

Quick and easy winter laundry tips

As chilling as winter may be, it is the usage of life skills such as laundry or showers that really help our bodies absorb the true essence of the season. Other than very rare occasions, this is not a splendid experience. Hence, here are some of the easiest winter laundry tips that you can incorporate in your daily lives that will make this chore manageable.

Dish it out

Fragile garments that are made of wool often shrink or tear if harsh washing agents come in contact with them. So, in order to avoid that, use a coin-size dishwasher and fill up the washing sink. Wait for 2-3 min for the soap to settle in. After that, gently submerge your woollen goods into the water. Do not twist it as it may hurt the fabric. Rather, gently press one of the garments against the other and repeat the process until the soap is gone.

Go stainless

'It's shivering outside!' is the most commonly used phrase in winter and this often limits us from immediately addressing our laundry alerts, especially when it requires some extensive stain removal. The simplest way to get rid of a stain is to dampen that area, apply a stain remover and keep it for at least 15 minutes. After that, wash it off. In case you do not have a



stain remover, lemon juice can help you out as well.

Air drying diaries

In winter, one of the most calming factors is the extreme sunshine that hits our fences right from the start of the day. This is a great opportunity for air drying clothes. Try to finish doing laundry while the sun is at its peak so that you get to expose the cleaned clothes to the natural heat outside. Make sure you keep it for a good 2 to 4 hours to

make it completely dry. Air drying keeps the colour of your clothes vibrant and your garment safe from wear and tear.

Dehumidifiers for the win

Even in winter, drying areas can get stuffy. To avoid such situations, try to get a dehumidifier. There are lots of e-commerce websites that sell small to large dehumidifiers depending on consumer needs so all you have to do is identify the type of dehumidifier your drying space needs and order it on



the go. Dehumidifiers erase excess moisture from the air so this is a healthy way of keeping your garments well.

Prioritise to not jeopardise

We often think that washing all woollen clothes or all cotton clothes will not cause any problem as long as it is of some colour. That is completely untrue. Each and every fabric needs to be catered as per their needs. Use the thumb rule of prioritisation before washing clothes. If you have a mix of denims, linens and more then select the bunch that immediately need your attention and wash them together. Others can wait but cannot be jeopardized due to time limitations.

To conclude

Winter laundry as all laundry is a chore, but it becomes less tiresome when it is prepared for.

By Zeba Fareha Hossain
Photo: Collected

#PRESS RELEASES

Secret Recipe opens new outlet

If you can't seem to get enough of the cheesecakes from Secret Recipe, you're in luck. The Malaysian franchise has just come up with a brand-spanking new and premium outlet in Gulshan, inaugurated on 16 January. The newest Secret Recipe is the chain restaurant's 14th outlet and the vision propelling the café to unforeseen heights is its dedication to food and reinventing it as art.

"Food is an experience for the senses. Good food doesn't only taste good but also looks aesthetic. The food and beverage industry in Bangladesh is growing exponentially. Our GDP has already increased and our standard of living is also improving. Secret Recipe pushes the envelope in food as well and provides customers what they deserve: an



unmatched quality and the most original of recipes," Bangladesh Securities & Exchange Commission Chairman Prof Shibli Rubayat UI Islam proudly states.

The chairman and director of Fair Group, the sole franchisee of Secret Recipe Bangladesh, Ruhul Alam Al Mahbub, took the stage and reaffirmed Secret Recipe's uncompromised commitment to international food regulations and the dedication with which its chefs and staff

aim to create a spectacular gastronomical experience every time a customer walks through its doors.

Muttasim Daiaan, director at Fair Technology, a concern of Fair Group and Secret Recipe Head of Business and advisor, K S M Mohitul Bari, were also in attendance.

The new Secret Recipe champions the buzz and hubbub that a bustling café in the heart of Dhaka is typical of. And it does so in the best way. When you come to this

outlet, you can get comfortable in any of its tables and the staff will cater to all your food cravings.

Light music plays away to the sound of chitchat with old friends and riveting tales of gossip. Reminisce and warm up to nostalgia as you help yourself to spoonful after spoonful of their classic New York cheesecake.

If you're missing a sweet tooth, order any of their laksas, soups or pastas, or dive head-first into steaming bowls of pure love. If neither of those strike your fancy, gobble down on their sandwiches, burgers or pizzas and you will find yourself asking for the cheque with a satiated appetite, yearning for the kind of deep sleep that results only from a well-eaten, hearty meal.

The only thing better than reading about good food is to experience it. And, so, to awaken your senses, the newest Secret Recipe awaits to deliver all of its promises and more.

By Ramisa Haque
Photo: ATM Arif

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