

# Essentials for THE MONSOON SEASON

Monsoon is gradually arriving with its freshness and intermittent heavy rain showers. Weather during the rainy season can be pleasing, and tempt us to crawl further into the bed and relax. However, conducting daily tasks outside and navigating the streets during the monsoon can be tricky business, especially for city dwellers.

And this predicament calls for the need to tailor-fit on-the-go essentials for the whenever rain trouble.

## Get protection from the rain

The best shields from heavy showers of the rainy season are an umbrella or a raincoat. But gone are the days when we had to opt for the types of raincoats that we knew of to be only plastic ponchos. Nowadays, there are many fashionable options available, such as foldable rain jackets as well as belted trench coats. And never forget to carry a compact and foldable umbrella as it will be a life-saver during the rainy season.

## Be mindful of the footwear

During the rainy season, choose such footwear that is "easy to wear, easy to remove, and easy to dry." The best footwear options available during the monsoon are flip-flops, sandals and rubber or vinyl shoes. It is better to select shoes that are lightweight and offer maximum breathability as during the rainy season, closed shoes take more time to dry and may harbour germs around the feet.

## Attires to make it through rains

Opting for quick dry clothing in the rainy season is a must as the weather during this time can be very unpredictable. Consider picking out your clothing depending on the activities that you have planned for the day ahead, and always remember to check the weather forecast. It will be wiser to go for clothes that can be worn under

the poncho or rain jacket such as shorts, cropped trousers, palazzos, blouses or tees.

## Waterproof covers for gadgets

For the tech-obsessed generation, the principal accessory to have during the monsoon is a waterproof pouch or bag. A waterproof bag holds all your essential stuff safely and protects things from the heavy rain showers, especially important work files and other daily necessities. Moreover, there are also waterproof cases available for bigger gadgets such as laptops and reusable plastic bags can come in handy to carry additional items.

## Remember the mosquito repellent

As flora and fauna bloom best during this time of the year, it also brings tonnes of mosquitos. Due to the heavy rain showers, damp weather and standing water, the mosquitoes can find plenty of opportunities and places to lay their eggs, such as gutters, buckets, planters, etc. Thus, carrying a good and strong insect repellent is a must in the monsoon. Always apply an effective brand to protect yourself

from getting bitten.

No matter how pleasant the rainwater can sound, it also brings the pang of nostalgia and gloominess with it. And the days of pandemic quarantine have increased this melancholia, so do not resist the temptation of taking a casual evening stroll or evening walk during the monsoon. Moreover, the windy, cool atmosphere during the rainy season can be heartily enjoyed with hot beverages and snacks.

By Ayman Anika

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