#FOOD & RECIPES

# The Food Talk celebrating Bangladeshi Food: 50 years of evolution

to celebration, and as we reignite our patriotism and celebrate the golden jubilee of our victory, we also take this as an opportunity to reflect on how we have evolved as a country from a culinary aspect.

With this notion. The Food Talk, a classified Facebook group that is abuzz with food enthusiasts, restauranteurs, home cooks and the like, celebrated a food festival titled "Bangladeshi Food: 50 years of evolution" on 18 December, at Precious Pies

"On the occasion of our 50th year of victory, we organised a food fair to recognise the evolution of food over the decades. Food is not static, it has an origin



but is in a constant state of change, and through the various stalls present here today, we are depicting that," said Taskin Rahman, founder of The Food Talk.

Albeit the fair was held on a limited scale, the handful of stalls provided a unique and interesting range of food. The brands present were Basic Kneads, Infused by Saimon, Dhaka Metro, Boma Burger, Sweet Freeze, Kavazo, Picnic, Live Eats, and Precious Pies. Highlighting the evolvement



of food, fusion food was the theme.

Domachha, that is popularly known for serving regional delicacies, offered a standout from their usual menu with a Bangladeshi fish pie, made with layers of local fish, white sauce, mashed potato, local cheese, and breadcrumbs - a perfect blend of the East and West. Shingaras from Love Triangle were crowd pleasers that encased fusion food at its best with unusual but



delicious flavours such as Naga, chicken cheese, and cheeseburger.

"Fusion food is essentially taking local flavours and combining it with different techniques while keeping the original essence intact," explained Amani Mulk, Owner of Sweet Freeze. This truly reflected in their offerings of gelatos in flavours such as borhani, kashundi pineapple, and milk tea. While at one hand, local tea was being infused to flavour gelatos, on the other, Precious Pies were serving up malai coffee to warm the soul.

The event covered everything from traditional to modern food so you could grab a burger from Boma Burger or indulge in kebabs from Dhaka Metro, Kayazo added festive vibes to the event with their tempting assemblage of decadent desserts including log cakes and several new items added to the menu. Holesome also offered two assorted dessert boxes with the

essence of Christmas.

Basic Kneads launched three new items during the event, but their shahi tukra made with French milk bread drenched in a milky concoction and topped with saffron cream stole the show. Spicy duck kalabhuna coupled with melt-in-your-mouth chitoi pitha from Infused by Saimon was another popular choice among people.

"At Dumplings of Fury, we offer classic dumplings and also add in fusion elements that are not limited to local flavours but global as well," said Saqueeb Mirza, Cofounder at Picnic, mentioning their array of dumplings that include naga pan-fried, kalabhuna, mushroom paneer, and Philly cheese shrimp.



Other than the open atmosphere. amazing decor, and great food, what made the event enjoyable was the crowd that constituted of foodies and food lovers all under one roof, giving them a chance to explore new tastes, network with likeminded people, and experience the best of fusion food made locally.

By Fariha Amber Photo: Pranto Khan/The Food Talk

## **HOROSCOPE**



ARIES (MAR. 21-APR. 20)

Don't exaggerate. Risky ventures can be benéficial. Make changes in your home. Your lucky day this week will be Tuesday.



**TAURUS** (APR. 21-MAY 21)

Lay your cards on the table. Be clear about your feelings. Don't be quick to reveal personal information. Your lucky day this week will be



**GEMINI** 

(MAY 22-JUN. 21)

Avoid any dead-end projects. Re-evaluate your motives. Find ways to Your lucky day this week will be Thursday.



(JUN. 22-JUL. 22)

Secret enemies will be holding a grudge. Children will be demanding. Uncertainties in your relationship can arise from neglect. Your lucky day this week will be Saturday.



### LE0

(JUL. 23-AUG. 22)

Travel for business purposes will pay off. Get busy on home improvement projects. You will make financial gains. Your lucky day this week will be



#### **VIRGO**

(AUG. 23-SEP. 23)

Changing philosophies will provide a new outlook on life. A loved one may be hiding help. Your lucky day this week will be Saturday.



(SEP. 24-OCT. 23)

Your creative talent will be lucrative. Problems with your partner are evident. Don't put off anything for too long. Your lucky day this week will be



#### **SCORPIO**

(OCT. 24-NOV. 21)

Channel your energy into physical work. Keep your feelings to yourself. Romance will be on your mind. Your lucky day this week will be



#### **SAGITTARIUS** (NOV. 22-DEC. 21)

Be diplomatic in your approach. Your intellectual charm will win hearts. Learn observing. Your lucky day this week will be Wednesday



## CAPRICORN

(DEC. 22-JAN. 20)

You can't do everything alone. Your persuasive nature will win over someone you admire. Don't allow anyone to do your job. Your lucky day this week will be Friday.



### **AQUARIUS**

(JAN. 21-FEB. 19)

Mediate between disagreeing parties. Residential changes will be disruptive. Don't take everything so seriously. Your lucky day this week will be



#### **PISCES**

(FEB. 20-MAR. 20)

Don't misplace your belongings. Setbacks can arise due to additional responsibilities. Be careful not to overexert yourself. Your lucky day this week will be Thursday.