

FEMME FABULOUS

NAHILA HEDAYET

Be it skin care, hair care, make up or spa, Privè Salon has made a new yet firm place in the beauty industry and is admired by many. The beautiful person behind this establishment is none other than Nahila Hedayet, a very well-known name in the Bangladeshi beauty industry. In a recent interview with Star Showbiz, the graceful Nahila shares her own beauty secrets!



SKIN CARE

Nahila, being a beauty expert herself, is very conscious about her skin. To start with, she uses the *SK-II Oil Based Makeup Remover* to wipe away her daily makeup. She then washes the oil and the remaining makeup with the *SK-II Cleansing Foam*. Her skin type, which is dry, requires extensive hydration, for which she uses the *SK-II Rich Moisturizing Cream*. It makes her skin soft and supple. To get rid of dirt and clogged pores, Nahila scrubs her skin with *Clinique-7 Day Scrub Cream Rinse-Off Formula* once a week. Apart from this routine care, she sometimes uses masks from *SK-II* and *Dr. Jart* to add some extra glow and freshness to her look, mostly before going to events or parties. An interesting part of Nahila's beauty care regime includes brushing her lips regularly and using butter to moisten them. When asked about home remedies, Nahila said, Aloe Vera is the best thing in her remedy list both for skin and hair care.

HAIR CARE

Wearing hijab makes her scalp oily, so Nahila needs to take great care of her

hair. It sometimes becomes dry too, which make the ends dull. To get rid of the dandruff, coconut oil with lemon juice is her first choice. To soften the rough and dry ends, she undergoes *Keratin treatment* and uses *Argon oil* to moisturize her scalp. She uses the *Argon Oil Hair Serum* to maintain the length as well as luster of her hair. She tries to get oil massage along with using herbal and organic packs once or twice a month, if she can manage the time. Nahila's choice in shampoo is never constant as she keeps on trying new products in market. She pairs it up with a conditioner that gives a deep conditioning effect.

MAKEUP

Nahila likes putting makeup on people more than putting on herself. The monochromatic look, which is in trend nowadays where the eyes, the cheeks and the lips all pair up to be of the same shade, is her favorite. On regular days, she limits her makeup to a concealer from *Chanel* to conceal her under-eyes, a little bit of *Makeup Forever* waterproof mascara. She does

not need to put highlighters on regular days as she already has an oily skin type but her eye-brows need to be accentuated as she avoids plucking them. While attending parties Nahila prefers putting a light foundation from *Makeup Forever* and along with it she uses a setting powder from *Laura Mercier*. She always finishes her makeup with a light lipstick from *Sephora* or *Mac* and some mild tone blush on.

REGULAR WEAR

Her dress up depends greatly on her mood but she has a versatile choice and collection of attires. From tunics to trousers and from kameez to kurtas she wears anything that suits her mood and makes her feel comfortable along with her hijab on her usual days.

PARTY WEAR

For parties, Nahila prefers wearing saree and long gowns. From her hijab to her watches, bags, shoes and accessories she likes matching up them all to give a vibrant look.

By Sushmita Sruti Choudhury

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