

# Salha Khanam Nadia

*Popularly known as Nadia, Salha Khanam started her career back in 2009. She has acted in many notable TVCs and dramas including Alo, Abaro and All About Love. She also works as a model and has performed in music videos as well.*

## SKINCARE

Nadia starts her day by cleansing her skin with the Bioderma Purifying Cleansing Foaming Gel. Once her skin is clean, she uses the Nivea Refreshingly Light Moisturizing Cream. Finally before going out, she applies the Bioderma Photoderm 50+ Sunscreen. Nadia also makes sure to always apply the sunscreen when shooting outdoor as it is a very important part of her skincare regime. She also tries to avoid applying makeup for long periods of time as this causes harm to the skin. She tries to remove her makeup as soon as possible after shooting. She often redoes her makeup in between shooting as well. Once she comes back home, she removes all the makeup using olive oil and then again washes her face using the Bioderma

Purifying Cleansing Foaming Gel. She only goes to bed when her skin is completely clean.

## HAIRCARE

Nadia tries to apply oil to her hair at least twice a week as this helps nourish her hair from all the damage caused by using styling products and tools. She usually applies coconut oil and sometimes mixes it with olive and castor oil to prevent hair fall and make her hair smooth and silky.

## MAKEUP

On her free days whenever she goes out, she tries to not apply any makeup at all. She usually just applies a little bit of the Johnson and Johnson's Baby Powder. However, she does like to apply a little bit of Lakme Iconic Kajal to give some depth to her eyes. She also applies a little bit of the Golden Rose Lash Plumping Mascara or MAC

Zoom Lash Mascara to complete her eye makeup. When going to parties, she usually prefer to go to a parlour to do her makeup but she makes sure to only go for a natural look as that is her favourite. To make herself a bit more glamorous, she applies a little bit of glitter or shimmer to her eyes.

## REGULAR WEAR

Nadia prefers to wear comfortable clothes all the time. When hanging out with family members or cousins, she goes with salwar kameez. But when going out with friends, she goes with jeans, fatua, long tops or shirts.

## PARTY WEAR

For parties, Nadia loves to wear either sarees or gowns. She has a rather big collection of sarees and likes to wear them whenever she gets the chance.

By Amira Amin



Smoother, softer  
more glowing skin.

