

FEMME FABULOUS **MOUSUMI NAG**

Mousumi Nag started her career in the showbiz industry in 2006 with the TV drama 'Shure Akaa Chobi'. She is a known face of the entertainment industry and has won many hearts with her beauty, grace and amazing acting skills. In a recent interview with Star Showbiz, Mousumi Nag shared her beauty secrets.

SKINCARE

According to Mousumi Nag, a nutritious diet contributes to a healthy and radiant skin. She believes beauty comes from within and removing makeup thoroughly is a must for her in order to maintain healthy skin. Her initial step of cleansing begins by taking her makeup off with *The Body Shop Camomile Sumptuous Cleansing Butter*. Further the essential process of cleansing, toning and moisturizing continues with *Clinique* skincare products. She also treats her skin with extra care by applying DIY mask or sometimes the *Himalayan Charcoal Purifying Glow Mask* from *The Body Shop*. Once a week she scrubs her face with *Clinique* scrub to remove all the dead skin cells. Her every day morning routine includes a drink of warm water with honey. And she keeps herself hydrated throughout the day by drinking a lot of water and green coconut water, as it is a natural detox for the body which ultimately contributes to clear and healthy skin. She believes that not only our facial skin needs protection and care, but we must also pamper our hands and feet. Thus she regularly does manicure and pedicure at home.

HAIRCARE

To heal the damage caused by regular styling, every night she uses *Kingbodonti*

Hair Oil which she buys from an online shop. She washes off the oil in the morning by using *TRESemmé* shampoo and conditioner.

MAKEUP

On usual days, when going out for work or running errands, she uses *Clinique SPF50* sunscreen and neutral shades of lipstick. She never forgets her sunglasses and watch whenever she heads out. For overall makeup she prefers all the *Mac* products such as the foundation and compact. Her favorite lipstick brands are *Sephora* and *Mac*. For intensified kohl eyes she puts on the *Maybelline* mascara and eyeliner from *Mac*.

REGULAR WEAR

Easy and comfortable is her mantra when it comes to regular attire. Long tops or *Kurtis* accompanied by a pair of jeans is what she prefers wearing mostly. On formal days she likes wearing *Salwar Kameez* paired with unique and traditional accessories.

PARTY WEAR

Her party wear varies according to her mood or as per the requirement of the event or function. *Saree*, *Salwar* suits or westerns are her choice of clothing. Even for party wear she prioritizes comfort and ease of maintenance.

By Joana Nomrata Mazumder



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