

**FEMME FABULOUS**

# HUMAIRA KHAN

*Creating redefined iconic fashion statements, the graceful couturier, Humaira Khan has been one of the thriving names in the fashion industry of Bangladesh. She is the pioneer of an exquisite fashion line 'Anokhi'. In a candid interview with Star Showbiz, she shared some of her beauty secrets.*

## SKINCARE

Beauty comes from within and Humaira Khan is the beacon of effortless beauty. She follows a philosophy rather than a beauty regime to look youthful and fresh. She always believed that youthfulness is a way how you look at one and with this belief, she looks forward to life in a positive manner. Her morning routine help her to relax and boost energy for the entire day ahead. She wakes up appreciating the nature around her and takes a sip of her favorite herbal drink. Jeera Pani with honey and lemon in warm water is her natural detox for the body which ultimately contributes to clear and healthy skin. She also drinks a cup of milk tea to get set for the day's work. To complete the morning activities, she never forgets to do yoga, which helps her to rejuvenate and keeps her more focused for the whole day. After a long day of work, she prefers cleaning all the dirt and impurities from her skin using natural coconut oil and as she has dry skin, she does not use toner. She always pampers her skin with moisturizer to give her the hydrated look. She uses *Shiseido* day cream along with an under eye and night cream of the same brand for youthful vibrancy. Along with the moisturizers she applies *Lancôme Advanced Génifique Serum* which gives her more luminous and radiant skin.

## HAIRCARE

She has a very minimalistic routine for her hair care. She does not like when her hair follicles are clogged or blocked, thus oil treatment is a big no for her. She shampoos and conditions everyday to maintain the fresh, bouncy and flowing hair. She uses

the *TRESemme* shampoo and conditioner.

## MAKEUP

For her everyday makeup, she uses a primer from *Lancôme* followed by a concealer. She has to do her eyebrows before stepping out of the house because she believes eyebrows determines the overall structure of the face. For overall coverage, she prefers using *Clinique Even Better Glow* foundation and to set the entire base she applies translucent loose setting powder which locks in makeup for long-lasting wear. To give her eyelashes the perfect curl she uses *Lancôme* mascara that has twisted wand. She does not prefer much contouring or blush, as she loves the natural look. Her favorite brand of lipstick is *Estée Lauder* because it moisturizes and gives her full coverage.

## REGULAR WEAR

Her style mantra is, she prefers quality over quantity and the outfit should not wear her, rather she should wear the outfit. For her day to day to work, she keeps it comfortable and wears sophisticated, conservative western clothing's. To have a little fun with the outfit, she adds an embellished hair band as an accessory. Among the other accessories, she prefers sunglasses and watches during daytime.

## PARTY WEAR

Events and parties calls for *Sarees* and *Salwar Kameez* and occasionally western outfits. And she steps out for evening parties or events by draping herself in a statement *Desi Saree* and a designer bag. She tries to keep the look chic and sophisticated rather overwhelming.

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By Joana Nomrata Mazumder



5000 year old Ayurveda for today's beauty problems

