

FRENCH KNOT IT WHEN YOU KNOW HOW

Any woman can pull off the French twist and look sophisticated, irrespective of her age. Begin by teasing hair lightly in the front to the middle of the head. Set with a dry shampoo and then sweep your hair from the sides and roll it into a knot. Secure with U-shaped pins and set in the flyaways.

So there you go, now you can enjoy the evening with the perfect dress and a perfect hair to go with it.

WISPY, WASPY NIGHT

If you are planning on an entirely casual night with friends, then this laid back style is simply meant for you. Twist up your lock and let some fringes fall loosely over your face. Now you can look good and not spend time overthinking about the tresses.

By FASHION POLICE

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TOP KNOTS ARE HERE TO STAY

When you are partying hard you don't want hair to come onto your face and make a mess. To sport a trouble-free chic look, apply a generous amount of lightweight gel to dampen hair and slick into a high pony. Wrap it up later into a bun and then secure with bobby pins.

There you go. You are the new Kat Graham in the making!



TIPS

Waking up with the perfect hair

For chilly winter days when you would rather hit the snooze button instead of spending half an hour styling your hair, getting your strands to cooperate can feel exhausting. Imagine if there was a magic formula using which you could just wake up with the perfect hair!

No more greasy hair or frizzy strands.

While there are no magic formulae, there are a few ways to give you a head start in prepping your stunning strands for the next day. So, exactly what are inner workings of looking effortlessly incredible in the morning?

START WITH DEEP CONDITIONING

Deep conditioning will reduce frizz and help you achieve that bouncy look when you wake up in the morning. Those with dry hair and split ends, try rubbing a bit of coconut oil.

Focus on the ends to add extra moisture. If coconut oil is too intense for you, try aloe vera. Lightweight, this adds a bit of shine to your tresses. Just mix aloe vera gel with water and spray a bit onto your hair.

USE SILK

Cotton pillowcases can zap moisture from hair. Instead, opt for a silk pillowcase. It reduces static, this preventing damage of the hair. Being a gentle fabric, silk also mitigates frizz. If you do not want to switch, you could wrap your hair in a silk scarf for the same effect.

BRAID IT OR BUN IT

Braiding slightly damp hair before bed can help you get gorgeous mermaid-waves when you wake up.

Whether it is a French braid, side-braid, or pigtail braids, each would add a crimped up texture to your hair, making it look effortlessly beautiful. Alternatively, you could also throw your hair into a bun before bed. That way, when you wake up, you will have natural-looking frizz-free hair. Opt for a crunchy instead of tight elastic bands to avoid hair damage.

BLOW DRY IT

For beach waves, blow dry your hair using a round brush. Then separate into sections, and twirl with a bit of mousse. Use a volumising spray to add volume to your hair. The spray would also help preserve your natural look overnight. If your hair feels too greasy, work a bit of baby powder into the roots.

TRY HEADBAND CURLS

Those with a love for ringlets, use a headband on slightly damp hair. Then, gather bits of your locks, twist it and tuck it into your headband. Wrap a silk scarf around the base to cover your hair, as cotton has the tendency to increase hair damage. While you will wake up with gorgeous elegant hair, it can be uncomfortable to sleep in. However, this could be the ideal technique for days when you have early morning events.

By Adiba Mahbub Prama