

Detox the wardrobe!

Your style starts right in your closet. You might own hundreds of clothes but unless it's all sorted out and organised, you will struggle to put outfits together and constantly feel the need to buy more and MORE! To make the most out of your closet, let's learn how to Detox Your Wardrobe.



GET RID OF THE UNNECESSARY

First and foremost, get rid of all your unnecessary clothes. If there are pieces lying around that you have never worn in the past few years, maybe it's time to let them go. Don't hold on to dresses that do not fit or are completely out of your comfort zone, because chances are you won't really get much use out of them. Be smart with your decluttering; keep the ones that let you have a number of outfit options and get rid of those that you barely ever wear!

Tip: If you're indecisive on whether you should keep a certain dress or not, just ask yourself if you'd buy that again at this very moment? If your answer is no, just let go!



SIDE TO SIDE

Ariana Grande song reference aside, side-to-side is a great way to keep your clothes organised. Keeping pieces one top of the other is the usual way, but it causes us to mess an entire drawer up just to find that one piece. Sometimes, this even causes us to forget the existence of some items as it apparently seems to have disappeared deep underneath the other clothes! So, try organising your clothes side to side (picture for reference) to avoid facing such issues!



SHOP SMART!

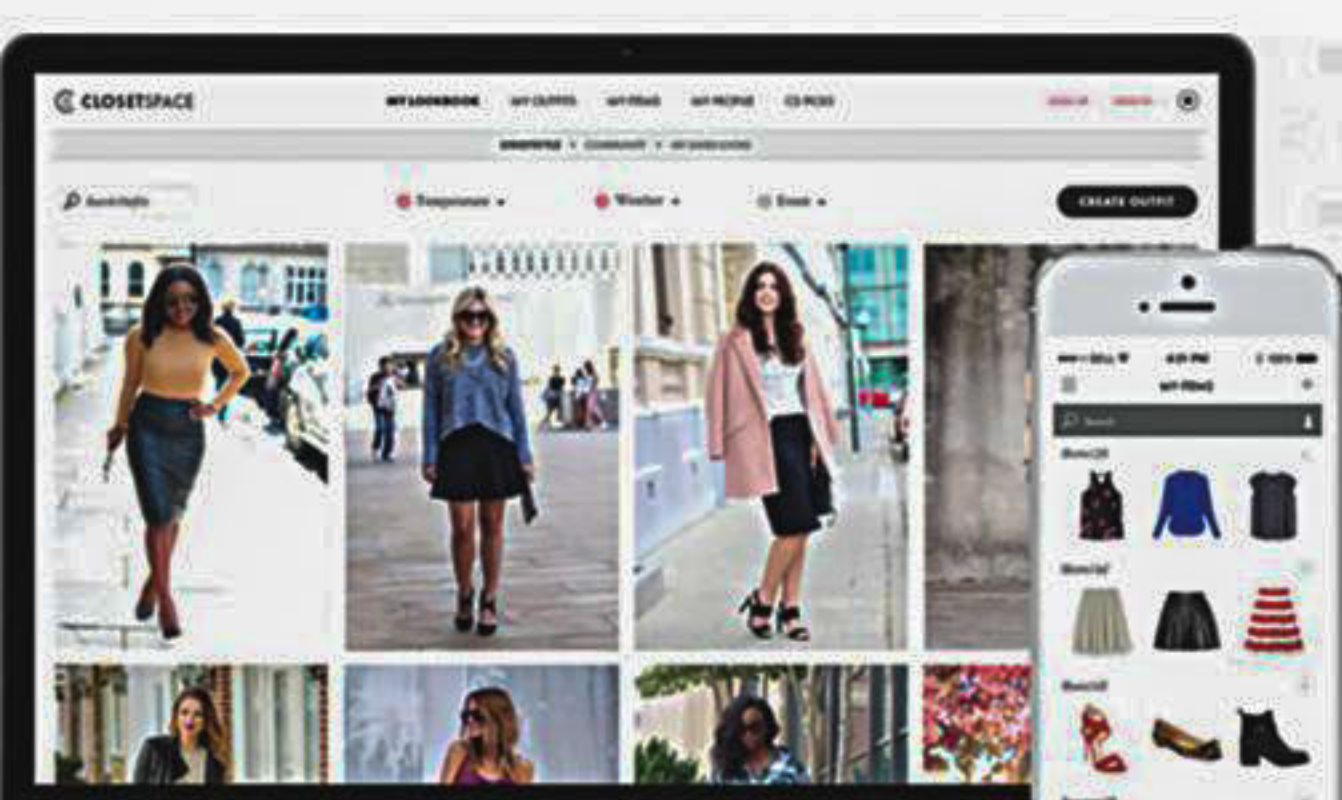
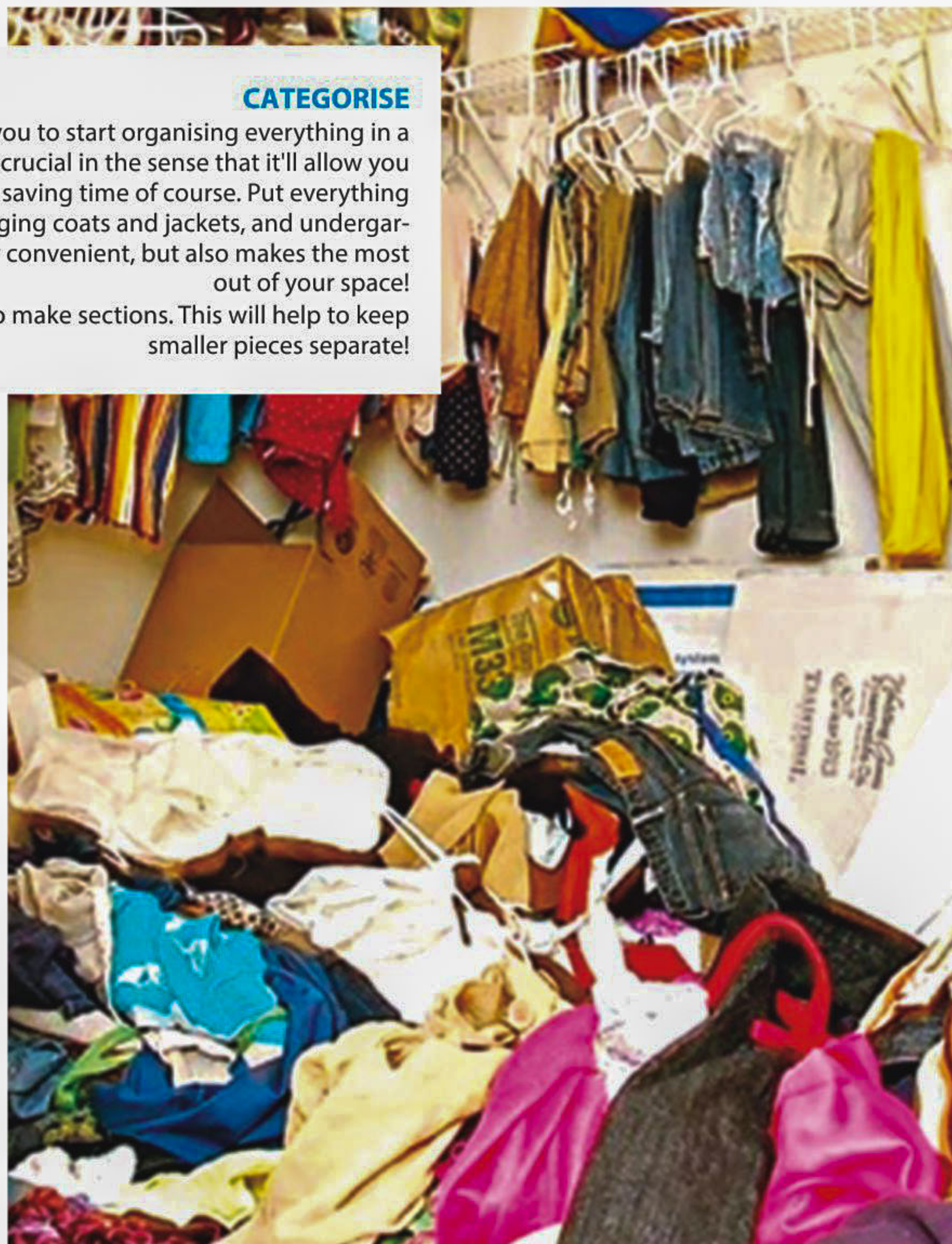
Now that you are done with your closet-detox, remember to shop wisely so that your wardrobe doesn't end up being the same mess all over again! Think twice, if not thrice, before buying something. Ask yourself if the item is for you and if you'll be able to put a number of outfits paired with it or not! Be careful not to buy something that you will probably