

CHECK IT OUT

Oat rotis for your next breakfast

With the growing and staggering statistics of increase in non-communicable diseases, eating healthy is no longer an option but a necessity. Choose healthy and switch out your regular atta for an oat alternative.

As hard as eating right can be on a daily basis, it comes without doubt that the abundance of healthy options in the market has made it considerably easier.

No longer are sugar/gluten free, brown bread/rice or even flour options unheard of, or unavailable at your neighbourhood stores.

In the same way, it is no longer uncommon to see the increased consumption of oat meal or brown atta rotis for breakfast and dinner. But what if you could enjoy the health benefits of a bowl of oat meal and the satisfaction of having rotis, your favourite vegetable curry, and a perfectly poached egg?

ACI Pure Flour Limited has just launched "ACI Nutrilife Atta-Oats Plus." It is the company's third generation healthy "atta," which is a mixture of healthy portions of wheat and oat flour. Customers interested in buying their product can order from



their Facebook page and avail their free delivery services.

This means that you can enjoy the best of both worlds guilt free! Time to bring back the variety of piping hot flatbreads that make morning breakfasts the first and best meal of the day.

Still unconvinced? Then let's refresh that memory and remind you of all the benefits that oatmeal flour offers — reducing risks of heart disease, lowered cholesterol levels, and blood pressure to keeping your diabetes in check; all of which are available in a one-kilogram packet of ACI Nutrilife Atta-Oats Plus, for the mere price of Tk 50, eating healthy doesn't have to burn a whole in your wallet either.

By LS Desk

For more information, visit <https://www.facebook.com/pg/attaotatplus/shop/?rid=116654116381176&rt=39>

Special discounts from Spark Gear



The month of October just got better for those looking to add a touch of trendy, modern clothes to their wardrobe. Fashion house Spark Gear is offering up to 70 percent price cuts on specific items of clothing. Customers can avail the offers at the capital's showrooms at Gulshan, and Dhanmondi, as well as ones of Bogura, Rajshahi, Mymensingh, Sylhet's

Kumarpara, and Jindabazar, and Cumilla. The showrooms have a variety of clothes, like executive and casual shirts, polo shirts, t-shirts, jeans and other western clothes. Sparks Gear also has clothes for children in various deshi and western designs.

Address: 27 South Avenue (Opposite to DCC market) Gulshan-1, Dhaka.

For more information, call 01706467037

Mobile Outfitters now in Dhaka

USA based company Mobile Outfitters, well known for their commitment towards providing the best possible screen protection solution for mobile users, has opened shop in Dhaka's Bashundhara City Shopping Complex.

Lavisho Lifestyle is the master license holder of Mobile Outfitters (MO) in Bangladesh. Saima Binte Elias, Founder of Lavisho Lifestyle, inaugurated the new outlet on Monday, 7 October, 2019.

Among others, A.K.M Fazlur Rahman, Co-Founder of Lavisho Lifestyle; Zia Mohiuddin, Brand Manager of Mobile Outfitters; Nashid Hossain, Manager of the outlet were present at the inauguration.

Customers now can avail the services of Clear-Coat, Fusion Bumper, Style Screen at the shop, along with 20 percent discount throughout the month of October. The screen protection solution is also offered for laptops, cameras and smart watches.

Address: Shop No, 77, Block-A, 6th Floor, Bashundhara City Shopping Complex, Dhaka. For more information, visit www.facebook.com/mobileoutfittersbangladesh

Weekend breakfast blast with Cookups!

Fridays and Saturdays just got a whole lot interesting with Cookups. The leading home-made food platform is now offering homemade breakfast from the best cooks. Your craving for Nihari and Rumali Roti, or Luchi and Labra are all quenched with this latest offer. Customers can even get a taste of international dishes like congee and shrimp porridge for a different taste.

Deliveries will be made all over Dhaka for

a flat charge of Tk 100 and will be available on each Friday and Saturday. The best part is you can always customise the orders to suit your needs!

Orders can be made through the App or online at <https://cookups.com.bd/feed>, for customised requests, dial +88 0188 7454024.

For more information, please visit www.facebook.com/cookupsbd

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