# THE DEFINITIVE YOUTH MAGAZINE SHOUT

### A CAT REVIEWS CAT FOOD

#### **ADHORA AHMED**

Interviewer: Good morning, viewers! In today's episode of *What's Tasty*, we have a very special guest. As you all know, we review a certain food product every episode. The products are usually edible and the reviewers are humans. However, today's product is a bit different; you might not be familiar with it, but our guest sure is. Please welcome our first-ever guest from the feline community, Chonk!

Chonk: Meow.

I: So, Chonk, please tell us what you want to review today.

C: I'd actually like to go over all the stuff my hoomans have been feeding me since I expanded my territory to include the place I've allowed them to live in. They're lucky I don't charge rent. But I do charge food and litter box cleaning services, and—

I: Yes, we'll get back to that, but could we start discussing the products, please?

C: Right. The first product I have here is a packet of Energy biscuits. Back when I first met my hoomans, I was very skinny since food resources were scarce, so they gave me an open packet of Energy biscuits. They made a grave mistake. Stupid hoomans. Don't they know we can't eat sweet things?

I: Oh, I'm so sorry to hear that.

C: Anyway, when I started living in my new house where the hoomans also happen to live, they started feeding me the second dish that you see here: a simple fish curry. I



loved it because I could brag to the other strays that I got fed twenty times a day even though I didn't do anything for them. I became, and still am, the biggest landowner in that neighbourhood. Of course, there are fights sometimes, but nobody dares to hu—

I: Interesting, but could you tell us more about the fish curry?

C: The fish? It was okay. The hoomans would eat it too. It tasted divine back then, but since I'm a powerful feline now, my tastes have been refined, so I moved on to the assortment of products here: imported cans of Chonkers Tuna, Salmon, Seafood, and Chicken. My hoomans spend thousands of bucks on these cans because I refuse to eat anything else. So, maybe I do charge them rent?

I: Okay, I get it. You're basically what they call in Bangla a *protapshali neta...* a tyrannical landlord. But please, let's get back to the food.

C: Look, I don't care whether all of you suffer because of me, as long as you bring me food and clean my litter box. Anyway, as I was saying, this food tastes good, but I've landed my sights on dry food, specifically the chicken-flavoured Mlem biscuits. They're not bad! I might change my diet again and eat dry food only. Of course, you need to spice things up sometimes. That's why I still go out on hunts even though I don't need to. I bring back a dead rat or bird sometimes as the only token of gratitude for my hoomans.

I: How generous of you. Unfortunately, our time is up. Thank you for your reviews, Chonk. Any last words for our viewers?

C: Okay then, now give me food. It's been .71 seconds since I last ate. I'm starving to death!

Adhora Ahmed tries to make her two cats befriend each other, but in vain. Tell her to give up at adhora.ahmed@gmail.com

## **Learning to Love Your Curls**

#### **BUSHRA ZAMAN**

As if figuring out how to take proper care of your curls is not a whole journey in itself, curly-haired people tend to be subjected to believing that they would be better off with straight hair.

Commercials that I saw on TV as a child were mostly of models with straight hair or hair with a barely-noticeable wave. Before and after photos would have pictures of girls with "untamed" frizzy, curly hair as the before photo, and the improved version would be of girls with slick straight hair. As a child, I was at a salon saying my hair would look much better if I just straightened it. I eventually formed a habit of straightening my hair whenever I wanted to look, "put together," until one day I woke up and realized I was pushing my natural curls away for no good reason. What's so wrong with having curly hair?

Two significant curly hair struggles have always been "learning how to maintain your curl" and "frizz control". Silky hair seemed to be synonymous with straight hair previously, a habit formed where you repeatedly straightened your hair thinking it was the easiest way to be frizz-free. In reality, however, you were only potentially making it frizzier since continuous chemical and heat treatments can damage your hair if you are not careful.

Now, times are changing; advertisements show models with curly or wavy hair, heat-styled curls help you look "extra" at events, and after a fresh cut, adding waves or curves are encouraged to finish the look. Curl appreciation has significantly increased over the years, encouraging girls to learn how to take proper care of their unique hairstyles. One such method designed to teach you how to take care of your curls is CGM, the *Curly Girl Method*.

CGM involves using sulphate-free shampoo, co-washes or conditioners utilised as shampoo after cleansing, and leave-in conditioning treatments and gels depending on your preferred styling method and curl type. The use of a wide-toothed comb is advised to detangle your hair



when it is coated in conditioner. Shampooing every day is actually bad for your hair, do so as you feel necessary, while focusing on your scalp instead of adding shampoo frequently to your hair strands if your hair is not dirty, since doing otherwise may dry your hair out.

Other recommended tips on fighting frizz include the use of microfiber towels, and scrunching your hair dry instead of vigorous rubbing. Additional recommended tools for curly-haired girls include the appropriate use of a diffuser when drying wet hair. You can tailor your needs according to the type of curl that you have, which can be identified by matching your wave or curl to specific curl

categories. Some curly hair types benefit more from CGM than others. CGM can definitely prove to be expensive, so it is wise to do as much as is possible for you without adding pressure to your finances.

Your curls have the potential to become a huge part of your identity with a personality of its own, clearly depicting your mood and confidence depending on how you style it. It is not a curse, but rather a gift, one that you are meant to take in with pride.

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