

Ways to evaluate your life



MATILDA

If constant access to social media hasn't made you feel like a failure yet, knowing about Evaluate Your Life Day celebrated on the 19th of October will. But how do you exactly evaluate something like that? Well, there are ways.

SCHOOL ACHIEVEMENTS

You were really in your element during your school life. A closet in your house is dedicated to only storing your medals, test sheets and report cards from your school days. You don't really care that the education system may be defunct or that it isn't really an accurate measure of your merits, intellect or talents because it tests a narrow range of skills, some of which like knowledge retention are going to be completely useless in the near future. You did well in school and that's what matters to you. Period.

SOCIAL MEDIA

If you're alive at this day and age, there is a high chance you've found yourself completely sucked into the world of social media. At one point, it may have become much more relevant than the one you physically exist in. Your knowledge and memory on the likes on each photo, how fast you got the likes and reacts, the people who always like your photos, etc. challenge your own belief that you have a poor memory. If only you could get yourself to use this superpower for remembering dates in history class. But of course social media is different. To you, a life well-recorded is a life well-lived, regardless of the fact that what is presented is a highly filtered and curated reality.

KARDASHOPEDIA

The bigger your Kardashopedia, the lower your IQ, at least according to the people who claim they don't keep up with the Kardashians and other celebrity gossip. At the back of your mind, you know you're wasting valuable time by reading what you know is very likely to be untrue and will have no significance in your life. But how can you resist when you see titles like "You will never guess what happened to a certain celebrity at an event you have no chance of going to"? This person evaluates their life not according to what they've accomplished but rather by what they've not done instead.

ARIEL DISORDER

As life goes on, you collect objects that you feel relates to a certain time or event in your life. However, you may have developed a bit of an obsession with keeping things. Your drawers, shelves and cupboards are testament to the fact that your pointless collections such as ice cream sticks you still haven't made crafts with, store-bought birthday cards from people you never cared about and chits passed during class saying things like "Hey, do we have a test today?" are a serious burden and a headache for your mother. But you refuse to let go of them telling yourself that each item means something to you.

To be honest though, why would anyone spend time pondering on the quality of their life when they can just tune into all the mindless entertainment available at their fingertips?

Matilda likes to pretend she is invisible and inconspicuous. Tell her you can read right through her at matilda.tilda1234@gmail.com

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