# Things to invest in

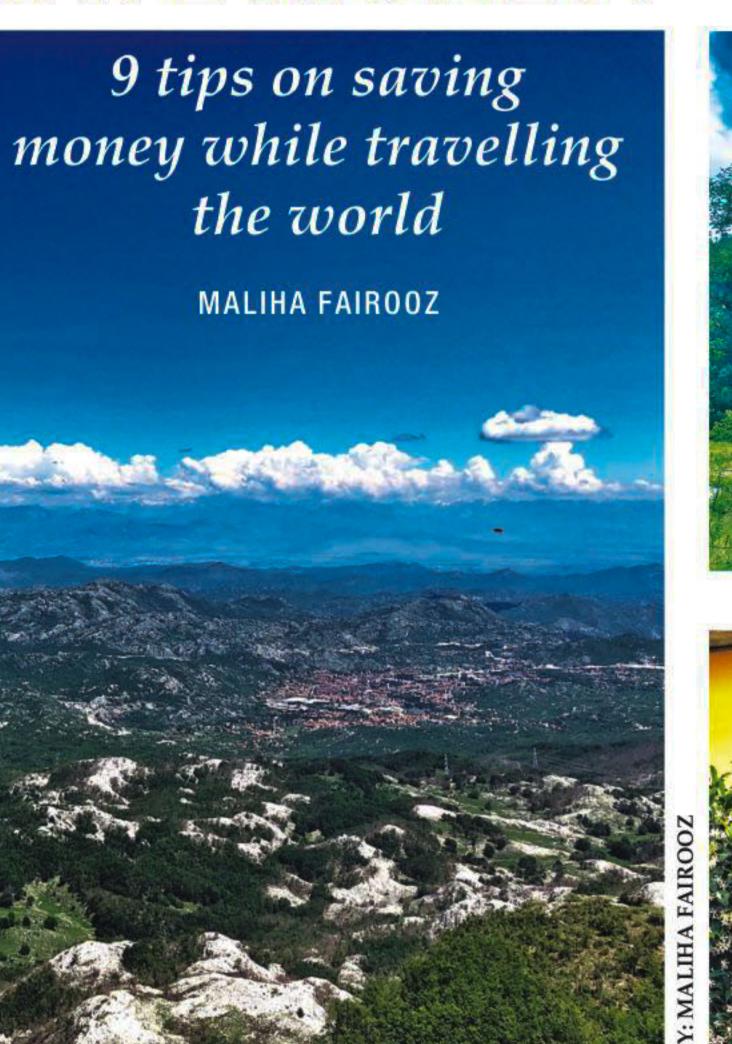
Invest in a good backpack: I cannot emphasise this enough. A good backpack will take you a long way. In my opinion, a good backpack has the following features: a) It is light (maximum three lbs, especially if you are not someone who is super into strength training). b) It is the

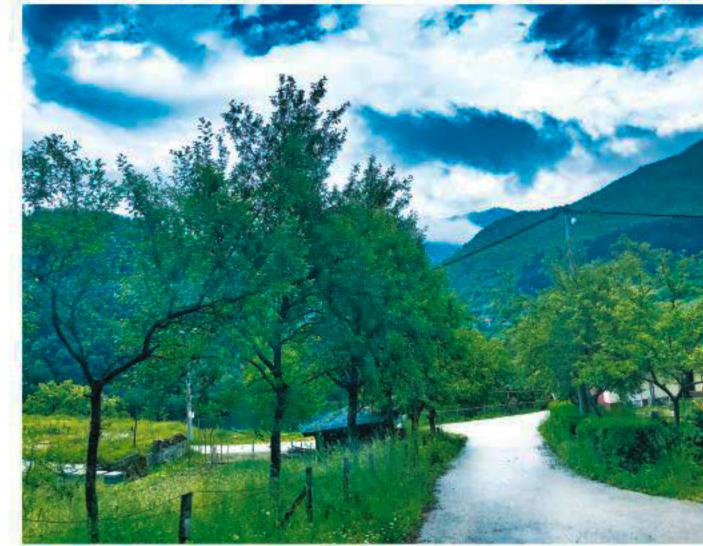
# TRAVEL THE WORLD AND SAVE MONEY!

which often makes things much cheaper and more fun! I think the trick to hostels is reading the reviews. recently stayed at a hostel in Cancun which had really high ratings but was super loud and dirty. What I didn't see when I only chose a rating was that it was actually rated for being a party hostel and was not good otherwise. So, exercise caution, because it can be tricky!

