



PHOTO: AKIB ABDULLAH

## TAPPING INTO YOUR CREATIVE SELF

SHABABA IQBAL

Tanvir Ahmed, a management executive by profession and a painter by passion, organised his solo exhibition titled "The Line, the Wash, and the Wisdom" from December 20, 2017, to January 5, 2018. Tanvir paints under the banner of "Un-identified Colours". His works at the exhibition were an allegorical analysis of themes such as the appeal of isolation, the importance of respecting one's own speed or time at which a goal is accomplished, the dilemma of self-loathing, and the good things that come from making mistakes. Tanvir is inspired by the lyrics and melodies of some of music's greatest artists such as Bob Dylan, The Beatles,

Michael Jackson, Radiohead, Tame Impala, and several others. According to Tanvir, music is always in the background when he is painting. "My work's goal is to inspire people so they may explore things they connect to and generate ideas that better their lives and in turn of those around them," Tanvir says. The artist shares some tips with Star Youth on how one can enhance their creativity.

### Identify Your Strengths

You need to identify what your go-to task is when you are feeling overwhelmed and what makes you feel strong. "If you are looking to be successful, look for what you feel passionate about, then commit to it, by playing to your distinctive strengths," states Tanvir, who especially makes acrylic

and texture-based art, often using household and even gardening tools.

### Commit to a Daily Creative Practice

Find some time daily for a creative practice, no matter how big or small. "Creativity is a set of learnable skills. When you commit to any activity regularly, inspiration strikes regularly," says Tanvir, who studied Economics and has not received any special art schooling. He has been working on some paintings for a year, and has been painting every day for about four months.

### Do Not Edit Yourself

When your ideas are flowing and you feel inspired, do not overthink, and do not edit yourself. "I find that an idea unfolds itself better as I start putting paint on

canvas without thinking through the whole piece. One component or idea could then inspire something completely new or better," says Tanvir.

### Embrace Your Mistakes

Too often, we hold back from embracing our creativity or taking any chances because we are afraid of failures and mistakes. "Be okay with your mistakes. Learn from your mistakes, adapt to them, and move on," Tanvir says.

When you engage in a creative pursuit over time, you may notice positive changes in your life in general. Figuring out your strengths, finding time for a creative activity regularly, letting your ideas flow, and embracing your mistakes are some ways to tap into your creative self.

## Rekindling Passion for Mathematics

Notre Dame Math Festival 2018

TANJEEM AZWAD ZAMAN

To dispel fear and misconception regarding mathematics as a subject, the first Notre Dame Math Festival 2018 powered by The Daily Star was organised by the Notre Dame Math Club (NDMC) on January 19 and 20, 2018. The motto of the event was to inspire students to embrace the essence of problem solving, perseverance and logical thinking through a plethora of intriguing challenges.

Over 1000 school and college going participants took part in the Notre Dame Math Festival 2018 from more than 40 institutions across the capital. This festival included classics like 'Math Olympiad', 'Wall Magazine' and 'Extempore Speech' besides other new and innovative assessments like 'The Math Venture', 'Wow Proof' and 'Turn the Coat'. In each of these, students with creative ideas and out-of-the-box solutions were rewarded. These challenges were designed to help the participants overcome their fear of mathematics, by presenting aspects of this magnificent subject in ways that appeal to most contestants. Starting from the artistic representation of mathematics in the 'Wall Magazine' to the verbal arguments regarding the topic in 'Turn the Coat', from the treasure-hunt styled 'Math

Venture' to the traditional 'Math Olympiad', this festival was truly a haven for the unorthodox thinkers.

The presence of Chief Guest Professor Dr Abdul Matin, former Head, Department of Mathematics, Dhaka University; and Special Guest Tajdin Hassan, Head of Marketing, The Daily Star, served as a huge source of inspiration for everyone present at the closing ceremony. The prize-giving session with Dr Father Lenard Shankar Rozario, CSC present Club Coordinator, was shortly followed afterwards, with the top three contestants in each of the events being awarded for their accomplishments. Gradually drawing the curtains on the first Notre Dame Math Festival, a promise of a bigger and better platform to rid young minds of the fear of mathematics in the coming years was made.



