



PEOPLE AT ART EXHIBITIONS

AFSARA KHAN

Unless you're Patrick and have been living under a rock, you've visited at least one art exhibition in your life. Which category of gallery-goers do you fall under?

THE PROS

These people are professional artists or photographers and are probably there to support fellow artists or photographers. Maybe they are friends with the exhibiting artists themselves. They move from one artwork to another, occasionally giving each other a knowing nod, often discussing a piece with others in their artsy group.

ART ENTHUSIASTS

They may or may not be able to create art themselves but are nonetheless intrigued by the vast and mysterious world of art. Similar to the pros, they search for meaning and marvel at the technique and skill used in each piece. Be careful, though, if you ask about their interpretation of an artwork.

THE COMMONERS

These exhibitions are social gatherings for them, they come here to casually hang out with their friends or family just for the sake of it. You'll find them getting intrigued once in a while when they stumble upon a unique piece of art. Quite often some of them gather in front of paintings and block your view while they discuss the bigger questions in life.

JOURNALISTS AND NEWS REPORTERS

It's pretty obvious why they're there. You'll see them running around with their filming equipment – the huge cameras and microphones trying to cover the event for a TV channel or newspaper. They'll interview the profes-

sionals and also random people on visit. If you're like me you'll probably stay miles away from them to avoid having that camera in your face.

CHILDREN

Parents obviously bring their children along with them (no matter how much you don't want them to). The kids WILL get bored and sulk around as they stare at everything with an unimpressed look on their faces. You might even catch a few of them trying to meddle with the artwork in an attempt to entertain themselves. Yes Sakib, I can see you trying to gauge the sculpture's eye out. Stop it.

THE INTERNET FAMOUS

Everyone loves taking pictures in this day and age and that is completely alright but these "internet famous" individuals seem to take things a bit too far. They solely visit these places to pose beside the artwork and have their friends take photos of them which they will eventually upload to Instagram accompanied by some deep caption. They are mostly teenagers and roam around in a large cluster and will surely stand out from the rest of the crowd.

CREEPS

Although these people can be seen anywhere and everywhere, it gets especially weird when you see them at these art events. They loiter around and stare at people instead of the art like there's no tomorrow. If you're unlucky enough, they'll follow you around and get uncomfortably close. You pass that dark corner of the gallery and sense you're being watched only to find those creeps staring right into your soul.

Afsara loves staring at the sky at any given time especially during sunsets. Send her aesthetic sky pictures at facebook.com/afsaraakhan

How a 10 step skincare routine video changed my life

SUBAITA FAIROOZ

The one thing about being a teenager I absolutely hated was the explosion of acne all over my face. Worrying about my skin and why it could not be as perfect as the models' on magazines was something that fed into my insecurities about myself. Even a few years ago, YouTube and YouTubers were not the big deal that they are today so I did not know about all the wonderful videos they made giving people tips and tricks about to improve their skin.

I discovered a wonderful world of skincare products one night as I was browsing through YouTube. The title of the video was "Use this ten step skincare routine for a life changing experience" and I was instantly intrigued. Against my better judgement, I hopped online and ordered all the products mentioned in the video hoping to get butter-soft skin with no acne. My products came in a week later and I could not wait to drown my face in those.

Thus began my journey of lathering on different products on my skin every single day and night. The first step was the black-head cleanser. It felt its rough texture as I was massaging it onto my skin; almost like my cat's tongue when she very aggressively tries to clean my hands. The second step was the oil based cleanser, followed by the water-based, foaming cleanser. Then came another interesting item: the banana split flavoured exfoliating scrub and mask. It smelled delicious, like I was actually putting on banana paste on my skin. On tasting it, however, I figured why it was meant to go on my face and not into my mouth.

Then came the sheet mask and I noticed

the initials B.I.P written in nice calligraphy on the packet. Upon further investigation I found out that B.I.P actually meant "beauty is pain". I could not fathom how or why a sheet mask would cause me any pain but I had my answer as soon as I put it on my face and the weirdest tingling sensation began, quickly escalating to a burning sensation. At the end of the grueling five-minute masking situation my skin felt much plumper, so I guess beauty really is pain.

The next few steps were pretty straightforward. I had to use a toner and an oil essence (I still do not understand what an essence is). Then I had to use a lightening and brightening serum, so that when I walked into a room my face would glow brighter than the fluorescent lights. After that it was all about moisturising my face and then my under eyes to get rid of those bags and dark circles from sleepless nights.

Immediately I could see that my skin looked fresher, plumper, and much brighter. Once I had used it for over a week, my acne was gone and all the scars were also fading away. Since I had to complete the entire routine twice a day, I was waking up quite early and going to bed early as well. My sleep routine definitely improved and everywhere I went I got compliments about my skin instead of the usual comments about how badly it was behaving. This routine truly did change my life and helped me overcome my insecurities.

Subaita likes cats and dogs and everything that hops. Send her your favourite animal videos at subaita.fairooz@gmail.com

