

Tingle your taste buds at the 'Indian Street Food Saturday Lunch'

In the words of Le Meridien Dhaka's General Manager, Constantinos S Gavriel, "Street food embodies the essence of our culture." You can truly dive deep into the traditions and lifestyle of a nation by looking at their street food for the heart and soul that goes into the making of the food.

Le Meridien Dhaka has successfully showcased the street food culture of India by introducing their 'Indian Street Food Saturday Lunch' on 22 June, 2019. The team, along with Chef Delwar Hossain, who has been trained by world renowned Chef Sanjeev Kapoor, have concocted delicacies taken right from the root of Indian street food. You will surely experience the tanginess of 'imli' as you gulp down some 'Pani Puri' in the streets of Kolkata's New Market. The sizzling splash of chicken onto a large pan, layered with oil as the cook orchestrates a 'tikka', will transport you to the famous streets of Lucknow.

If you are visiting Le Meridien's 'Latest Recipe', you must try their 'Hariyali Murgh Yakhni Shorba' for starters; an equivalent of a cream of mushroom soup. Their 'Masala Papad' is an excellent addition to the list of offerings. The bowl shaped papad is dressed with tomatoes, onions, coriander and chillies, and is meant to be eaten by squeezing lemon juice on to it. Biting into it, you will find the smoky papad



Latest Recipe



blending in immaculately with the tanginess of the core.

An interesting addition to the food stations is the Indian Spice Bread Station, decorated with an array of colourful loafs made from mango, mustard, carrot, beet root, blue cabbage and of course, chilli. This is a mouth-watering fusion which must not be missed.

When it comes to the main dishes, their 'Pav Bhajis,' 'Tikkas' and 'Dosa' are must haves. The key is to slowly savour every dish from each of their stations by taking your sweet time, after all, the buffet's open from 12:30PM to 4PM.

Le Meridien Dhaka has time and again managed to put forward the traditional food culture of various regions and nations, ensuring the authenticity of the dishes. This comes with sheer talent and dedication as they have once again set a new standard of excellence.

Celebrate 'Indian Street Food Saturday Lunch' for Tk 2,500++ per person, every Saturday from 12:30PM till 4PM.

By Ali Sakhi Khan

Photo: Le Meridien Dhaka

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Expectation vs. Reality in your mid 20s

Life is never what we expect it to be. That is especially true in our mid-20s, where everyone is in a rush to make it to the top. Everyone expects to get their life together by this age, but then realises that life hardly gives us what we expect from it. Let's have a look at a few expectations that every 20 something has and the realities.

EXPECTATION- "FINANCIAL STABILITY IS GUARANTEED"

Reality: Financial stability and a good career will only come to those who will work hard in their student life and take initiatives to better themselves. One of the biggest misconceptions many of us has is there will be guaranteed financial stability once we hit our mid-20s. We cannot expect that our family or something else will take care of us. We need to hustle our way to financial stability.

EXPECTATION- "AGE WILL MATURE US"

Reality: Contrary to popular belief, maturity does not come with age. Your maturity has nothing to do with your age. The more you gather knowledge and experience in life, the faster you will mature. Maturity is not guaranteed when you hit your mid-20s. It is experience that brings maturity, not age.

EXPECTATION- "YOU WILL MEET THE LOVE OF YOUR LIFE"

Reality: One of the biggest expectations people have from their mid-20s is to meet their future life partner. But the person who is meant for you does not appear in your life according to a timeline. So don't stress over that one person in this important phase of your life, and just keep doing your best and that person will come along when the time is right.

EXPECTATION- "MONEY EQUALS SUCCESS"

Reality: I'm sorry to burst your bubble, but money can never buy happiness. Of course, it can assure you a sense of security, but true happiness comes from within. Your true success is measured by the amount of love and respect people have for you.

The age between 20 to 25 is the most confusing one. We have too many hopes about the future, we feel that everything will be handed to us once we finish our studies. However, that is not the reality. You will be handed with what you work for in life. It is as simple as that. So you need to decide how you want your mid-20s to look like and put in your efforts accordingly.

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