

## TIPS

The chill of winter can confound even the most luscious of skins, especially if it's on the oily side. On winter mornings, our skin often resembles the dry deserts of Africa, and by the afternoon, it turns into an oil field from the Middle East! A hydrating cream in the morning could end up feeling like a curse by mid-day when the makeup wears off because of the shine, which can give grease a run for its money.

## Winter skincare regimen

For girls like us, it is very important to follow a set routine, summer or winter. It is actually a common misconception among most of us that people with oily skin should not moisturise. When we do not apply lotion or cream, our skin starts the process of natural hydration, producing more oil.

Cleansing the face with cold water is a good way to start the day. Another very important thing is to try to reach for gel products. The Neutrogena hydro boost, for example, is a good hydration gel. It is water based, so it can easily get absorbed into the skin, and is usually lightweight compared to oil-based moisturisers.

Sunscreen is also an essential; just because it is winter does not mean that the sun will not damage the skin. They too can feel heavy, and so the Lotus gel sunscreen can be a good option.

At the end of the day, after coming home, it is very important to wash off the oil and the makeup from our face before it starts to affect the skin. A good makeup wipe, or the Garnier Micellar water, is good for taking off any makeup, which the facewash cannot take off.

Of course, it is important to hydrate the skin before going to bed. Not just the face, but the body too. Body Shop very recently came out with body yoghurt, which is just a dream come true, for many it works even better than their body butter.

And last, but certainly not least, exfoliating the skin at least once a week with a facial scrub is needed to get rid of the build-up of dead skin. It all comes down to habit, at first it might feel like a lot of work, but after doing so for about a week or so, our glowing skin will motivate us to go through the steps every day.

By Qazi Mustabshara Tabir

Photo: LS Archive/Sazzad Ibne Sayed



## CHECK IT OUT

## TAAGA MAN now available in Wari

TAAGA MAN, an exciting new fashion brand for men, launches its shop-in-shop at Aarong's Wari outlet. TAAGA MAN product lines can be found at level 2 of the outlet.

TAAGA MAN features functional, casual and formal attires for men, along with shoes, bags, wallets and other

accessories. The stand-alone outlet of TAAGA and TAAGA MAN is situated at Satmasjid Road. It is also available at the seven existing Aarong outlets – Uttara, Jamuna Future Park, Bashundhara City, Mirpur 12, Mogbazar, Halishahar and Mymensingh - which have been recently designed to incorporate the line.

TAAGA MAN is a sub-brand of Aarong, the leading lifestyle retail chain in Bangladesh, and flagship social enterprise of BRAC.

For more information, visit [aarong.com/taaga](http://aarong.com/taaga)

## CHECK IT OUT

## Up to 60 percent discount at Le REVE

Le REVE, the country's leading apparel and lifestyle brand, has started an end of season sale. During this sale, customers will have up to 60 percent discount on men's, women's and kid's items.

The men's line includes jackets, hoodies, sweaters, casual blazers along with Le REVE's regular items, including panjabis (regular, semi fitted, fitted), wide range of paja-



mas, t-shirts, formal and casual shirts, variety of denims, coloured trousers and other pants, as well as everyday boxers.

For the ladies, Le REVE's end of season sale includes coats, jackets, sweaters, vests-shrugs, and a wide range of shawls, apart from regular styling of shalwar kameezs with dupattas, tunics, leggings, palazzos, denims, and chinos.

Le REVE is also showcasing a wide range of kids clothing on this sale. The kids' collection includes jackets, sweatshirts and hoodies, with matching bottoms offering amazing styles.

Customers can also buy their products online at [www.lerevecraze.com](http://www.lerevecraze.com) and have their products delivered and paid on a 'cash on delivery' service across the country.

The lifestyle brand has stores in the city's Banasree, Dhanmondi, Mirpur, Uttara, Wari, Bailey Road, Jamuna Future Park, Police Plaza Concord, Basabo, Mohammadpur and Bashundhara City Shopping Mall as well as in Narayanganj, Khulna and Sylhet.