TRAVEL

Airbnb and booking.com are also great for booking cheap accommodations. With booking.com, because I have booked with them over 11 times, I get great discount and deals. So, whenever you book, please make sure you are logged into your account to avail these offers. Plus, if you look for deals, you will sometimes find really good hotels for cheap prices. The





right size: my cut off point is 50 litres for a trip that will last 3-4 months in the summer. The bigger the backpack, the more the hassle. c) It is water resistant and durable.

The reason I insist on this is because in the long run, a light and durable backpack will save you tonnes of money when you are walking for miles and are super tempted to take a taxi, or when your bag tears up in a place like Iceland where you can barely afford to breathe.

Invest in a good pair of shoes for walking or hiking: You can walk longer, do more things, carry more stuff, and therefore save tonnes of money in the longer run.

## How to book "cheap" tickets

My go to search engine is Skyscanner on private mode. So, here's how I do it: I go on private or incognito mode on my browser while searching for flights on Skyscanner. I do this so that I can look up prices without the website collecting all my data and then dramatically increasing the prices when they see a route that I have been eyeing when I am about to purchase the ticket.

When Skyscanner shows you the different options, compare them separately by searching for the same flights in the airlines offered. For example, if I am booking a flight from Dhaka to Munich and Skyscanner tells me that Emirates is the cheapest option, I will also double check this on the Emirates website, because sometimes the "mother" websites offer a cheaper price when you search independently.

Between trains and busses, buses tend to be cheaper globally than trains, so I would really recommend you

So buy that travel pillow and the eye mask and sleep through long bus trips—and don't forget those ear plugs too!

look into it if you don't get motion sickness. I have bought a mega-bus ticket for as cheap as £1 for a trip from Amsterdam to London. So buy that travel pillow and the eye mask and sleep through long bus trips—and don't forget those ear plugs too!

### Cheap stays

For accommodation, try Couchsurfing. It is a handy website that allows travellers from different countries to connect and share incredible experiences. And if you are lucky, you could end up making friends for a lifetime.

Hostels are a cheap and affordable way to travel. You can often meet amazing people who you become really good friends with and travel to other places together,

key is to always read the reviews and see what people say about the place because sometimes staying at a very cheap place could cost you crazy amounts of money for transport etc., so make sure you are staying within walking distance to all the places you want to visit.

Finally, I cannot emphasise enough on penny pinching, especially if you (like myself) have a habit of buying stuff that you don't need. It took me a very long time to learn how to structure my spending, but I finally got there. And trust me, a couple of dollars here and there turns into a few hundred dollars in the long run!

Maliha Fairooz is a 27-year-old Bangladeshi solo traveller, who has travelled to 81 countries, on a Bangladeshi passport. Through her blog www.whereareyoufrom.com, she shares her experience of travelling as a brown, Muslim, Bangladeshi woman while simultaneously encouraging a culture of travel amongst Bangladeshi youth.

# HUMOUR

was hanging out near a park with my adult friend the other day watching kids-

Um. Let me rephrase.

I was at a park the other day with my friend Tom—who just so happens to be an adult like myself, which neither of us can be blamed for-and the area was infested with the verminous offspring of other adult humans.

It was a hot, dusty day in the wake of the heatwave in northern Europe, the sort that turns the meticulously green fields funded by colonial wealth into little Saharas—the sort of thing I'd have been gleefully pleased to hear that the Belgians have to put up with for a change, if I hadn't been stuck in the middle of it myself. Instead of cackling maniacally at the yellow haze and grey lawn, I just wanted to scream at AccuWeather. However, I've spent the past near-26 years learning to not stand in the middle of a park and squawk in pique.

The kids in the park were free of this indoctrination, and they were letting it rip. We saw one little devil get swatted on the bottom by his older sister for reasons that were probably acceptable. He stood still for a second or two as though pondering a protest, and then resorted to screaming and howling. We stood there in admiration. It was a bold move. "What if," Tom said, "you could just do that in adult arguments?"

