Stabonno Towhida

Srabonno Towhida is a successful actor, presenter and doctor, and has recently been a part of the BPL telecasts by Maasranga. In an interview with Star Showbiz, Srabonno shared her beauty secrets.

SKINCARE:

Srabonno has a busy schedule and likes keeping her skincare routine brief, but effective. She has genetically clear skin and thus, doesn't need to dedicate a lot of time to take care of it. She believes that the core to achieving youthful skin is maintaining a proper diet and sleep cycle, so she drinks plenty of water and includes lots of vegetables in her meals. She always makes sure to remove her makeup with a makeup remover from MAC. She also uses a cleanser from Bioderma and a moisturiser from The Body Shop. Srabonno doesn't use a toner, but rather prefers using a Vitamin C cream. In her spare time, she applies Aloe Vera gel and honey to her skin to rejuvenate

HAIRCARE:

For her haircare, she likes using L'Oréal Keratin Smooth or TRESemmé to both shampoo and condition her hair. In order to colour her hair, she always goes to hair salons for the best results. She also massages her hair with a mixture of linseed, almond and olive oil, and then washes it off.

MAKEUP:

Srabonno is not a fan of using makeup regularly, but when she does, she

prefers products from MAC. On regular days, she opts for brown or light golden tones, as she believes light colours suit her more than darker shades. She uses lipsticks and primer from MAC, and likes collecting different shades of their lip colours. She also likes lipsticks from ColourPop Cosmetics and Revlon. For her eyes, she prefers using eye shadow palettes from MAC and Huda Beauty. During formal events, she prefers a heavy makeup look, which is generally done by professionals. However, she always does the base herself in order to keep it light. She also opts for nude lip colours, which contrast with the heavy eye makeup she likes.

REGULAR WEAR:

Her ultimate favourite for regular wear is jeans paired with T-shirts. The western style of clothing gives her a trendy look, while also keeping her comfortable.

PARTY WEAR:

While attending parties or special events, she usually likes wearing gowns or draping herself in a *saree*. She also has a fascination for perfume and pays special attention to the kind she uses.

By Shreya Shomoyeeta



