



Smoking kills everyone

things to your insides, you do you, you nihilistic bada@#. Just don't expect me to be around you and inhale second-hand smoke.

This brings me to the latest trending topic on Bangladeshi social media – an “informed” and “educational” video on the imminent collapse of society because like men, women are smoking too. I'm confused. Does tar in cigarettes have worse implications on female lungs than male ones? Does the smoke coming out of female lips contain worse pollutants?

Can we all just agree that this is 2018 and smoking isn't cool – for all genders?

– Karim Waheed, Editor, SHOUT

Smoking in public is banned in Bangladesh and people caught smoking in public have to pay a fine. Despite this, people continue to smoke in public. I don't smoke but if you're willingly paying to ingest tar and in the process doing horrible

THIS WEEK'S HORRORSCOPE

ARIES

There is no way my brudda.



TAURUS

I would introduce you to the queen but I need to search for de commanda.



GEMINI

Somebody touch-a ma spaghehh!



CANCER

I don't get the deal with Tide pods.



LEO

Bad juju will overcome you if you do not modify your Growbox.



VIRGO

If you spot an ugly cat, run away.



LIBRA

Not too sure if you should actually drink water.



SCORPIO

If you kno de wae, please show me as well.



SAGITTARIUS

Do not wear a Toy Story hat, Andy.



CAPRICORN

I am not sure how a goat can do a backflip.



AQUARIUS

Three little bears went to a forest. The rest is spaghetti.



PISCES

I hear voices in my head, they counsel me they understand.



APP REVIEW



Relaxing sounds for every mood

NAFIS IMTIAZ ONISH

Platforms: Android, iOS

Imagine yourself lying on the beach, listening to the gentle lapping of the waves. Or perhaps, you light a campfire on a cold winter night in the forest listening to the owls hooting over the crackle of burning wood. Maybe you just want to paint while the sound of rain and rhythmic strokes of a guitar resonate with every stroke of your brush.

Magical, isn't it? Look no further. With the help of an app called Atmosphere on your phone you can stay at home yet experience the perfect atmosphere to put you at ease.

Atmosphere offers a wide range of sounds from diverse environments.

There are even white noises, Binaural and Isochronic sounds of different frequencies each aimed at specifically resolving issues like reducing stress, stimulating the brain for creativity, inducing relaxed breathing etc. It might seem a bit gimmicky at first however, once you start using the app, it surprisingly delivers on its promise.

On top of the diverse categories, you can layer one sound over a lot of others simultaneously to create your very own personalized atmosphere and immerse in it. The best part of the app has to be how it is able to run in the background even when you use other apps or switch your screen off.

So, sit back, plug in your headphones and feel an unparalleled tranquillity from the comfort of your home.



MIXTAPE WINNING

THE SCRIPT
Hall of Fame



DJ KHALED
All I Do is Win



POST MALONE
Congratulations



QUEEN
We are the Champions



DADDY
No Regrets



DRAGONFORCE