

# Adulting as told by Shrek

SYEDA AFRIN TARANNUM

Everyone who has watched Shrek at least once in their life, would know that the entire franchise is a complete experience. Not only would one find themselves resonating with the inner monologues of multiple characters, but would also discover valuable life lessons, or more appropriately, adulting lessons. Here are a few things that I've picked up over the years.

## INVEST TIME IN A DETAILED MORNING RITUAL

The first movie starts with Shrek completing a rigorous yet detailed routine to kick start his day which included him taking a bath in the mud and brushing his teeth with slugs. Leaving out the ogre bit, I've found it amazing how much a thorough morning routine helps uplift my entire day. Having a comprehensive checklist of things to do and ticking off all the boxes before heading out not only allows you to wake up properly, but also helps set you up for a day filled with effective task completion.

## SOLITUDE IS IMPORTANT

As a kid, I never truly understood why Shrek decided to live alone all that time and why he wouldn't just give Donkey a chance to be his friend. I mean who wouldn't want to be friends with a donkey



that serenades you with a Bette Midler song to be his friend? As I grew up, I understood it though. While many of us feel the need to be there for people and tend to help our loved ones, it's important to realise that sometimes it's important to sit down quietly and read a book or finish a series. Spending some quality "me-time" is important to allow your mind to just relax and catch up with your own thoughts.

## FAIRY TALES ARE UTTER NONSENSE

Something I didn't realise while watching

Shrek initially was how accurate the depictions of the fairy tale characters where. The evil side of the goody-two-shoes and the good sides of the monstrous villains made me realize that characters we grew up watching had more to them than what met the eye. Apart from that, fairy tales where nonsense lies are fed to children to increase their expectations from life. Starting from the business made out of magical creatures to the non-stereotypical portrayal of the shiny prince (Lord

Farquard), Shrek pretty accurately expresses the imperfections of the fairy tale narrative.

## YOUR WEIRD FRIENDS ARE PRECIOUS

We all probably have a friend that we constantly *ridicule* but they somehow manage to completely turn it around with a big smile. They are also the most likely to say something like, "You may have seen a housefly, a superfly, but you've never seen a donkey fly!" That, is your Donkey friend. As ironic as that may sound, they probably are the weirdest, yet the most honest and caring friend you will find and they are definitely worth keeping around. I mean how many people would actually ask you to get mints when you've just yelled at them? (But do not yell at your friends, it's not very nice)

Having said all of that, it's important to know that the Shrek movies will have a different message for you every time you watch it. So, if you're having a difficult time, know that the Shrek movies, a good sense of sarcasm, and a banger soundtrack (much like that of Shrek's) is almost certainly going to pull you through.

*Syeda Afrin Tarannum would choose 'The Script' over 'G-Eazy' any day. Continue ignoring her taste in music on afrintara@gmail.com*

# A TRIBUTE TO SUITS



VERONICA GOMES

*Warning: Contains season 9 spoilers.*

It's been two weeks since "Suits", the TV show, ended and if you're still struggling to find coping mechanisms to deal with the loss like I am, ask yourself—WWHD? Meaning, "What would Harvey do?"

It's safe to say that Suits has provided us with countless life lessons over the years. The great Harvey Specter, with his initial arrogant and cocky self, showed us that there's more to life than being the best closer in a city like New York; whereby somewhere between "caring makes you weak" to him finally marrying the love of his life, we witnessed one of the greatest character developments of recent times. Mike Ross taught us to always stand for what is right even if that meant making sacrifices, while Rachel Zane showed us the power of perseverance and making it on your own. Donna Paulsen taught us how to be the ultimate badass and save the day when nothing goes right for anyone. And while Jessica Pearson illustrated the art of being the most charismatic of leaders, Louis transitioned from being selfish and bitter to a selfless and loving

colleague/friend, all the while showing unwavering loyalty for his firm.

The show's notable bromance in the form of Harvey and Mike's epic "Butch and Sundance" relationship made us fall in love with their witty back and forths, countless Hollywood references and overall heart-warming brotherhood. Not to mention, the plethora of emotions that "Darvey" nation went through over the first eight seasons of the show, witnessing their will-they-won't-they journey coming to a perfect conclusion sums up how much we went through. There were countless other dynamics, namely Louis-Harvey's bittersweet bond which turned into a lifelong friendship, Jessica-Harvey's mentor-mentee relationship and Rachel-Donna's Michelle Ross and Harriet Specter girls' night outs.

All in all, while the fast paced legal plots of the show attracted millions of fans in its initial stages, the story arcs of its characters and the bond they shared kept the fans coming back for more. Suits taught us a lot of things but most of all it taught us the meaning of family, in all of its forms, and the importance of loyalty and sacrifice. Although the show that we have grown so much to love has ended, the characters and the lessons they left behind will live on forever.



**UAP University of Asia Pacific**  
 committed to excellence

## Admission : Fall - 2019

- › Bachelor of Architecture
- › Bachelor of Business Administration
- › B.Sc. in Computer Science & Engineering
- › B.Sc. in Electrical & Electronic Engineering
- › B.A. (Hons) in English
- › MBA
- › Executive MBA
- › M.Sc. in Computer Science & Engineering
- › M.A. in English (1 Year)
- › Master of Laws (Regular)

**Last date of Application : October 17, 2019**

**Last date of Collecting Admit Card : October 17, 2019**

**Admission test : October 19, 2019**

### Special Features

- › Exquisite permanent campus at the center of the city
- › All undergraduate programs are accredited by licensing professional bodies
- › All undergraduate programs have been ranked "Very Good" in Quality Education Assessment by UGC
- › Generous Waiver Policy up to 100% tuition fee (undergraduate program)

**National Prof. Dr. Jamilur Reza Choudhury**  
 Vice Chancellor

**Apply online : [www.uap-bd.edu](http://www.uap-bd.edu)**

Admission Office: 74/A, Green Road, Dhaka-1205

PABX: +88-02-58157091-4, +88-02-9126812

Cell: 01714088321, 01768544208, 01731681081, Email: admission@uap-bd.edu