COMICS: OISHIK JAWAD



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Korean Government Scholarship Programme 2018



The Korean Government Scholarship Programme (KGSP) supports the future global leaders and promotes the international co-operation in education by inviting talented international students to Korea for an opportunity to conduct advanced studies at higher educational institutions in Korea.

Deadline: Ongoing | Scholarship

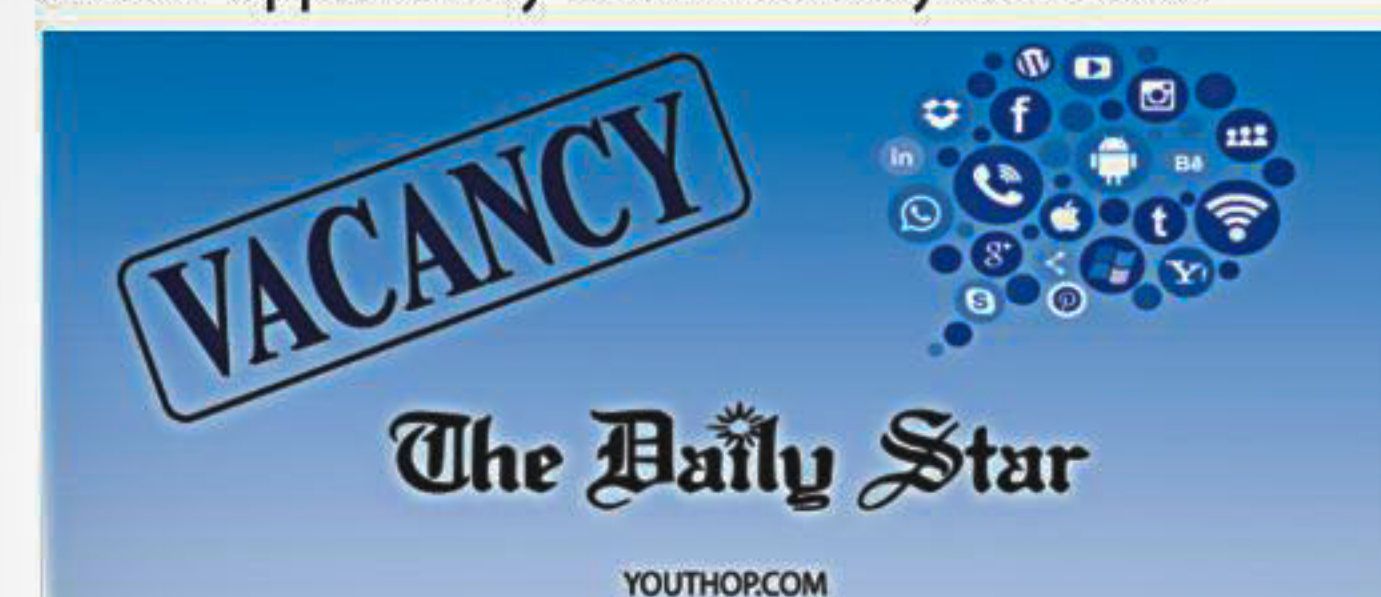
Women Ambassadors Forum 2018 in USA



The five-day forum offers women the opportunity to interact with professionals and leaders from a wide range of disciplines in order to empower future projects. The programme will include a professional development seminar, roundtable meetings with corporate and community leaders, speaker seminars, and field trips.

Deadline: February 5, 2018 | Conference

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The Daily Star emerged as a leading and influential national newspaper of record. The newspaper's position in Bangladesh is comparable to that of The New York Times in the United States and The Independent in the United Kingdom. They are looking for an experienced, strategic, innovative, self-oriented Senior Executive for Digital Content Marketing.

Deadline: February 4, 2018 | Miscellaneous