

I'VE BEEN SAT

I write to you from the comfort of my work chair. It's a good chair, it has arm rests and the back support is slightly inclined. Although it ends halfway up my back when I sit up straight and I wish it didn't, I'm okay with it.

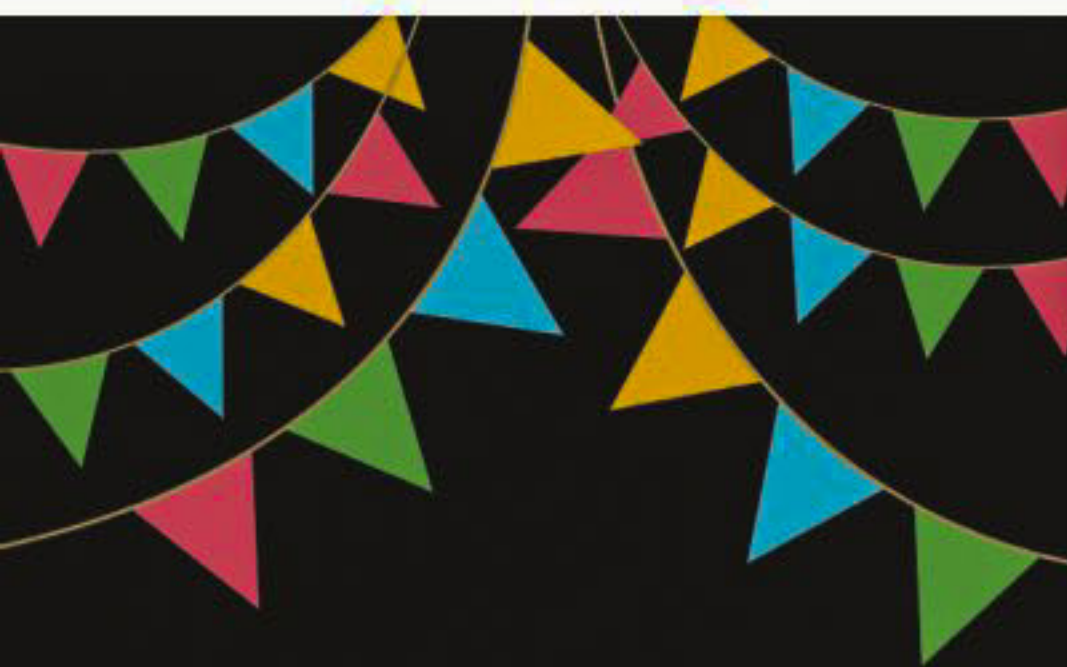
The chair that usually accommodates me in class is much worse. It's made of some sort of synthetic material, with no cushioning whatsoever, and the back support bends backwards way too much if I lean on it. It's also quite low and my knees end up bent in an acute angle, which becomes significantly bothersome when I end up slouching and/or falling asleep.

I'm lucky that the classroom we've been assigned this semester has more than one type of chair. We have two types of wooden chairs, one with low back support and low seats and some older chairs whose back support will reach my neck if I sit up straight. I feel like the latter kind is much better for me, and it's more difficult to fall asleep on them.

I love my chair at home, by the way. It's a bit more expensive than the other ones, it reclines as much as I want it to, the height is adjustable, and it swivels. Who doesn't like that?

In conclusion, I feel like I've been sitting down too much recently. Every morning, my back feels uncomfortable. I gotta change this. You gotta change this too.

– Azmin Azran, Sub-editor, SHOUT



EVENTS

THE ARMEEN MUSA BAND: LIVE FROM SPACE

EMK Center, Dhanmondi
 September 5
 6:30 PM – 8:00 PM

SPECTRUM

Notre Dame College,
 Motijheel
 September 6
 9:00 AM – 6:30 PM

BLUES NIGHT WITH LABU RAHMAN AND FRIENDS

Jatra Biroti, Banani
 September 7
 7:00 PM – 10:00 PM



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THIS WEEK'S HORRORSCOPE

ARIES

Go home or go to the pool.



TAURUS

Some of us like seeing ourselves in the bathroom mirror.



GEMINI

Are you looking for a tiny frog?



CANCER

Do not keep tapeworms as pets.



LEO

If you are hungry, eat your vegetables and then some spaghetti.



VIRGO

French is a nice language but so is literally every other language, ever.



LIBRA

Art is a way of making macaroni look like weird looking Lego.



SCORPIO

Your friends trust you but do you trust them?



SAGITTARIUS

Neon green is not the same as fluorescent green.



CAPRICORN

Release your inner demons and then go for a walk.



AQUARIUS

Your hair is not the only important thing in your life.



PISCES

Grasshoppers are cool but it's not cool to bother them.

