

A lighter-colour attire has a ripple effect on the mood. Designers know this, which is why once the sun's out, so are all colours in lighter shades that soothe, not only the wearer but also the admirers gaze. Layering is the rule of thumb to avoid sun burns, and mixing and matching fabrics will help amp up your daily fashion quotient.

This summer's mantra is channeling your inner Gandhi, but with panache. Something around the lines of a Grecian Goddess who is ethereal, but a fashionista in heart.

Lemon greens, baby blues, peach tones, lavenders, pastels and different shades of white— Ivory and beige, even muted browns that remind you of warm sandy beaches.

Go for the classic monochrome look, but do not just do it in white, raise it up a few notches for that graceful finish in a kurta or kameez with minimal and delicate embellishments and a matching shalwar in soft shades of pink and peach. Although white is your best friend, best to use it in the form of pants and shalwars, coupled with your favourite sky blue kurta that can very easily be dressed up with a jacket in the same colour tone.

Layering in lighter tones is also a good way to go, especially with natural fabrics like cotton. Opt for an asymmetrical jacket with a tunic and pair it with palazzos for instant elegance. Long and short kurtis coupled with slim pants and a floral palazzo respectively are also great options for summer.

Palazzos are a godsend and do not just pair them with your kameez. Go for anarkalis, crop-tops with jackets or even shirts.

As we are all about that lighter coloured mantra, white palazzos are a safe choice, but try out printed ones, or even any other coloured ones to show off your playful side.

Scarves are your best friend. Be the belle of the ball at the next evening get-together by contrasting your pastel colour dress with a contrasting but lighter shade scarf. A sober dress and a killer scarf, what could go wrong with that combination?

If you have a formal invite to attend, keep it classy in muted shades, combined with metallic accents. Nothing beats the classic white and gold embellishments, but this year has seen other lighter shades of even greens, blues and pink with silver and golden embroidery, dominate the fashion scene.

Another favourite is having different cut works and fabrics in matching shades as three pieces, or even the shalwar-dupatta or either, being a shade lighter or darker. This works best when done on coral tones.

Whichever style or outfit choice you make, remember, fashion is personal and by all means, about comfort, especially with raising temperatures. So do not forget to stay hydrated and stylish!

By Supriti Sarkar



Photo: Protoy
 Designer: Maheen Khan
 Makeover: Farzana Shakil
 Models: Tania,
 Abdullah Al Mahfuz, Joly