

# Taking out the trash

Managing the waste that we produce everyday plays a crucial role in our lives. It is almost like an 'art'. As easy as it might sound, it may actually be more complicated, especially if you want to manage your waste by disposing them properly and not harming anyone or anything in the process.

Most of us know how to take care of our personal waste. But in today's hectic and busy lifestyle, it is obvious that we may forget some of the basics.

And that is what this is all about- to remind you all of those 'teeny weeny' hacks for disposing your personal waste and the dos and don'ts regarding your waste management.

Do not throw your trash directly in the dustbin. Instead, use polythene on the inside of the dustbin, on which you will throw your trash. This makes it easier for you to transfer the waste from your dustbin just by wrapping that polythene and giving it away when the waste collectors come. This way, spilling any of the waste is reduced.

Making sure that the dustbin has no hole or pores is a must. Otherwise, waste may leak from the bin, on the stairs or in the garage, where you keep it to be taken away by the collectors. These leaked waste, especially organic ones, will attract rodents, flies and other disease causing insects and harmful agents.

It is always a good idea to keep separate bins for organic and inorganic waste.

## Disposing sanitary napkins-

This is especially a matter of concern for those who have domestic maids at home. As the maids are not educated and unaware, they usually throw their used cloth or pads in toilets and flush them. This clogs up drainage systems very badly. Ask them to wrap the pad in toilet tissue and throw them in the bin meant for solid and inorganic waste. Never put them in the same bin where you dispose your

**Never flush wipes or other personal hygiene items.**



They cause sewer backups, clogs and damage to your local waste water treatment facility which could lead to fines.

organic waste. This is a rule that should be followed by every woman in a household.

The best way to take care of waste is to recycle and reuse your objects. This not only helps you, but helps to save resources for the whole population, and of course, reduce waste.

Every room in the house should have a bin. Be it your teenager's room or the dining or living room, you should try to keep a bin in each room. This helps your family members to dispose their waste properly and not litter.

Even

Teach your kids the value of taking care of their waste. Stop them from littering. A simple act by your child, like throwing his or her chocolate wrapper through the window is indication that he or she needs to know the importance of managing their waste. Because habits are etched into us when we are children, and if these habits are not corrected early, they will remain with them for the rest of their lives. Try to be a role model for your kids as they will do the things they see you do. So, act accordingly.

Taking care of your personal trash is not only important for you, but also for the people around you and the environment in which you live. So, make sure you are taking 'extra care' of them!

By Faiza Khondokar  
Photo: Collected



## NEWS FLASH

# Bibiana dazzles Washington DC



For the first time on U.S. soil, four international standard fashion houses- Bibiana, Kay Kraft, Bishwo Rang and Shoishob presented a colour filled evening as part of the

Ghurni.com Fashion Show earlier in September. Ghurni.com is a global online service that strives to uphold the finest in Bangladeshi fashion to the world by providing a platform for

