



tory; fried and curried. How about something different, like do macha, a spicy curry with not one but two different fishes? Meaty dishes are also equally important. Give your bhuna gorur jhaal a twist by adding aachar oil and bits! Shorisha ilish maybe a favourite, but shorisha murgi is equally delicious and different! Mochar ghonto is a delectable delicacy, as is maacher mathar ghonto. Daab chingri, doi maach and shaada ilish are some of the lost but loved dishes you can include in your menu. Lastly, don't forget the details. Assorted pickles, lime wedges, pora morich and onion wedges are essential to bring a true deshi fervour to your fabulously Bangali spread! For desserts, doi and mish-ti are staples, but include interesting items such as malpoa, chandar jorda, kacha golla and khejur gurer roshogolla. Baishakh is really about enjoying life with a renewed spirit and vigour. May your feast be one that feeds not just the tummy, but also the soul. Your Bangali soul!

By Sabrina N Bhuiyan
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