only wear once. Only thing that will do is take up your closet space. One great advice for you would be to stock up on good basics. Neutral, solid, basic pieces (for example a beige top or a pair of black pants) will give you a great number of outfit options as they literally go with everything, rather than something like a patterned dress which you will only be able to wear a few times. Be smart when you shop, and try not to buy new things to keep up with trends all the time. Try to use and reuse your existing clothes to their full potential. This is how your wardrobe detoxification would be fully complete!

By Zohaina Amreen
Photo: Collected

CATEGORISE

Once you get rid of the unnecessary, it's time for you to start organising everything in a way that'll make life 10 times easier! Categorising is crucial in the sense that it'll allow you to find what to wear on a daily basis with ease, while saving time of course. Put everything in order- dresses in a section, pants in another, hanging coats and jackets, and undergarments in a drawer; categorise in a way that's not only convenient, but also makes the most out of your space!

Tip: Use organising containers/boxes in drawers to make sections. This will help to keep smaller pieces separate!



APPS AT YOUR SERVICE

Wouldn't it be great to be able to view every single clothing piece in your closet and have someone put outfits together for you at any hour of the day? Well, there are apps for that! Apps like Stylebook, Stylicious, Cladwell, ClosetSpace will serve as your 'digital closet' where you can store pictures of all of your clothes, view them, generate outfit ideas based on what you own, get help to dress according to the weather, schedule outfits prior to events and much more! Some of these apps can also keep a record of your previously worn clothes; you can easily get to know which pieces you never wear and get rid of them, ASAP!