

FEMME FABULOUS

ANEEKA BUSHRA

Aneeka Bushra is a very well known name in the beauty industry of our country. Her page 'Splendor by Aneeka Bushra' has garnered much attention for their distinct work on modern brides. This week Aneeka opens up about her self-care regime in an interview with Star Showbiz.

Skin Care

Aneeka's skin type is dry and sensitive, the two greatest foes of skin together. Moisturizer is thus the confidant her skin greatly relies on. Aneeka's beauty regime is all about organic ingredients. Using hundreds of fancy branded products is a big no-no for her skin. Her daily skin care routine goes pretty simple without much of a fuss. Cleaning and moisturizing are the primary and most important segments of her skincare regime to remove the excessive dead skin from her face.

Removing makeup is another crucial step everyday which she does using all natural and organic ingredients; coconut and olive oil being her first choice. She uses a *Garnier* or a *Bath and Body* facewash to cleanse her skin and at times she also uses a toner when her skin itches and irritates due to reaction with other products. She uses a moisturizer from *Clinique* to soften up her dry skin. Once in a while, she uses a home-prepared scrub using sugar and almond/olive oil to reduce pore size to the minimum.

Hair Care

In order to get rid of hectic hair care regime, Aneeka likes keeping her hair short yet trendy. She rubs her scalp with oil every 3 days which works as her natural conditioner; coconut oil is her first choice for her hair.



She uses *TRESemmé* shampoo to wash her hair daily but on days with a tight schedule she prefers using dry shampoo from *Batiste*

Makeup

Aneeka's everyday companions when it comes to makeup are lipstick and mascara. Her regular shades include *Jeffree Star Gemini*, *Milani Love*, etc. To

accentuate her eye-lashes she uses the *Benefit Roller Lash* on her usual days. For a more gorgeous look, during parties and events Aneeka forms a base with her concealer and face powder. Her choice in concealer varies from *Nars* to *Estee Lauder*. Her choice in face powder has always been *Mac*. Another makeup hack

she tries is using a mixture of mascara when going for parties. In this case she uses a combination of *Too Faced* mascara along with her *Benefit Roller Lashes* to make them look longer as well as voluminous. Anyone who knows Aneeka even a little bit is aware of her love for highlighters. Her choice in highlighter also varies as per her make up from *Mac* to give a subtle look to *Ofra* and *Becca* to produce a high end effect. She is an admirer of nude shades which reflects in her makeup and hence her choices in eye shadows are limited to palettes like *HUDA Beauty Nude*.

Regular Wear

Her work-friendly attire mostly consists of jeans coupled with tops that are casual yet trendy enough to make her stand out in the crowd.

Party Wear

Stylish and fashionable clothes which emphasize more on cuttings rather than sparkling designs are her absolute choice for parties. Sarees doesn't fall in her party-wear list as she is unable to wear them without her mother's help. She pairs up her dress with a trendy pouch and a pair of shoe and that is all it takes for Aneeka to look gorgeous.

By Sushmita Sruti Choudhury



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