consumes more power. For this, an 850 to 1000W power supply should do the trick.



# Beginners' guide to understanding gaming PC specs

NAVID HOSSAIN

Most of the CPUs of the current generation have multiple cores and multiple threads. A multi-threaded core, with the usual 1:2 ratio, will make it seem like two cores are processing the same command simultaneously. Some multi-core processors tend to have 4 cores and 8 threads. If you want to build a low-end gaming PC, the regular 4 core and 8 thread with a speed of 2.8 GHz will be enough.

#### RAM

The RAM (Random Access Memory) and the CPU of a PC are intertwined. The RAM has dedicated space that holds the memory for constant use. That space determines how fast the CPU processes the activities. The operating system of the computer comes with minimum criteria of RAM and allocates those RAM to applications being used. A standard of 2 GBs of RAM is recommended for a computer.

transducers on the HDD allow it to read and write the data, and generally cost less compared to SSD. As the SSD uses integrated circuits to read and write the data, it is smaller and more expensive. However, the SSD is much faster than the HDD in terms of reading and writing the data.

For a high-end gaming PC, it is best to keep a 2 terabytes HDD and a 520 GB SSD. Incorporating both amps up the speed, keeping the SSD and HDD spaces separate. You can use the SSD for installing the games, since the SSD has an integrated circuit it takes half the amount of time to load the saved data. AAA games on average don't need more than 80GB of space. So you can install and save your favourite games and all the high games there. For everything else, you can utilise the HDD space.

#### MOTHERBOARD

Commonly bought motherboards well



# Five essential time tracking apps to experience peak productivity

ESRAT SADIA

## TOGGL TRACK

Need to track daily activities across several platforms? Looking for an easy-to-use solution that can provide you with detailed insights and opportunities to optimise workflow, and figure out areas to improve? Then look no further. Toggl Track is a generous free tier of service suitable for anyone, including small businesses, startups and collaborative freelancers. It can sync across multiple devices and platforms,

such as Web, Mac, Windows, Linux, iOS, Android.

Both individuals and teams can use Toggl Track to track and classify time entries. The app also provides accurate reporting capabilities. The best part is that all of these features are available in their free plan. The app is highly compatible with the existing IT ecosystem, keeps a very high level of security and requires little or no training to get going.



## HARVEST

Harvest is an easy to use and easy to connect app for team workers! Among all the time trackers, Harvest is the best for teams. It offers time tracking, expense tracking, time-based reporting and invoicing services. This app integrates with tons of other apps such as Asana, Basecamp, Slack and Trello, to name a few.

Even though this app is perfect

for everyone who works in a team and wants to stay on track, this is especially good for self-employed, freelancers, and startups. Users can view their teammates' timers and stay in sync on the go in real-time. It keeps track of time spent, continuously informs about revenue flow and keeps bills - all in one place. Harvest can be used without any cost for a limited time.

## TIMELY

Prefer a peaceful and quiet environment to concentrate during work and not get distracted? Timely can be the right fit for you. It is an app that requires very little interaction. You will never need to set another timer once it is all set. Timely is a seamless automated tracking software with which you can keep a record of GPS locations, documents, emails, meetings and websites.

The app is quintessential for professionals, including individuals, groups and small to large companies. It connects the two dots of personal and professional time trackers, with its most intriguing feature being its automated categories. With time and your activities on the platforms, its AI becomes accurate to produce perfect outcomes. It can sync across multiple platforms such as Windows, Mac, iOS, Android, and Web.



## CLOCKIFY

Clockify is another time tracker that is free of cost. It is ideal for teams, solo professionals, and even students. It can sync on platforms, such as Web, Windows, Mac, Android, iOS, Chrome, and Firefox extension.

Clockify is an easy-to-navigate app

with a simple, intuitive and sleek interface. You can track your work hours across projects with this time tracking app. Its auto-track features let you know how much time you spend on apps, programs or websites. Being free to use also puts it a step above other premium time-trackers in the app store.

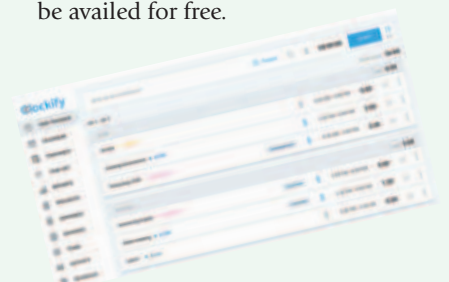
## RESCUETIME

Want an automated solution to make use of your time? RescueTime can be the perfect solution for you. Apart from simply tracking your amount of time spent on different apps, programs, websites or URLs, it also analyses the outcomes to give you insights into how productive you have been with your task goals throughout the day. It has pre-grouped categories with built-in productivity scores set in it. Based on this, it can measure your

productivity in no time.

For example, RescueTime views Facebook and other social media as unproductive and Microsoft Excel as productive. However, those who think differently can manually customise the category. Its FocusTime feature blocks particular URLs after a specific time. You can also set your goals and see how you are making progress. This personal time management and productivity tracker tool is best suited for freelancers and employees. It can also be synced

across different platforms such as Web, Windows, Linux, Android, Mac and can be availed for free.



Utilising time well and enhancing productivity is not a piece of cake for everyone. While the intensely competitive world requires more from people, especially employees, managing time and resources properly is a must. Making the proper use of time, being more productive and getting tasks done within deadlines can be overwhelming. However, there are apps to help people utilise their time efficiently and experience peak productivity with proper tactics and strategy. Here are our most recommended ones.



## Introducing Spotlight, where startups take the centre stage

Change is the only constant. That's what we wrote in our very first issue back in 2019. Two years later, we still believe in that spirit and we continue to innovate on this.

Since our inception, Toggle has catered to the constantly shifting landscape of technology and startups in Bangladesh. Now, times are changing and local startups continue to show tremendous growth and potential. Global industries and investors have started taking note of our startup economy and there has never been a better time to take a renewed interest in Bangladesh's startup ecosystem.

We, at Toggle, want to push this development to the next level and present a unique local content platform that local startups can trust and rely on. We want to create a brand-new startup journalism ecosystem that can break barriers on its own.

Introducing Spotlight: Toggle's brand new startup-focused segment. Starting next month, Spotlight will replace our previous To-Do List on page 8 and will cover a plethora of topics including startup reviews, startup highlights, interviews with founders, opinion articles from professionals and experts and general news on the local startup environment.

We're building exciting things and we want to hear your thoughts. If you are the founder of a startup in need of a shoutout; if you have thoughts and opinions on this ecosystem; if you want to pitch us a great story or just simply want to know more, feel free to contact us at [toggle.tds@gmail.com](mailto:toggle.tds@gmail.com).

We're excited to start this new chapter in our journey. We hope you are too. Keep an eye out on this space every Friday, and every other day online. Let's make it count, together!

# Live-action BioShock movie in works from **NETFLIX**



Netflix, 2K and Take-Two Interactive announced on Tuesday that they will collaborate on a live-action BioShock film. According to Netflix's website, the film is based on the BioShock franchise but no details

on the potential plot were revealed.

There is no release date set, and the film has yet to find a director or cast, reports Variety.

This is not the first time a BioShock big-screen adaptation was

attempted. Universal Studios once had the rights to make a BioShock film and Gore Verbinski, the director of Pirates of the Caribbean films, was attached to the project. It was ultimately cancelled.

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ঠিক যেমন রূপচর্চায় আভিজাত্য মানেই

# স্যান্ডালিনা

## সোপ

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