## LEARN. KNOW. GROW

GHULAM SUMDANY DON
Professional corporate trainer and Chief Inspirational Officer at Don Sumdany Facilitation & Consultancy



Millennials have inherited a very different world from their predecessors. While the advantages of having the world at our fingertips is innumerable, it also provides us with a continuous psychological dilemma of choosing from innumerable options for everything. This acts as a major problem for millennials especially when they have to make major decisions such as their professional career. Some of

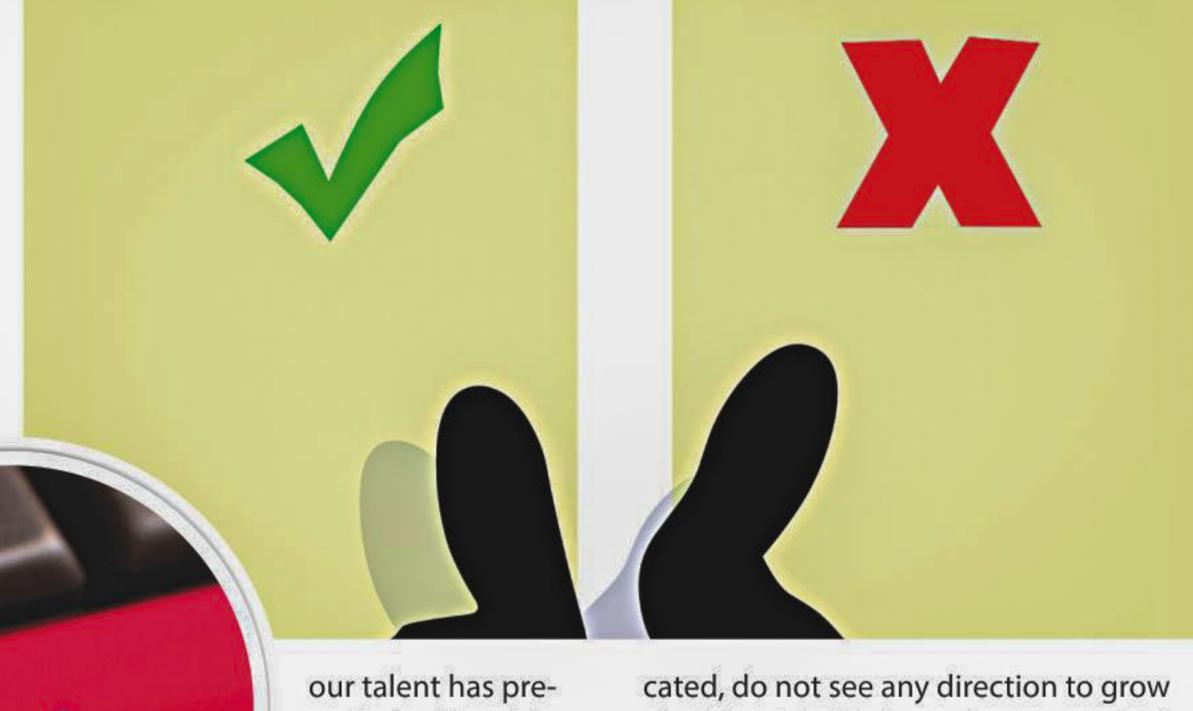
Choosing the wrong profession:

the biggest career mistakes are:

While this might apply to any person from any generation, the turn of the century has seen the development of many innovative fields that perhaps weren't even thought of before. Settling on a traditional career choice just because it is common, is therefore something millennials need to watch out for. Digital Bangladesh itself now has jobs in digital marketing, Al, data-mining, Youtubing (!!) so on and so forth.

Losing out on opportunities: There are so many internship and voluntary activities these days that not making use of the chance would be a real loss. Startups are on the rise in Dhaka presenting students with a rich opportunity to learn and grow with a business. The real work experience students gather from extracurricular activities often help bring many things into perspective profession wise. At the same time, online courses and other innovative ways of building up

## Biggest Career Mistakes Millennials Make



our talent has presented millennials with a wide range of opportunities to hone our skills by.

Knowing when to quit and when to stick:
A common mistake

millennials make is in recognising when to shift careers instead of specialising on their current field, or staying
too long in a job they are not suited for.
Good jobs are not easy to get in
Bangladesh, and it can become repetitive
and even harsh in certain stages. If there
are learning and growth opportunities, or
if you have a great mentor who teaches,
the best thing to do is to stay with the job
and power through by approaching the
work using a different attitude. But if the
environment is toxic and you feel suffo-

etc. it is advisable to pack up, reevaluate, and maybe relook at the job choices in hand. Understanding the cause of the problem before reacting to it is something millennials need to do as well.

Unrealistic expectations: For people who can google the 10 best office spaces to work for and be awed by the fun and vibrant nature of certain workplaces, it might be hard to accept their current jobs as 'good enough.' All firms have their positives and negatives and being too choosy is not going to do millennials any good. While it is great to dream and indeed we are a generation of dreamers being practical about certain things is a must for a healthy life and a person's career tops that list.

Photo: Collected

TIPS

## Dress to impress

Whether it's your first time, or years as a veteran in the workforce, job interviews are a nervewracking experience. While we can't help you with what to say, what we can say is that an interview is the one place where first impressions REALLY matter. If you look drab, grab the door handle as you won't be there long. Remember to do your homework when choosing your outfits. Here are some tips to make sure you look as good as your resume.

If the company is a business professional one, choose a neutral colour suit, shirt and tie. Avoid anything too glamorous or outrageous. For women, a blouse and dress pants, or a simple sari can do the trick.

If the company is business casual instead, avoid anything formal and go with chinos, or dark jeans, neutral shirts or polos instead.

Women can opt for a simple dress, or a blousepant combo or shalwar kameez. Remember the rule of avoiding outrageous colours.

Don't think you can relax if your company has a casual approach as its still important to look presentable and polished. Khaki pants, polos, dress shirts rounded up with nice loafers or sneakers are all good options. Women can opt for a casual blouse, t-shirts or shirt with pants or skirt.

Remember to try on your outfits the day before the interview so you are able to fix any problems if there is. Also, try not to bathe in cologne, and pay attention to yourself such as getting a haircut or shave, and that should be it. Good luck!

By Intisab Shahriyar