What if you really, really could? Imagine.

When the rickshaw-puller tries to pretend the fare is 10 taka more than it ought to be, don't try to balance your desire for immediate financial fairness with the wider awareness of the socioeconomic injustice that's created the class divide between you and him, just scream. If someone who, in February 2016, was talking about refugees as Muslim brothers who need rescuing, but now uses Rohingya as an insult, don't sweat it—nature gave you a healthy pair of lungs for just such crises. When your dad comes up to you and tries to explain to you how Soumya Sarkar is an Indian dalal because Bangladesh just failed to be good at cricket, instead of trying to navigate the complex space between filial respect and telling him to shut his bigoted mouth, just take a deep breath and say, "AAAAAAAAAAA."

It doesn't even have to be arguments, honestly. When the creepy TA at your university started messaging you at 1 am asking for provocative photographs while, simultaneously, referring to you as "Appi"—instead of trying to say "no" in a way that wouldn't then lead to him going hog wild on your exam sheet—you could flummox him by typing out a scream. You're heading out on a Friday afternoon to hang out near the lake and watch the peanut shells and drug addicts, and some rando on the street has the stones to look at your pants and mutter how modern women are destroying the fabric of this society? Just take him down with a banshee wail.

Someone claiming to be a relation has ambushed you at a wedding when you only want your kachchi fix, and they have tousled your hair and given you the old onetwo punch of Amake chinte parso, shone muni?? and Kemne chinba, amake jokhon dekhhsila tokhon eto chhoto chhila! while cackling like a hyena and holding their hand up at a height approximately 3'11" high, which should have made you more than old enough to remember anyone worth remembering? Banish this worthless fool with a well-deployed scream bomb. Bwoosh. EEEEEE. Peace out.

Scream at people. Scream at the sun. Scream at the "water" that's piddling around up to your thighs, trying to get at your underpants while you're going to work. Scream at the birds arrogantly chirping up there in the trees as they watch your terrestrial misery. Scream at the trees being sawed up and carted away because someone needs to illegally extend their Tehari Ghar onto the middle of the road, and the birds got electrocuted on telephone wiring or something.

Don't just think about the small stuff, though. The frantic, wordless gurgle of hate and fear has already revolutionised international politics. Entire countries clustering around that nebulous idea of Western



**CARTOON: ER RONNY** 

**ZOHEB MASHIUR** 

rationality have spontaneously decided that that sort of thing is boring as hell, and what complex issues such as migration, internal security, unemployment and climate change really need is a bit of screeching, a bit of ranting and a whole lot of raving while rolling one's eyes in tight little circles. What if this remarkable tactic could be deployed in the service of good, instead of being targeted at transgender people and persons with skin that isn't the colour of an old strawberry?

Picture this: Donald Trump, that old sack of human skin swollen and wobbling as the various demons within him jostle for standing room, sidles up to Angela

Merkel at one of their summits or wherever such people congregate, and starts telling her about brown men stabbing people in a Finnish town whose name he just made up, and how this proves something or the other and that refugees should be all locked in a small room for being naughty. Ordinarily, Merkel, being a normal person, would either ignore the comment or attempt to educate the monster in front of her, and thereby she would waste her time and achieve nothing. Were she to fight fire with fire, she could scream the Pimple of the United States back to the abyss from which he boiled

If you were to think on it further, screaming would be the most democratically robust form of power division. Your ability to weigh in on an issue wouldn't rely on accidents of birth such as your race or location, rigged privilege markers such as your bank balance or property acreage, or even your education and ability to form coherent, persuasive statements—which are in themselves far more reliant on access to resources rather than merit than we would like to admit. No, all you need to be heard—is to be *heard*. Let it loose. Taxation? Yell at it. Can't decide which Chinese restaurant to go to on the family night out? Howl until everyone decides to go to the place you always go. It's that easy. Police brutality? Doesn't even matter. Shriek on the haters.

Too long have we let children and populist politicians monopolise the remarkable, equalising tool of incoherent screeching. It's time to let the adults into the playground.

(No, not literally, don't do that.)

Zoheb Mashiur is an artist and an MA candidate in International Migration at the University of Kent. Read more of this sort of thing in Disconnect: Collected **Short Fiction.**