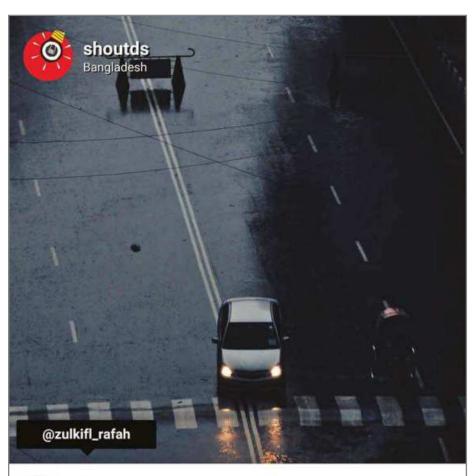
When my grandmother was initially diagnosed with dementia, we were not fully prepared for what was about to come our way. The doctor had warned us that things will eventually take a turn for the worse, and that is exactly what had happened. Her health started to decline slowly. She was losing her memory, physical strength, and her ability to think. No matter what we did, she was not getting any better.

My grandmother passed away in June of last year due to dementia-related complications. She took her last breath on her bed, surrounded by her loved ones. When she was alive, there were times when she would often make life extremely difficult for us. But we never complained. We knew that trying to counter what she did or say would only make things worse. We did whatever we could to make her feel good.

A person suffering from dementia is already fighting an internal battle. The least we can do is make sure that they do not have to fight another one on the outside, especially with those close to their heart.

- Faisal Bin Iqbal, Sub-Editor & Digital Coordinator, SHOUT









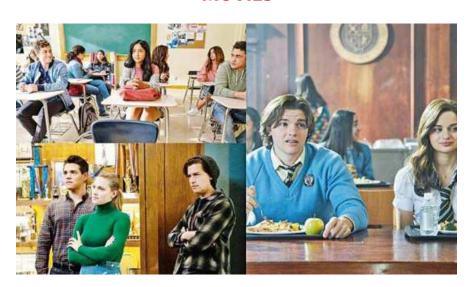


shoutds Tag us or use #shoutds to get featured.

Email us at shoutds@gmail.com with feedback, comments, and reader submissions.



MOVIES



Your Guide to Writing A Netflix Teen Drama

FATIN HAMAMA

When watching Netflix teen movies and shows, sometimes it becomes apparent that the writing didn't get much attention in the thought process department.

Confused? Why not try doing it yourself?

Choose your male protagonist You have two options if you want your

lead character to be a guy. Option 1: The popular kid who's into

team sports, is a star athlete and also likes mildly bullying people outside his social circle. That's it. Those are the only personality traits. Oh, and make sure to label his emotional immaturity and arrogance as bovish charm.

Option 2: The sweet, quiet kid who doesn't do much other than be somewhat attentive in school and moon over a classmate they have a crush on. Don't make him one of the stereotypical nerd kids, though. Princess Diary-style transformations take time, and we're too lazy to modify the already linear plotline for that.

Choose your female protagonist Two options here, too.

Option 1: The polar opposite of the first male lead option, but make her quirky, funny, and chirpy. You may make her hate everything the male lead stands for. In that way, she can totally mark herself as safe from being like all the other girls, since she won't fall for his "charm".

Option 2: The artsy, mysterious one. Doesn't quite fit in, supposedly reads underrated classics or watches art films or listens to underground bands that totally sets her apart. You may make her act mean with everyone except the male lead she takes an interest in. More on

A common thread between these two is that they MUST act as prop for the male lead's character development, regardless of being in the limelight themselves.

Choose your side characters

Option 1: The childhood best friend who's either a pushover or an actual sensible person.

Option 2: The disaster manager friend who cleans up after all the mess created by the protagonist.

Option 3: The friend that the audience starts rooting for instead as they show more main character energy than the leads themselves.

Option 4: The friendzoned character that we all feel equally bad for.

Now, your work here, after you choose your characters, is about done since teen movies are character driven for the most part. However, here's an example of a plotline using the characters we just

Pair up the polar opposite leads so that they clash frequently and, consequently, cause a lot of mindless drama that prolongs the drama and gives the audience an illusion of a plot. Throw one of the side characters into a problem concerning both the protagonists halfway through the movie, or show where they break off their friendship with the related lead character. Tons of emotional sequences involving the said lead character's newly surfaced loneliness later, introduce a prom or graduation scene. Solve the aforementioned main plot (?) twist in the very premise and arrange a bittersweet reunion among everyone.

There you have it. Your very first DIY Netflix Teen Drama that most people will watch just for the sake of making playdate edits with the cast members they find cute.

Hamama's problems smell like daruchini because she's deep into them 24/7. Send help at fatin.hamama003@gmail.com