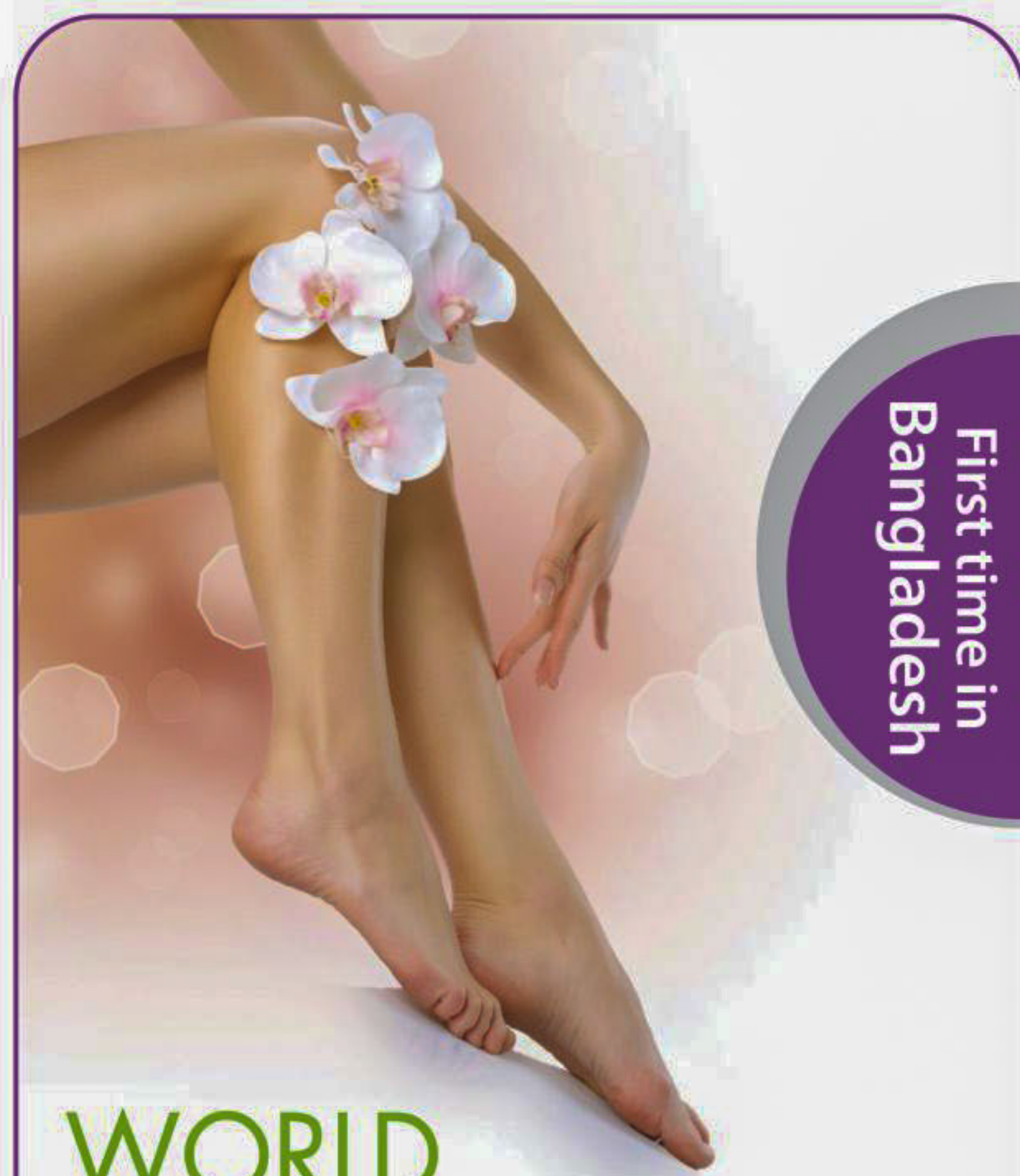
online shopping.

This diverse fashion show opened with internationally famed fashion designer (and Bibiana's own!) Lipi Khandker's 'Nisarga' in blue and green. After other themes like Bangla Cinema and Childhood, Kay Kraft's collection took to the stage with Bangladesh's stories like Falgun, Baishakh, Ekushe, Bijoy etc. The last element was wedding in local dresses, and the dazzling 'biyebari' atmosphere simply enthralled the crowds!

Kay Kraft's Khalid Mahmood and Shahnaz Khan, and Bibiana's Lipi Khandker were also present as special guests at the event.

The fashion show was bursting at the seams as crowds from New York, New Jersey, Maryland, as well as from most eastern U.S. States joined this event with immense enthusiasm.

# Dr. Jhumu Khan's Laser Medical



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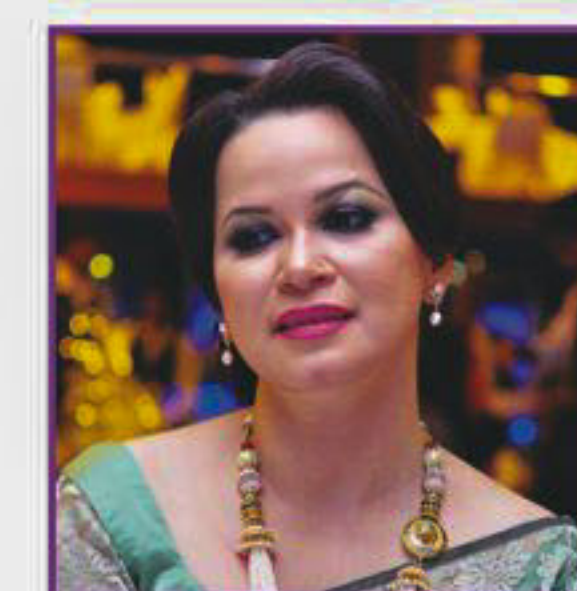
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## Dr. Jhumu Khan

MBBS (DMC), DCD (UK),  
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Diplomat (WOSAAM) Dermatologist, Anti aging  
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