

LIFE'S MANY THEME SONGS



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Ever imagined your life as a sitcom or movie with an amazing backing track playing throughout? From more mellow tracks during the ordinary moments, to more hard hitting ones when things start getting intense. Those of you looking for a few more tracks to add to the already existing playlist inside your head might love some of the tracks below for the different range of emotions you feel on the daily.

Cholo Bangladesh: Anytime Bangladesh is victorious at anything, from cricket to football, all the way to a landmark on the way to development, "Cholo Bangladesh" by Cryptic Fate is our patriotic song of choice. While there's a wide selection of patriotic tracks, both classical and modern, Cholo Bangladesh is THE contemporary song that's become more commonly associated with our victories.

Uptown Funk: Whether you're just feeling essentially chilled out, or just feeling like a winner because you were able to pull a "smooth" move with your crush, "Uptown Funk" by Mark Ronson ft. Bruno Mars is a great track to have playing in your head as you walk down the street feeling all pumped up with enthusiasm; to the point that you're almost dancing.

Stressed Out: Directly from that uplifting feeling when you end up down in dumps, depressed and stressed out by the many obstacles and punches life throws at you, "Stressed Out" by Twenty One Pilots is a song that you'll relate to. The song will not only acts as a reminder that you're not the only one suffering from life's endless practical jokes, but will also take you back to memories of the good old days when things were much simpler.

Tomake: When you're still in high school and have been infatuated over the same person for the longest time, "Tomake" by Warfaze acts as a great song for the situation. If you're just experiencing those initial feelings of being caught up obsessing with your first crush, Tomake will really warm your heart right up. Note: The song also works for when you eventually end up getting rejected as well.

I Want to Break Free: Sometimes the pressure on you from your parents, friends and society overall gets a bit too much to take. You find yourself wanting to run away from all the judgement and social norms that have drained you off your own essence, to a place where your individuality will be more loved. "I Want to Break Free" by Queen is a classic song for these moments. Freddie Mercury singing, "I want to break free", throughout the

track will get you chanting along, thinking of shedding the chains of social norms and judgement to finally become your true self.

Raag: This one goes out to all the situations when you're stuck in traffic, in the heat, unable to move a centimetre because someone couldn't wait two minutes and has now ended up trapping both you and them in this inevitable nightmare of being home an hour late. "Raag" by Cryptic Fate really gets your blood boiling, helping you vent out all the anger every time Shakib Chowdhury sings, "Mathae uthe raag. Rokto gorom raag."

All Out of Love: Right after breaking up with the "love of your life", Air Supply's beautiful ballad will soothe your soul and swallow your tears. And as you sob away singing, "I'm all out of love, I'm so lost without you" for the fiftieth time on repeat, you'll finally be able to fall sleep. Pro tip: Rinse and repeat the song till you absolutely hate it.

Gangsta's Paradise: When you live in the hood, i.e. almost half of Dhaka, this serves as a great tune for when

you return home unscathed, without being mugged. "Gangsta's Paradise" by Coolio gets you into that zone, where you're head-bobbing as you walk down the street to your house, feeling like an absolute badass for walking through the hood with no repercussions (this time).

Rong: During festivals or just on a rainy day, "Rong" by The Watson Brothers is a mellow song that you really don't even need to pay that much attention to. It could be playing in the background without you even noticing, but it sets a certain ambience to the scene, making you feel a warm and familiar feeling of happiness.

Music for most, if not all, is a part of a much larger coping mechanism. So whether it is for moments when you're feeling down, angry, frustrated, stressed or even just feeling something you can't even comprehend, keeping some of these songs playing in your head (or directly into your ears) can help get you through the day.

Aaqib loves petting doggos. Send him pictures of your "good boys" at aaqibhasib94@gmail.com



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