

Is marriage a license to rape?

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Last year, 24-year-old Otoshi* divorced her husband because she had an unhappy and abusive conjugal life. Even today, she hasn't been able to share the actual reason behind her divorce with her family members, except with her mother. The rest of her family and relatives blame her for failing to lead a domestic life with her well-off husband with a government job.

We live in a society where talking about rape is difficult enough as it is. But the concept of a man raping his own wife is inconceivable. If women ever want to speak up about it, we stop them and make fun of them, demanding, "Is there even a thing called 'rape' in a marriage?"

However, marital rape is a chronic form of violence which takes place within a marriage, where the spouse forces, threatens, or intimidates their partner to meet their sexual demands, without bothering to take consent. In Bangladesh, the victim is usually the wife. Although recognising and criminalising marital rape came under scrutiny worldwide in the late 20th century, in Bangladesh, neither the law nor public opinion recognise non-consensual sex within marriage to be a crime. Bangladesh is one of the 36 countries in the world where marital rape is still legal. Here, patriarchy remains deep-rooted and many men do find it necessary to take their wives' consent; they take it for granted. Meanwhile, women feel compelled to "please" their spouses as a duty of married life. When they cannot, they believe that the fault lies in them.

Otoshi's ex-husband would come to the village once in a month or two. But instead of being a special time for her, his visits proved to be quite the opposite. "He forced himself on me from the very first night. It was an arranged marriage and I knew very little about him. My wedding night was meant to be one of my most memorable nights, but instead it was a nightmare," she shares. "The next day, I was unable to walk properly at my bou-bhaat (wedding reception) ceremony, but I couldn't share anything with anyone."

The next few days were even worse. Otoshi soon realised that her husband was only interested in having a physical relationship with her to fulfill his desires; he did not have any respect for her as a person. If Otoshi refused to comply, the man used vulgar language. "For example, during my periods, I was not comfortable about participating in sex, but he forced himself on me nevertheless," she states, to describe how she could not make any choice about her body.

Meanwhile, her in-laws soon caught on that something was wrong between the newly married couple, as they would quarrel often. "My mother-in-law always blamed me for being unable to 'please' their son. She would complain that her son comes home only for a few days at a time—if I could not make him happy then, how could we spend our whole life together?" says Otoshi.

These words triggered her to make a decision. She couldn't stay with that man her whole life. But she couldn't go back home, because her parents didn't want her divorce to tarnish their social image. And that's how Otoshi ended up working as a receptionist in a private company.

In Otoshi's words, her marriage was intolerable. But even she is not familiar with the term "marital/spousal rape". She doesn't even believe that there is something called rape in a marriage. She says she only fled and divorced the man because she was unable to "please" his sexual desires.

Marital rape isn't only common in outwardly abusive marriages. Reema Rahman*, a young professional who married her boyfriend after seven years of relationship, informs us that her husband never seeks her consent before intercourse. "My office closes at 9 pm. By the time I reach home, after working for more than 10 hours, I feel too tired and sleepy for sex. But my husband becomes desperate. He is also addicted to porn and expects me to act like porn stars during intercourse. Even if I am exhausted, I am bound to meet his demands because I've realised that complaining about this only harms our relationship," Rahman explains.

A 2019 study conducted by BRAC's Advocacy for Social Change department found that marital rape is one of the least understood forms of violence against women. Only four percent of the 4,800 people surveyed across all 64 districts of the country consider spousal rape to be a form of violence. On the other hand, more than 40 percent of respondents considered physical abuse to be the only form of violence against women, while over 54 percent didn't consider verbal abuse by husbands as violence.

According to Khaleda Khanom, team leader at Ain o Salish Kendra (ASK) for the project "ASTHA:
Strengthening Access to Multi-sectoral
Public Services for Gender-based
Violence Survivors in Bangladesh"
supported by UNFPA, the genderbased violence survivors she works
with have less awareness of marital
rape. "When they come to us to report
physical violence or other issues such
as alimony or extramarital affair of
their husbands, they hardly
talk about the forceful sexual
intercourse in
their

something that their husbands

do. The wives are treated as their

husbands' (read: 'protectors') property. Even if they're physically unable to or are ill—they can do nothing about it. Being a sensitive matter, the women cannot talk to anyone about it, and there is no platform for them to seek help. The most they can do is talk to other women facing the same situation at home.

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