

Still from Son-Mother

# The hidden gems from Tiff

Away from the glittery Hollywood premieres, these content-rich films are the reasons we watch films

BY SARAH NAFISA SHAHID

One of North America's most regarded film events, the Toronto International Film Festival (TIFF), has wrapped up with Oscar buzz for *Joker*, *Jojo Rabbit*, and *Marriage Story*. The streets of the Canadian mega-city dazzled with red-carpets, galas, and premieres. While Hollywood remains the festival's biggest attraction, the event also provides space to genre-bending films that are either experimental, arthouse, or independently produced, or all of the above! Here is a quick rundown of low-key films with high-key content that cinephiles should keep an eye out for in the upcoming months.

## THE PLATFORM (DIR. GALDER GAZTELU-URRUTIA)

Language: Spanish (Spain)
If I were restricted to recommend only one film from this year, then I would choose The Platform. This dystopian science-fiction provides a profound satire of trickle-down economy doubled down with a Foucauldian surveillance system. Directed by Galder Gaztelu-Urrutia, the film is set in a fictional vertically stacked vault called The Pit made up of several levels.

A platform carrying food descends from the upper levels to the lower levels, stopping briefly on each floor to allow its residents to consume as much food as they can in that short period of time. Naturally, residents of the upper levels hoard too much of the food and by the time the platform reaches the lowest level, there is none left.

Shot in only one room, the production design flaunts a brutalist austerity reflective of the unforgiving status quo critiqued by the narrative. This film is a feat in both technical and philosophical scope. At times horror-action, at times speculative fiction, and at times, simply a grotesque social commentary – there is no doubt that *The Platform* succeeds in disturbing the very depths of human existence. The film's distribution rights were bought by Netflix and I hope that this film will be streaming on your devices soon.

### SOUND OF METAL (DIR. DARIUS MARDER)

Language (Region): English (USA)
Watching a film is as much an auditory experience as it is a visual one. But in Darius Marder's debut feature film, he confronts his audience with a divide in this collective experience – between the hearing and the deaf community. The way we perceive cinema as an audio-visual artform is altered in Sound of Metal.



Riz Ahmed stars as Ruben, a heavy metal drummer and former drug addict who is recovering and touring with his girlfriend Lou. While on tour, Ruben slowly starts to lose his hearing. Faced with this unbearable reality, he struggles with his self-worth, his relationship, and his

purpose.
The film follows Ruben's journey

of coming to terms with his disability through the deaf learning residence he enrols in. As he learns about deaf culture, we too see a world where loss of hearing is not considered a disability but a way of life. Ahmed delivers a sharp and poignant performance as the devastated, lovelorn musician desperate to get his old life back. But alas, is that even possible?

Sound of Metal not only expands on the emotional complexity of an individual coping with loss but does so with such a spectacular sound design that truly puts us inside the protagonist Ruben's head. This is a film about sound in its entirety – and often the absence of it. The film's distribution right has been acquired by Amazon Studios so we can expect it to stream at Prime Video soon.

#### EMA (DIR. PABLO LARRAIN)

Language (Region): Spanish (Chile)
Veteran director Pablo Larrain (Neruda,
Jackie), flips the concept of the nuclear
family on its head in Ema. The story is
about a couple who are creative partners
at the local dance company and are
healing from a failed child adoption in
the scenic city of Valparaiso. Struggling to
emotionally cope with having to give up
their adopted son, Ema and Gaston are
mercilessly blaming each other on a level
that is unimaginable by the average mind.

Ema's personal conflict with motherhood takes up a monstrous and violent shape that keeps the audience at the edge of their seats. For the most part of the film, we have no clue of what is happening and what could possibly happen – as the characters rebelliously dance to Reggaeton powered by the electronic, contemporary score of Nicolas Jaar.

Dance is central to the film as Ema and Gaston stand on two ends of their view on street dance – Ema embracing the freedom and flexibility of Reggaeton while Gaston standing by his traditional and institutional dance form. The tension between the couple is choregraphed in sensual and energetic dance sequences.

The film is a grand erotic cinematic overplay of desire and destruction. Ema's yearning of motherhood deploys dark and twisted plot lines that introduce a strangeness which leaves one at awe.

#### SON-MOTHER (DIR. MAHNAZ MOHAMMADI)

Language (Region): Farsi (Iran)
Iranian documentary filmmaker
and women's rights activist Mahnaz
Mohammadi was sentenced to jail five years
ago for "propaganda against the state". That
was her third time getting arrested for
standing up to the Iranian state.

In her debut fiction feature,
Mohammadi brings the same staunch
feminism that got her into trouble –
but weaves it into layers of emotional
and intimate familial settings. SonMother is about a young, widowed

factory worker Leila who struggles to provide for her 12-year-old son and infant daughter with her menial salary.

At the brink of a union strikes, her decision to keep working for a low wage disappoints her co-workers who shame and sabotage her into unemployment. Faced with utter desperation, she entertains the marriage proposal by the factory's bus driver, Kazem.

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